

SANTA MARGARITA CATHOLIC HIGH SCHOOL

# SWIM & DIVE

2021 MEDIA GUIDE





SANTA MARGARITA  
CATHOLIC HIGH SCHOOL

# Class of '92 Continues the Legacy



SMCHS ALUMNI, CLASS OF '92

What started as a high school friendship between Matt Zaist, President and Chief Executive Officer, and Bill H. Lyon, Executive Chairman, has become a lifelong partnership at William Lyon Homes based on the school's values of mutual trust, respect and integrity.



**William Lyon Homes**  
*Experience the pride.*



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All-American **Maggie McGuire** is ready for the 2021 season.

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## 2021 SANTA MARGARITA SWIMMING & DIVING SCHEDULE

Sat. Mar. 20	Eagles Pentathlon	Eagle Aquatics Center	1:00 pm
Thu. Apr. 15	St. John Bosco (Boys)	Eagle Aquatics Center	3:15 pm
Thu. Apr. 22	JSerra	Eagle Aquatics Center	3:15 pm
Thu. Apr. 29	Orange Lutheran	Eagle Aquatics Center	3:15 pm
Tue. May 4	Mater Dei	Mater Dei High School	3:15 pm
Sat. May 8	Santa Margarita Diving Invitational	William Woollett Center	11:00 am
Sat. May 8	Foothill Swim Games	Foothill High School	10:00 am
Tue. May 11	Loyola/Woodbridge	Eagle Aquatics Center	3:00 pm
Thu. May 13	Servite/Rosary	Eagle Aquatics Center	3:15 pm
Mon. May 17	Trinity League Diving Finals	Marguerite Rec Center	9:00 am
Fri. May 21	Trinity League Finals	Jserra Catholic High School	2:00 pm
Sat. May 29	CIF Division I Finals	Riverside City College	11:00 am
Sat. June 5	CIF State Finals	Clovis West High School	2:30 pm



## Welcome to the 2020-2021 Eagle season!

On behalf of the Santa Margarita Catholic High School athletics program, we would like to thank our parents, alumni, fans, and sponsors for their support and patience as we worked to navigate through this unprecedented year.

Our program's mission, first and foremost, is to foster and develop a culture of Caritas Christi – the love of Christ – within each student-athlete. We believe that student participation in Santa Margarita athletics is about more than just development in speed, strength and skill. Our student-athletes are driven to push for excellence in athletics and academics, motivated by pursuing their full potential. This year – more than ever – has been a testament to the strong character, dedication, mental toughness, and resilience of our student-athletes, coaches and staff as they continued to adjust and thrive in the face of adversity during these ever-changing times. We are filled with gratitude that our student-athletes can demonstrate their talents in competition this season. Their work ethic and commitment to living Caritas Christi are to be commended.

We are incredibly grateful for the continued support and overflowing passion shown to our student-athletes and athletic community by parents, alumni, fans, and supporters during these challenging times. Coaches, we thank you for your unwavering love and commitment to our student-athletes and our school. To our student-athletes, your perseverance and dedication to your school and one another continue to amaze us. We are proud to call you Eagle student-athletes and are praying for you as you pursue greatness through spiritual growth, academic success and athletic development. Best of luck to all of our student-athletes and teams! Go Eagles!

**Jim Hartigan**

*Assistant Principal, Athletics*

**Annie Mai-Garrett '04**

*Athletic Director*





**CIF All the Way!**

**Good Luck**

**Keller**

**And the Entire**

**Eagle Swim & Dive Team**

**Ethan & Erin Morgan**



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## Rich Blanc—Head Coach

Coach Blanc begins his 24th year coaching the Girls Varsity and the 22nd year coaching the Boys Varsity. In 2019, the Girls Varsity finished with an overall record of 6-0, won its 20th straight Trinity League championship and won the CIF Division I Championships for the 6th year in a row. The team also claimed back-to-back California State championship and the NISCA National Title. The Boys Varsity had a successful season finishing with a 6-1 overall record, won the Trinity League championship, and were CIF Runners up. Both varsity teams ended the season ranked in the Orange County Register Top 3 Rankings. Coach Blanc now has a combined 300-72-3 dual meet record in his years running the Eagles swim program, which is considered one of the top swimming programs in California. In 2000 and 2017, he was named the Orange County Swim Coach of the Year, and in 2014, Coach Blanc was named the National High School Coach of the Year by the National High School Coaches Association (NHSCA). In addition to swimming, Coach Blanc teaches Economics at SMCHS. He resides in Ladera Ranch and is married to his lovely bride Taylor and together they are raising their amazing sons Adrian and Chance.



## Ron Blanc—Head Coach

Like his brother, Coach Blanc brings 33 years of swim coaching experience to the Eagles. Coach Blanc coached at Mater Dei for 9 years, winning the 1990 CIF swimming title and a school-record 40 dual meets in a row. Coach Blanc has now coached at SMCHS for 26 years. When Coach Blanc captured the 2000 CIF swimming championship at SMCHS, they became the only coaches in CIF swimming history to win 2 CIF titles at 2 different schools. Coach Blanc has had the privilege of coaching 94 All-Americans and 390 All-CIF swimmers at SMCHS. Since he began coaching at SMCHS, both varsities have been ranked in the Top 10 in the OC Register every year and has won 95 of 120 possible team league titles—a record no team in the Trinity league can match. In 2014, Coach Blanc was named the National High School Swim Coach of the Year by the National High School Coaches Association (NHSCA) and is a Level 5 Certified coach with the ASCA which only the top 5% of coaches in the U.S. achieve. He is also the Admissions Director at SMCHS and is married to his lovely bride, Kelley and reside in Ladera Ranch with their amaaaazing cat, Mochi.



SM became the first high school in California to win two State Championships, claiming the prize in 2018 and 2019.

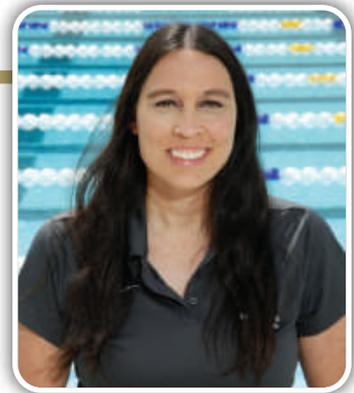


## YEAR-BY-YEAR WITH COACH BLANCS

YEAR	SCHOOL	GIRLS VARSITY	BOYS VARSITY	LEAGUE CHAMPIONSHIPS	CIF CHAMPIONSHIP
1989	Mater Dei	8-1	5-4	League Champions (Girls)	CIF Runner Up (Girls)
1990	Mater Dei	12-0	8-3-1	League Champions (Girls)	CIF Champions (Girls)
1991	Mater Dei	11-0	6-5	League Champions (Girls)	
1992	Mater Dei	10-0	8-2	League Champions (Girls)	
1993	Mater Dei	5-5-1	5-6		
1994	Mater Dei		6-5		
1995	Mater Dei		2-8		
1996	Santa Margarita	8-3 (JV)	7-4 (JV)		
1997	Santa Margarita	8-3-1 (JV)	8-4 (JV)		
1998	Santa Margarita	7-5			
1999	Santa Margarita	10-3	5-7-1		
2000	Santa Margarita	11-0	8-3	League Champions (Girls/Boys)	CIF Champions (Girls)
2001	Santa Margarita	8-1	8-1	League Champions (Girls/Boys)	CIF Runner Up (Boys)
2002	Santa Margarita	9-0	7-2	League Champions (Girls)	CIF Runner Up (Girls)
2003	Santa Margarita	7-2	6-3	League Champions (Girls)	
2004	Santa Margarita	9-1-1	6-4-1	League Champions (Girls)	
2005	Santa Margarita	9-2	9-2	League Champions (Girls/Boys)	
2006	Santa Margarita	7-1	5-3	League Champions (Girls/Boys)	CIF Runner Up (Girls)
2007	Santa Margarita	8-1	5-4	League Champions (Girls/Boys)	
2008	Santa Margarita	7-3	7-3	League Champions (Girls/Boys)	
2009	Santa Margarita	6-2	6-2	League Champions (Girls/Boys)	
2010	Santa Margarita	6-2	5-3	League Champions (Girls)	
2011	Santa Margarita	7-1	8-0	League Champions (Girls/Boys)	
2012	Santa Margarita	8-0	6-2	League Champions (Girls)	
2013	Santa Margarita	8-0	8-0	League Champions (Girls/Boys)	
2014	Santa Margarita	7-0	7-0	League Champions (Girls/Boys)	
2015	Santa Margarita	6-0	6-1	League Champions (Girls)	CIF Champions (Girls)
2016	Santa Margarita	6-0	6-0-1	League Champions (Girls)	CIF Champions (Girls)
2017	Santa Margarita	6-0	6-1	League Champions (Girls)	CIF Champions (Girls)
2018	Santa Margarita	6-0	5-2	League Champions (Girls/Boys)	State & CIF Champions (Girls)
2019	Santa Margarita	6-0	6-1	League Champions (Girls/Boys)	State & CIF Champions (Girls)
2020	Santa Margarita	1-0	0-1	Season cut short due to COVID-19	CIF Runner Up (Boys)

## Renee Blanc-Supernaw—Girls JV Head Coach

Coach Blanc returns for her 24th year coaching the Eagles Junior Varsity. In her 23 years with the Eagles, Coach Blanc has compiled one of the most impressive records of any junior varsity team in California. She has coached the team to a 167-16 overall record and has guided her swimmers to break 99 lower level school records. Her JV team in 2019 won its 20th straight Trinity League championship, going undefeated in league (4-0) and 6-0 overall. Coach Blanc's teams have built a reputation as the best junior varsity girls program in Orange County. 152 of her swimmers have won individual league titles in 21 years and the SM JV Girls team now owns every Trinity League record. Coach Blanc teaches math at SM & enjoys making lemon squares and is enjoying being married to the love of her life, Mr. Shaun Supernaw and welcomed their first child Kayla Marie in November 2018. Mr. & Mrs. Supernaw currently live in Ladera Ranch.



## Kristen Zepeda—Boys JV Head Coach

Santa Margarita is blessed to welcome back Coach Kristen Zepeda to the staff. In 2019, Coach Zepeda led the Boys JV team to a 6-1 overall record and the Trinity League runner up finish. In the past two years, her team broke 5 league records and 6 school records. Coach Zepeda is no stranger to Orange County swimming as she swam for and graduated from Mission Viejo high school and was a long-time member of the Mission Viejo Nadadores swim team. Coach Zepeda went on to swim at Texas Christian University (TCU) where she majored in Communications. After gaining her teaching credential from Cal State Fullerton, she student taught at Tesoro high school. For three years, Coach Zepeda was the Girls Head Water Polo coach and Boys Head Swimming Coach at Trabuco Hills high school. Coach Zepeda has earned the respect from her student/athletes and this is evident in their efforts. She currently teaches English at SM and resides in Newport Beach.





## Jennifer Abalos—Girls Open Head Coach

While new to Santa Margarita swimming, Coach Jennifer Abalos is no stranger to Santa Margarita Catholic High School. Coach Abalos has been a counselor at SMCHS for the past six years and has specialized in working with the school's many international students. In 2019, Coach Abalos led the Frosh/Soph girls to a 6-0 record and the Trinity League championship. Coach Abalos believes swimming can do just as much for the mind as it does the body by saying, "the weight of the world is less in water," and finds motivation from the movie Finding Nemo and the quote, "Just keep swimming!" Coach Abalos is passionate about supporting dog rescue efforts and volunteers regularly walking dogs in foster care and spending time with her rescue dog. In her free time, Coach Abalos is also an avid spin class participant.



## Joel Yamasaki—Boys Open Head Coach

Finding high-quality and experienced coaches is always a challenge, so finding Coach Joel Yamasaki is truly a blessing. Coach Yamasaki bring extensive swimming experience to the position. Coach Yamasaki swam for the Hawthorne Otters swim club and the Lakewood Aquatics Club under legendary coach Jim Montrella. Coach Yamasaki swam for Jim Montrella's brother, equally legendary John Montrella at Millikan High School, where he set 2 Moore League records in the 100 free (:51.11) and the 100 fly (:57.13). Coach Yamasaki then went onto swim at Long Beach City College with his 3rd legendary coach, Dennis Fosdick. In 2019, Coach Yamasaki led the Boys Frosh/Soph to the Trinity League title breaking one school record. Coach Yamasaki is a "meat and potatoes" eater and anything salty and spicy, and enjoys fishing too.



## Olivia Romo—Boys JV and Open Assistant Coach

Also back to the coaching staff but not new to Santa Margarita is Coach Olivia Romo. Coach Romo is no stranger to Eagle Aquatics as she swam for four years and played water polo for four years, being part of a Trinity League championship team in each season of swimming. Coach Romo was a captain of the SM Swim Team her senior year and is part of the school-record 4x50 backstroke relay. Coach Romo took her aquatics skills to Goldenwest College where she is on her collegiate swimming and polo teams. In 2015, 2016 and 2018 Coach Romo led the Frosh/Soph Boys teams and helped coach the Boys Frosh/Soph win the Trinity league title in '18. Coach Romo also helps out coaching the team during dryland workouts. Coach Romo enjoys going to the beach and camping, and is also a nanny and flight attendant for Alaska Airlines.



## Andrea Laliena—Sports Performance Coach

Santa Margarita swimming and diving is honored to have Eagle alumnus, Andrea Laliena joining the team as its first sports mental performance coach. Coach Laliena graduated from SMCHS in 2015 and won back-to-back CIF Division 1 team championships in her junior and senior years. A native of Huesca, Spain, Coach Laliena swam the backstroke leg on the school's legendary 200 medley relay school record team that still stands today. After graduation, Coach Laliena swam at and graduated from Cal Baptist University where she majored in psychology. Now a grad student in the Cal Baptist Sports Performance School, Coach Laliena will be graduating with her Masters in Sports Psychology this August. Coach Laliena currently resides in Murrieta Valley and enjoys water skiing, running, and makes a mean paella.





Spring Sports Photo Shoot - Boys



Spring Sports Photo Shoot - Girls

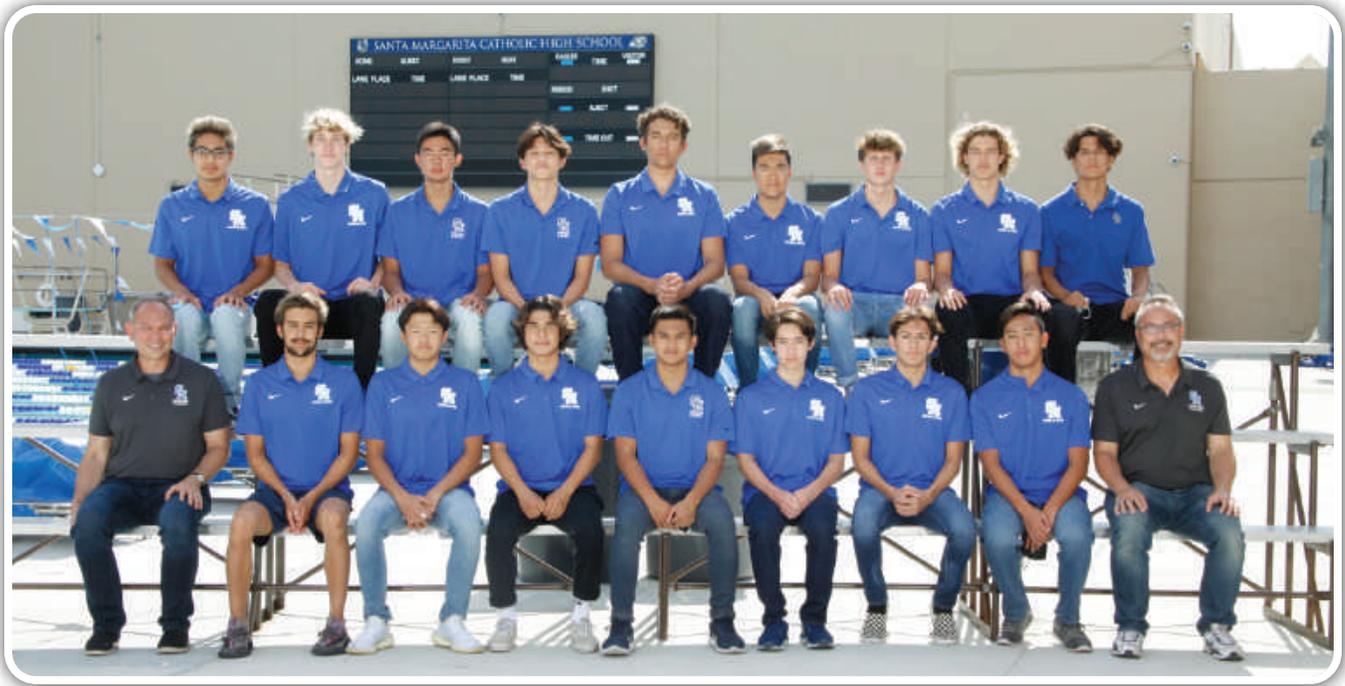




# Eagle Boys Varsity

swim&dive

# 2021



## NAME

## CLASS

## HEIGHT

## EVENTS

Miles Fujimoto	Senior	5'10"	Breaststroke, Distance, IM
Alexandru Ispas	Senior	5'11"	Distance, Backstroke, IM
Jack McHenry	Senior	6'2"	Sprints, Middle Distance
Lucas Morales-Ostergaard	Senior	6'5"	Backstroke, Distance, IM
Kambiz Shoaei	Senior	6'0"	Distance, Breaststroke, IM
Devon Johnson	Junior	5'9"	Backstroke, Butterfly, IM
Nicholas Burke	Sophomore	5'8"	Distance, Butterfly, IM
Allen Cai	Sophomore	5'10"	Sprints, Butterfly, IM
Andrew Douglas	Sophomore	5'8"	Breaststroke, IM, Distance
Tony Ju	Sophomore	5'11"	Sprints, Butterfly, Distance
Keller Morgan	Sophomore	6'5"	Distance, Breaststroke, IM
Humberto Najera	Sophomore	5'10"	IM, Butterfly, Backstroke
Jack Nugent	Sophomore	6'1"	IM, Backstroke, Distance
Jacky Xing	Sophomore	5'11"	Breaststroke, IM, Sprints
Ramon Jiang	Freshman	5'11"	Sprints, Butterfly, Backstroke
Daniel Verdolaga	Freshman	5'7"	IM, Breaststroke, Butterfly
Nathan Wu	Freshman	5'10"	Breaststroke, IM, Backstroke
Jerry Yan	Freshman	5'9"	Butterfly, Backstroke, IM



2021 is *the* year! Granted, after 2020, that statement may have less impact, but in terms of the SM Boys Varsity, 2021 looms as its greatest ever. The favorites in 2020 to have won CIF (University and Loyola highs may have argued this), but still under the radar last year, the 2021 Eagles will no longer be hidden. With another outstanding freshman class and talent across the board, the 2021 Eagles will challenge for Trinity League, CIF, CIF State, and U.S. national championship accolades.

A senior group that has been carrying the team now for four years is ready for their finale. **Miles Fujimoto**, one of our senior tri-captains, leads the way as a four-year varsity letter winner. Miles just raced to a P.R. in the 500 free 4:46.47, indicating that he is prepared to finish his SM career in style at CIF. One of the best distance swimmers in school history and a CIF State consol finalist, **Alexandru Ispas** is a 2019 All-American. Also representing his native Austria, Alexandru has committed to Northwestern University. Sprinter **Jack McHenry** continues to grow in height (now 6'2") and speed. A 22/49 sprinter, Jack has the ability to develop into a 21/47 sprinter and contend for a CIF relay spot as well as a CIF individual swim. **Lucas Morales-Ostergaard** brings his 6'5" frame to the backstroke and IM events. A NISCA All-American-ready in multiple events and the potential to be the best sprint freestyler in CIF, Lucas already ranks in the SM top 5 in the back and IM. Tri-captain selectee **Kambiz Shoaei** is an all-around talent spanning the IM and distance freestyle. A team player through and through, Kambiz will be expected to provide team leadership in 2021.

Junior **Devon Johnson** is the only representative from his class on the varsity, but he's willing to place this mantle on his shoulders. Devon's freestyle times keep dropping and he is now poised to break :48 in the 100 free and :54 in the 100 back.

The sophomore class is arguably the best group of 10<sup>th</sup> grade swimmers in the United States...and they haven't gotten close to their peak. **Nicholas Burke** is the unique fly/distance free combo swimmer. Nicholas' times in the middle distance free are also improving (1:47 in the 200) where he has the ability to reach CIF qualifying times. One of the top young sprinters in America, **Allen Cai** just enjoyed a major break-through meet where he smashed P.R.'s in the 200 free (1:39.44) and the fly (49.82). Allen's times already place him in the top 5 in SM history and can make All-American as a sophomore. **Andrew Douglas** is tantalizingly close to breaking the minute barrier in the breaststroke. An IM and distance swimmer as well, Andrew

owns the work ethic to keep improving and increase speed. **Tony Ju** missed his Eagle debut in 2020 but is prepared to show the world how fast he is. Speed stretching across all freestyle events (:21.6, :46.2, 1:40.3, 4:33.3), Tony is a threat to win multiple league titles and challenge for CIF titles as well. Now standing 6'5", **Keller Morgan** has seen his swimming progress to challenge national rankings. Keller's projected swims at the end of the year in the IM and 500 should reach the top 100 in the U.S. **Humberto Najera** has earned a nickname of "the Natural" for his incredible intrinsic swimming talents. A threat across multiple events, Humberto can make CIF finals in the 100 fly, the 100 back, the 200 IM, the 200 free, and the 500 free. **Jack Nugent** is on a four-year mission with the school record of :49.49 in the 100 back in his crosshairs. Jack has made tremendous strides in his swimming in such a short period of time and can take the next big step in 2021. **Jacky Xing** was chomping at the bit for his high school start last year but now can't wait for 2021 to begin. A powerful breaststroke specialist and IMer, Jacky has the power and speed to break the school record in the 100 breaststroke.

The freshmen class makes a deep and talented team one of the best teams in the nation. **Ramon Jiang's** speed in the sprints belies his age where you typically see older athletes excelling. With incoming freshman times in the 50 and 100 free (:21.55 and :47.67), Ramon is faster as a freshman in these events compared to the great SM legend Grant Shoults. Speaking of being faster than Grant Shoults, **Daniel Verdolaga** checks in with a 200 IM faster than the G.O.A.T when he was in the 9<sup>th</sup> grade. Breaststroke and butterfly are also nearing school-record levels—Daniel is a star on the rise. **Nathan Wu** is finding his zone with tremendous time drops in the past few months. Smashing the minute barrier to post a :58.9 in the breaststroke, as well as P.R.'s in the back, IM, and sprint free, Nathan is one of the top freshmen in Orange County. **Jerry Yan** just missed his first :49 in the 100 butterfly last month, but what a swim for an athlete not even starting his freshman swim season. Jerry joins the other three freshmen as the best freshman foursome in the Western United States.





# Eagles Girls Varsity

swim&dive

# 2021



## NAME

## CLASS

## HEIGHT

## EVENTS

Andrea Smith	Senior	5'7"	Backstroke, IM, Distance
Mary Kate Tracy	Senior	5'4"	Breaststroke, IM, Freestyle
Isabella Abraján	Junior	5'4"	Butterfly, Backstroke, IM
Lindsay Ervin	Junior	5'6"	Sprints, Backstroke, Butterfly
Abby Isaly	Junior	5'5"	Backstroke, IM, Distance
Leila Kezelman	Junior	5'6"	IM, Backstroke, Butterfly
Justina Kozan	Junior	5'9"	IM, Butterfly, Sprints
Mirabella LeVine	Junior	5'5"	Breaststroke, Butterfly, IM
Ellie Davis	Sophomore	5'9"	Butterfly, Breaststroke, IM
Macky Hodges	Sophomore	6'0"	Backstroke, Sprints, IM
Asia Kozan	Sophomore	5'9"	Butterfly, IM, Sprints
Lena Li	Sophomore	5'11"	Breaststroke, Butterfly, IM
Maggie McGuire	Sophomore	5'8"	Backstroke, Distance, IM
Abby O'Sullivan	Sophomore	5'4"	Distance, Butterfly, IM
Analise Raine	Sophomore	5'4"	Breaststroke, IM, Freestyle
Linda Yu	Sophomore	5'6"	Sprints, Distance, Butterfly
Ariel Lin	Freshman	5'5"	Sprints, Backstroke, Butterfly
Teia Salvino	Freshman	5'8"	Sprints, Backstroke, Butterfly
Lauren Redfern	Freshman	5'8"	Diving
Sheridan Smith	Freshman	5'5"	Diving
Charlie Spittle	Freshman	5'7"	Diving



Well, that was crazy. The 2020 Girls Varsity season started bright with a national #1 ranking and exciting prospect for the season, then... Flash forward a year and 2021 begins with a cautious optimism and a renewed spirit. Just like in the world, the 2021 team is vastly different than 2020. Gone are 12 Division 1 swimmers and divers off to college, but the new additions to SMCHS swim and dive bring a fresh perspective and renewed optimism.

The senior class may be small, but they bring leadership forged in the fires of last season's premature end versus University high school. **Andrea Smith** has been on the varsity for three years and was elected one of the tri-captains in 2021. Andrea is a CIF caliber backstroke swimmer with a heart of gold. **Mary Kate Tracy** was also selected a team captain and is the consummate team player. Mary Kate added distant freestyle to her repertoire the last two years just because her team needed her to.

A talent-laden junior class begins with CIF state qualifier and NISCA All-American **Isabella Abrajan**. Isabella has already committed to Duke University and ranks as one of the nation's top butterfly (:53.83) and backstroke (:53.98) combo swimmers in the United States. **Lindsay Ervin** brings dominant sprinting speed to the team, and is the highest ranking returning swimmer in the 50 freestyle from the 2019 state championships. Committed to Northwestern University, Lindsay is a two-time NISCA All-American and has the aspirations to be one of the top 10 high school sprinters in the nation. **Abigail Isaly** was so ready for a spectacular 2020 with massive improvements in the 100 back and 200 freestyle. With 2021 in her sights, Abigail is set to continue her climb up the SM, rankings and punctuate her rise with two CIF individual swims. **Leila Kezelman** mirrors Abigail with rapid year of improvement to now rank as one of the top swimmers in the Trinity League. Leila just dropped 2 more seconds in her 200 freestyle (1:56) and is an imposing IM swimmer as well. SMCHS swimming is proud to welcome nationally-ranked **Justina Kozan** to the Eagles. Justina owns several Olympic Trials qualifying times and her all time best 200 IM is already 3 seconds faster than legendary SM swimmer Katie McLaughlin's school record. **Mirabella Levine** was waiting for her Eagle debut last year after transferring and has patiently set her goals for the 2021 season. A CIF-caliber breaststroke swimmer, Mirabella's best time in the 100 breast ranks her in the top 10 all-time in SMCHS history.

The sophomore class is, in a word, loaded! **Ellie Davis** begins her second year on the varsity 2 inches taller and is developing into a swift butterfly with CIF potential. After posting a :58.29 a few weeks ago in the fly, Ellie can see CIF qualifying times and adds depth in the breaststroke and IM. **Macky Hodges** is ready to explode onto the national high school world and just earned her first U.S. Olympic Trials cut in the 200

meter freestyle. By the end of the 2021 season, everyone will know who Macky is, including colleges across the country. The blessings for SMCHS continue with the arrival of **Asia Kozan** to the team. Asia's best time in the 100 fly (:54.58) place her in the top 5 in SMCHS history and in the top 50 high school times in the U.S.—the future is incredibly bright for Asia. **Lena Li** has changed the most since 2020 spouting 3 inches and nearing 6 feet in height. Her added reach and work ethic places Lena in great position to drop her best butterfly time (:56.07) to rank as one of the fastest Eagles of all time. **Maggie McGuire** already is one of California's top backstroke and distance freestyle swimmers, but she cannot wait to begin racing again. Maggie's best time are already NISCA All-American times and she has the talent and dedication to claim a CIF individual title. **Abby O'Sullivan** is a tireless worker and outstanding distance swimmer already attracting the attention of college coaches. Abby's top time in the 500 free (4:54) and 200 free (1:51) make her a threat at CIF and state. **Analise Raine** brings years of club swimming experience to the Eagles and owns the technique and drive to make CIF in the breaststroke. Analise is focused on improving each day and cannot wait for the season to start. **Linda Yu** is the team's newest uber-talented addition transferring in from Rolling Hills HS. Linda brings outstanding freestyle speed and is a triple threat in the sprints (:24.06, :52.65), middle distance (1:54.16) and distance freestyles (5:05.58).

The freshman class is made up of 5 students who all have the talent to score points at CIF this spring. **Ariel Lin** is an emerging talent in the sprint freestyles (:24.53, :54.16) with range in the back and fly. Ariel's four year outlook has no limits and can finish her Eagle career as one of SM's top sprinters. **Lauren Redfern** bolters the Eagle diving team that graduated its entire team last year. Lauren trains with the Mission Viejo Nadadores and has great potential. **Teia Salvino** is arguably the top 9<sup>th</sup> grade swimmer in the Western United States. Possessing blinding speed in the 50 and 100 freestyle (:23.02 and :50.04), Teia is in range of the SM school records in these events and is the definition of an athlete with an unlimited future. **Sheridan Smith** is a diver from the storied Mission Viejo Nadadores program. Sheridan has the talent to make CIF finals as a freshman, which equals one of the top divers in the country. **Charlie Spittle** is the third member of the Eagle diving team and a nationally-ranked diver. Charlie can be a four year NISCA All-American, a feat no SM diver has yet achieved.





## ISABELLA ABRAJAN JUNIOR

Best Events	100 Fly	100 Back	200 IM
	:53.83	:53.98	2:00.72

Profile:

Varsity Experience: Third Year on Varsity

Swimming Honors: 2019 NISCA All-American 100 back & 100 fly  
2019 CA State Qualifier 100 back & 100 fly

Coach Blancs Say: "Isabella enters her thrid season with the Eagles as a returning All-American. Already committed to Duke University, Isabella is ready for another season qualifying for state."



## ELLIE DAVIS SOPHOMORE

Best Events	100 Breast	100 Fly	200 IM
	1:08.91	:57.84	2:11.15

Profile:

Varsity Experience: Second Year on Varsity

Swimming Honors: Sectionals Qualifier  
Junior Olympics Qualifier

Coach Blancs Say: "Ellie was enjoying a break-out season in '20 before the season cut short and is poised for a banner year in '21. Look for CIF qualifying opportunities in the breast and butterfly."



## LINDSAY ERVIN JUNIOR

Best Events	100 Free	50 Free	200 Free
	:50.42	:22.84	1:49.63

Profile:

Varsity Experience: Third Year on Varsity

Swimming Honors: 2019 NISCA All-American 50 and 100 Free  
2019 CA CIF State Finalist--50 Freestyle

Coach Blancs Say: "One of the most dominant sprinters in the state, Lindsay is the highest ranked retraining sprinter in the 50 free from the 2019 State finals and already is a double All-American."





## MACKY HODGES

## SOPHOMORE

Best Events

100 Back	50 Free	200 Free
:55.20	:23.33	1:47.73

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity
Junior Nationals Qualifier
2021 Olympic Trials Qualifier--200 m Free
"The 7th current or graduate SM swimmer to qualify for the 2021 U.S. Olympic Trials, Macky join an elite group of Eagles in SM history. Macky is set for a dominant season."



## ABIGAIL ISALY

## JUNIOR

Best Events

100 Back	500 Free	200 Free
:57.90	5:11.44	1:54.05

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Third Year on Varsity
2019 CIF Qualifier--100 Backstroke
Ranked #16 All-Time in SM History 100 Back
"Abigail was poised for a banner year in '20 and cannot wait to get after the '21 season. Vastly improved in all of her swims, Abigail has CIF scoring ability in the back and 200."



## LEILA KEZELMAN

## JUNIOR

Best Events

200 Free	100 Free	200 IM
1:56.64	:54.72	2:12.57

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity
2019 CIF Consideration Time--200 IM
2019 Trinity League JV champ--IM
"One of the most improved swimmers in '21, Leila continues to drop time and sees 2021 as the next big step for her swimming. A highly versatile swimmer in freestyle and IM."





## ASIA KOZAN SOPHOMORE

Best Events	100 Fly	200 IM	100 Free
	:54.58	2:04.35	:52.47

Profile:	First Year on Varsity
Varsity Experience:	U.S. Swimming Junior Nationals Qualifier
Swimming Honors:	Swims for the Mission Viejo Nadadores
Coach Blancs Say:	"An exciting newcomer to the Eagles, Asia is one of the top high school swimmers in the U.S. With CIF championship potential in the fly, SM is honored to welcome Asia."



## JUSTINA KOZAN JUNIOR

Best Events	200 IM	100 Fly	200 Free
	1:56.31	:52.42	1:45.15

Profile:	First Year on Varsity
Varsity Experience:	2021 Olympic Trials Qualifier
Swimming Honors:	2019 CIF Champion 200 IM & 100 Fly
Coach Blancs Say:	"With a P.R. in the IM already 3 seconds faster than the SM record, Justina joins the Eagles with multiple Olympic Trials cuts. A top 10 national high school swimmer."



## MIRABELLA LEVINE JUNIOR

Best Events	100 Breast	100 Fly	200 IM
	1:05.78	:59.99	2:13.26

Profile:	Second Year on Varsity
Varsity Experience:	2019 CIF qualifier--100 Breaststroke
Swimming Honors:	Sectionals qualifier
Coach Blancs Say:	"Mirabella brings great breaststroke speed to the Eagles. A fierce competitor with a tenacious workout spirt and power, Mirabella is setting her sights on CIF in 2021."





## LENA LI

## SOPHOMORE

Best Events

100 Fly	100 Breast	200 IM
:56.07	1:08.63	2:10.46

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity

Sectionals Qualifier

Swims for Mission Viejo Nadadores

"Leni is looking for a break-out season with time drops in fly, breast, and IM. An improving sprinter, Leni is an all-around swimmer with CIF potential in multiple events."



## ARIEL LIN

## FRESHMAN

Best Events

50 Free	100 Free	200 Free
:24.53	:52.98	1:56.39

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

First Year on Varsity

Sectionals qualifier

Swims for the Irvine Novaquatics

"An exciting newcomer, Ariel is one of the top young sprint freestylers in Southern CA. Ariels owns the speed to make CIF in two events and the trajectory to score at CIF too."



## MAGGIE MCGUIRE

## SOPHOMORE

Best Events

100 Back	200 Free	500 Free
:55.51	1:49.62	4:54.77

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity

Junior Nationals qualifier

Sectionals qualifer

"One of the fastest backstroke swimmers in the United States, Maggie is also a rising distance freestyler. Eager to make her CIF and State debut, SM Swim can't wait too."





## ABBY O'SULLIVAN SOPHOMORE

Best Events	500 Free	200 Free	100 Fly
	4:54.58	1:51.81	:58.88

Profile:	
Varsity Experience:	Second Year on Varsity
Swimming Honors:	Futures qualifier Sectionals qualifier
Coach Blancs Say:	"Ever improving, Abby is a tireless worker and now one of the best middle and distant freestylers in the country. Abby can qualify for All-American status in the 500 freestyle."



## ANALISE RAINE SOPHOMORE

Best Events	100 Breast	100 Free	200 IM
	1:08.05	:58.74	2:22.78

Profile:	
Varsity Experience:	Second Year on Varsity
Swimming Honors:	Junior Olympics qualifier Breaststroke time ranks 17th in SM history
Coach Blancs Say:	"A breaststroke specialist, Analise returns to SM for her second year on the varsity. CIF is in range and CIF point scoring is within her grasp as well. Big future for Analise at SM."



## LAUREN REDFERN FRESHMAN

Best Events	Diving
	First Year Diving for SMCHS

Profile:	
Varsity Experience:	First Year on Varsity
Diving Honors:	Dives for the Mission Viejo Nadadores Junior Olympic qualifier
Coach Blancs Say:	"Lauren brings experience diving for the world-renown Mission Viejo Nadadores to the Eagles. With the goal of qualifying and scoring at CIF, Lauren will add greatly to SM."



**TEIA SALVINO****FRESHMAN**

Best Events

50 Free	100 Free	100 Back
:23.02	:50.04	:56.49

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

First Year on Varsity

Junior Nationals Qualifier

Swims for the Mission Viejo Nadadores

"One of the top freestylers in America and arguably one of the top 5 freshmen in the U.S., Teia has an unlimited future. Individual CIF & State titles are carrots in front of her."

**ANDREA SMITH****SENIOR**

Best Events

100 Back	200 IM	100 Free
1:01.05	2:16.73	:58.44

Profile:

Varsity Experience:

Swimming Honors:

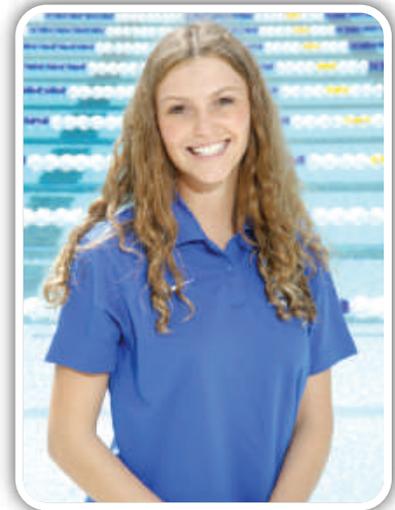
Coach Blancs Say:

Third Year on Varsity

2019 Trinity League JV Champ 100 Back

2019 CIF Consideration time--100 Back

"Elected one of the teams tri-captains, Andrea has been a cornerstone of the SM Eagles for four years. With CIF potential in the back, Andrea wants to go out in style."

**SHERIDAN SMITH****FRESHMAN**

Best Events

Diving

First Year Diving with the Eagles

Profile:

Varsity Experience:

Diving Honors:

Coach Blancs Say:

First Year on Varsity

Dives for the Mission Viejo Nadadores

Junior Nationals qualifier

"One of the top young divers in the country, Eagle Diving is excited to see Sheridan join the rich diving tradition at SM. Sheridan has the ability to reach CIF finals and CIF state."





## CHARLIE SPITTLE FRESHMAN

Best Events

Diving

First Year Diving with the Eagles

Profile:

Varsity Experience:

First Year on Varsity

Diving Honors:

Dives for the Mission Viejo Nadadores  
Junior Nationals qualifier

Coach Blancs Say:

"Charlie brings hi-level, national diving rankings to the SM Eagles. An exciting new addition to SMCHS, the coaches cannot wait to see Charlie compete at CIF and State."



## MARY KATE TRACY SENIOR

Best Events

100 Breast

500 Free

200 Free

1:10.77

5:31.03

2:05.33

Profile:

Varsity Experience:

Third Year on Varsity

Swimming Honors:

2019 CIF Consideration Time--100 Breast  
#32 All-Time in SM history--100 Breast

Coach Blancs Say:

"Entering her fourth year with the SM Eagle Swim team, Mary Kate was elected a team tri-captain. Mary Kate is a team player who will swim whatever the team needs."



## LINDA YU SOPHOMORE

Best Events

50 Free

100 Free

200 Free

:24.06

:52.65

1:54.16

Profile:

Varsity Experience:

First Year on Varsity

Swimming Honors:

Futures qualifier  
Swims for the Irvine Novaquatics

Coach Blancs Say:

"SM Swimming is thrilled to welcome new transfer Linda Yu. A rising sprint freestyle star, Linda is just scratching the surface of her potential. She's ready to swim at State."





## NICHOLAS BURKE

## SOPHOMORE

Best Events	500 Free	100 Fly	200 Free
	4:51.53	:54.11	1:47.04

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity
Sectionals qualifier
Swims for the Mission Viejo Nadadores
"Nicholas brings talent to the team that can score points in multiple events. From fly to distance free, Nicholas is ready for a huge season this year. He's focused on CIF."



## ALLEN CAI

## SOPHOMORE

Best Events	100 Free	200 Free	100 Fly
	:45.45	1:39.44	:49.82

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity
Futures qualifier
Swims for the Irvine Novaquatics
"Allen's premier with SM Swimming was delayed a year, but he is set to explode onto the California swimming scene. One of the top young sprinters in the U.S. & only a soph."



## ANDREW DOUGLAS

## SOPHOMORE

Best Events	100 Breast	500 Free	200 IM
	1:01.20	4:58.67	2:03.78

Profile:

Varsity Experience:

Diving Honors:

Coach Blancs Say:

Second Year on Varsity
Junior Olympic qualifier
Swims for the Mission Viejo Nadadores
"SM Swimming is excited to see Andrew back and he is a force in the breaststroke and the IM. Andrew is close to breaking the 1:00 barrier in the breast and earn a CIF spot."





## MILES FUJIMOTO SENIOR

Best Events	500 Free	100 Breast	200 IM
	4:46.47	1:00.13	2:00.93

Profile:  
 Varsity Experience: Fourth Year on Varsity  
 Swimming Honors: 2019 CIF Consideration Time 500 Freestyle  
 PR in 100 breast would rank top 10 at SM  
 Coach Blancs Say: "Miles was selected a tri-captain for the boys team and is focused on CIF swims in his 12th grade year. A four-year varsity letterwinner, Miles talent ranges all distances, all events."



## ALEXANDRU ISPAS SENIOR

Best Events	500 Free	100 Back	200 Free
	4:30.52	:52.71	1:41.65

Profile:  
 Varsity Experience: Third Year on Varsity  
 Swimming Honors: 2019 CIF State Consol Finalist--500 Free  
 2019 NISCA All-American--500 Free  
 Coach Blancs Say: "One of the top distance swimmers in the nation, Alexandru qualified for CIF State in 2019. A high school All-American in the 500 free, Alex has committed to Northwestern."



## RAMON JIANG FRESHMAN

Best Events	50 Free	100 Free	100 Back
	:21.50	:46.67	:50.84

Profile:  
 Varsity Experience: First Year on Varsity  
 Swimming Honors: Sectionals qualifier  
 Swims for the Irvine Novaquatics  
 Coach Blancs Say: "An exciting group of freshmen make the varsity, and Ramon brings swift speed in the freestyle and fly. Ramon will challenge for a CIF relay leg and multiple CIF events."





## DEVON JOHNSON

## JUNIOR

Best Events	100 Back	100 Fly	100 Free
	:53.29	:55.22	:47.96

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity
2019 Double Trinity League Finalist
2019 CIF Consideration time--100 back
"Devon brings great style and technique to his events. Solid in all 4 strokes, Devon is a fast IM'er and can qualify for CIF in at least three events, 100 fly, 100 back, and 100 free."



## TONY JU

## SOPHOMORE

Best Events	100 Free	100 Fly	200 Free
	:45.96	:50.26	1:40.38

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity
Sectionals qualifier
Swims for the Mission Viejo Nadadores
"A spectacular freestyle and butterfly talent, Tony can challenge for an individual CIF title in multiple events. The school record in the 100 free and 100 fly are within reach."



## JACK MCHENRY

## SENIOR

Best Events	50 Free	100 Free	200 Free
	:22.66	:49.69	1:49.29

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity
2019 Trinity JV Finalist--200 Freestyle
Swims for the Gators Swim Club
"Jack has worked his way up through the levels with talent and tenacity. Jack was on pace for a fast league finish in 2020 and wants to finish in style in 2021. CIF in the sprints!"





## LUCAS MORALES-OSTERGAARD SENIOR

Best Events	100 Back	200 IM	200 Free
	:51.04	1:51.12	1:41.97

Profile:  
 Varsity Experience: Fourth Year on Varsity  
 Swimming Honors: 2019 CA CIF State qualifier  
 #2 All-Time in the 200 IM in school history  
 Coach Blancs Say: "Lucas ranks as one of the top swimmers in SM swimming history and is set for a senior year where he can win a CIF title. Colleges are actively pursuing this Top 100 U.S. talent."



## KELLER MORGAN SOPHOMORE

Best Events	500 Free	200 IM	100 Breast
	4:34.44	1:50.97	:57.82

Profile:  
 Varsity Experience: Second Year on Varsity  
 Swimming Honors: Futures qualifier  
 Sectionals qualifier  
 Coach Blancs Say: "Now grown to 6'5", Keller is on pace to reach the highest peak of SM swimming. A dominant distance freestyler and IM er, he can make All-American in his sophomore year."



## HUMBERTO NAJERA SOPHOMORE

Best Events	200 IM	100 Back	500 Free
	1:49.85	:52.49	4:32.42

Profile:  
 Varsity Experience: Second Year on Varsity  
 Swimming Honors: Junior Nationals qualifier  
 Futures qualifier  
 Coach Blancs Say: "Pure swimming speed. Humberto owns incredible technique and the sky is the limit with his potential. Humberto will make All-American in multiple events this season."



**JACK NUGENT****SOPHOMORE**

Best Events	100 Back	200 IM	200 Free
	:53.00	1:55.42	1:45.57

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Second Year on Varsity

Sectionals qualifier

Swims for the Irvine Novaquatics

"Jack owns incredible talent that is just starting to shine. Jack is zeroing in on the school record in the 100 back and can score at CIF in this event. Keep an eye out for Jack in '21."

**KAMBIZ SHOAEI****SENIOR**

Best Events	200 Free	100 Breast	200 IM
	1:48.85	1:04.02	2:00.15

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

Third Year on Varsity

2019 Trinity League finalist--200 IM

2019 CIF Consideration Time--200 IM

"One of our senior tri-captains, Kambiz is a leader both in and out of the pool. Heavily involved in ASB at SM, Kambiz is a star in the class too--an Academic All-American."

**DANIEL VERDOLAGA****FRESHMAN**

Best Events	200 IM	100 Breast	100 Fly
	1:53.15	:58.17	:50.54

Profile:

Varsity Experience:

Swimming Honors:

Coach Blancs Say:

First Year on Varsity

Junior Nationals qualifier

Swims for the Irvine Novaquatics

"One of the top freshmen swimmers in the nation, Daniel brings speed and versatility to the team. Already has the school record 100 breast and 200 IM times in his sights."





## NATHAN WU FRESHMAN

Best Events	100 Breast	200 IM	100 Back
	:58.37	1:55.05	:52.54

Profile:

Varsity Experience: First Year on Varsity

Swimming Honors: Futures qualifier  
Swims for the Irvine Aquazots

Coach Blancs Say: "While Nathan is already a ranked swimmer in his age group, he is dropping time and getting faster every day. Nathan is within a few seconds of the breaststroke SM record."



## JACKY XING SOPHOMORE

Best Events	100 Breast	200 IM	50 Free
	:57.17	1:55.85	:22.72

Profile:

Varsity Experience: Second Year on Varsity

Swimming Honors: U.S. Open qualifier  
Swims for the Mission Viejo Nadadores

Coach Blancs Say: "Just a sophomore, Jacky is ready to show the swimming world just how fast he is. A nationally ranked breaststroke swimmer, he has a tireless work ethic & positive attitude."



## JERRY YAN FRESHMAN

Best Events	100 Fly	100 Back	100 Free
	:50.85	:53.73	:47.97

Profile:

Varsity Experience: First Year on Varsity

Swimming Honors: Sectionals qualifier  
Swims for the Irvine Novaquatics

Coach Blancs Say: "An elite local swimmer, Jerry is poised to reach the same level nationally, and in just his freshman year. Already owning a top 10 SM fly time, Jerry is set to break :50 in the fly."





3-2-1...

Blast Off!



Ellie Davis

Allen Cai

Keller Morgan

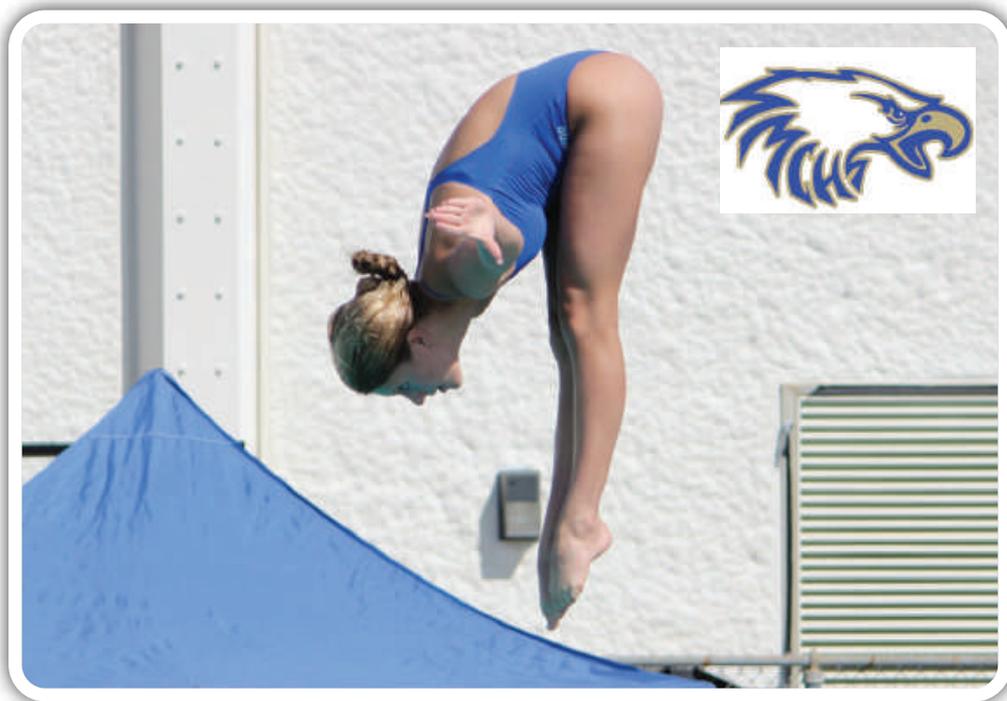


Macky Hodges





**Freshman Charlie Spittle brings hi-level skills to the dive team.**



**Freshman Sheridan Smith has All-American potential.**



### Girls Varsity

200 Medley Relay	Andrea Laliena, Amy Qin, Katie McLaughlin, Samantha Shelton	1:42.38	2015
200 Freestyle	Katie McLaughlin	1:43.01	2015
200 Individual Medley	Katie McLaughlin	1:59.84	2015
50 Freestyle	Anicka Delgado	:22.54	2019
100 Butterfly	Katie McLaughlin	:51.53*	2015
100 Freestyle	Katie McLaughlin	:48.69	2015
500 Freestyle	Mackenzie Degn	4:46.62	2019
200 Freestyle Relay	Anicka Delgado, Marriott Hoffmann, Mackenzie Degn, Samantha Shelton	1:31.47	2018
100 Backstroke	Samantha Shelton	:53.04	2017
100 Breaststroke	Isabelle Odgers	1:01.82	2018
400 Freestyle Relay	Ella Ristic, Mackenzie Degn, Anicka Delgado, Samantha Shelton	3:18.26*	2017
Diving	Alexandra Barnes	576.55	2019

### Boys Varsity

200 Medley Relay	Kevin Tu, Alexander Qu, Kyle Monteleone, AJ Rossman	1:32.96	2017
200 Freestyle	Grant Shoults	1:33.26*	2016
200 Individual Medley	Grant Shoults	1:48.33	2015
50 Freestyle	Phillipe Demers	:20.54	1997
100 Butterfly	Grant Shoults	:48.11	2016
100 Freestyle	Grant Shoults	:44.80	2016
500 Freestyle	Grant Shoults	4:12.87*	2016
200 Freestyle Relay	Jack Forsythe, Lucas Morales-Ostergaard, Noah Brune, Yurian Quinones	1:25.10	2019
100 Backstroke	AJ Rossman	:49.49	2018
100 Breaststroke	Alexander Qu	:56.74	2017
400 Freestyle Relay	Marc Morizono, Kevin Tu, Kyle Monteleone, Grant Shoults	3:03.87	2016
Diving	Nicholas Leavell	599.55	2019

\* National High School Record



### Olympic Trials

- Phillipe Demers--1996, 2000
- Frank Uxa--2000
- Matt Martin--2000
- Meagan Brown--2008
- Conor Murphy--2012
- Katie McLaughlin--2012, 2016, 2021
- Mackenzie Degn--2016
- Isabelle Odgers--2016, 2021
- Kahley Rowell--2016
- Grant Shoults--2016, 2021
- Samantha Shelton--2016
- Chris Taber--2016
- Noah Brune--2021
- Ella Ristic--2021
- Justine Kozan--2021
- Macky Hodges--2021
- Anicka Delgado--2021
- Humberto Najera--2021
- Teagan O'Dell--2021

### Class of 1991

- Kevin Henricks--Auburn (swim)

### Class of 1994

- Paul Ferguson--Air Force (polo)
- Brendan Herlihy--Denison (swim)

### Class of 1995

- Lisa Henningsen--Saddleback (swim)
- Brooke Martin--USC (swim)
- Cassandra Sanders--USC (polo)

### Class of 1996

- Stephen Ferguson--Long Beach St. (polo)
- John Peterson--LMU (swim)
- Caroline Staub--Cal (polo)

### Class of 1997

- Phillipe Demers--USC (swim)
- Julie Egus--Cal Baptist (polo)
- Katie Ferguson--Cal Baptist (polo)
- Siobhan Herlihy--Peperdine (swim)
- Matt Martin--Purdue (swim)
- Marianne Scheil--Saddleback (swim)
- Matt Shipstead--Air Force (swim)
- Trevor Walsh--Princeton (polo)

### Class of 1998

- Chris Ansevin--George Washington (polo)
- Andrew Jensen--LMU (polo)
- Justin Kroeze--USC (polo)
- Ryan Peterson--UC Santa Cruz (swim)
- Tyler Wilson--Dartmouth (polo)
- Frank Uxa--Cal (swim)



Jeni Griffin '17

### Class of 1999

- Laurie Egus--Saddleback (swim)
- James Major--Saddleback (swim)
- Kristen Marquis--Texas (dive)
- Dominique Rash--Brown (polo)
- Lauren Roberts--LMU (swim)



Katie McLaughlin '15

### Class of 2000

- Kristin Buhagiar--UCI (swim)
- Alex DeRubira--Bowdoin (swim)
- Jamie Kroeze--LMU (polo)
- Erin McKeon--USC (dive)
- Becca Peterson--LMU (polo)
- Rachelle Routsong--BYU (dive)
- Alicia Sayles--Saddleback (swim)
- Pia Tomescu--Mary Washington (swim)

### Class of 2001

- Katy Kunkel--UCSB (polo)
- Clare Peyrebrune--Michigan (polo)
- Edmund Herlihy--Pacific (swim)
- Jonathan Russell--Pacific (swim)
- Harris Radie--UCSB (swim)
- Lindsay Vaughn--Pacific (polo)



**Class of 2002**

Brooke Chamberlain--Cal Poly SLO (swim)  
 Michele Gonzalez--UCSB (swim)  
 Kristina Kunkel--UCLA (polo)  
 Shannon McKeon--UCI (dive)  
 Darcy Mulhaupt--UCSB (polo)  
 Shannon Packard--Northern Arizona (swim)  
 Joaquin Pelaez--Rochester Instit. (swim)  
 Mike Cavander--Colorado (swim)  
 Nick Nolan--UCLA (polo)  
 Matt Sabatasso--Cal Poly SLO (swim)

**Class of 2003**

Erika Figge--USC (polo)  
 Sarah Hamilton--LMU (polo)  
 Jaime Hosner--North Texas (swim)  
 Aimee Stachowski--UCSB (polo)  
 Stephanie Scott--UCSB (swim)  
 Kacy Kunkel--UCLA (polo)  
 Erica Welch--Chapman (polo)  
 Cutberto Hernandez--LMU (polo)  
 Bryan Kelley--Redlands (swim)  
 Tommy Markel--Pacific (polo)

**Class of 2004**

Brittany Hosner--North Texas (swim)  
 Anne Markel--LMU (polo)  
 Alisa Rodriguez--Saddleback (polo)  
 Morgan Tharpe--Saddleback (polo)  
 Taylor Smith--Chapman (polo)  
 Christina Maher--Sonoma St. (polo)  
 Ryan Archdeacon--Johns Hopkins (swim)  
 Bryce Cullinane--Stoneybrooke (swim)  
 Toshi Kido--Middlebury (swim)



Tommy Jankovich '09, Garrison Nauman '10, Mike Tran '09, Mark Reese '09

**Class of 2005**

Mary Cousineau--USC (polo)  
 Kristin Palase--LMU (polo)  
 David Husen--UCSB (polo)  
 Julien Lormant--LMU (polo)

**Class of 2006**

Darby Anderson--Cal (polo)  
 Trudy Chancellor--UCI (polo)  
 Caitlin Atkinson--San Diego St. (dive)  
 Devonie Migues--Pacific (swim)  
 Katie Whitchart--Naval Academy (swim)  
 Eric Babbitt--Wooster (swim)  
 Brett Chamberlain--UCSB (swim)  
 Hannah Feldman--Saddleback (polo)



Erika Figge '03

**Class of 2007**

Alliso Beck--Maryland (polo)  
 Mark Connor--Fordham (polo)  
 Stephanie Lavayen--USC (polo)  
 Eric Macey--Cal Maritime (polo)  
 Amanda Nauman--Stevens Instit. (swim)  
 Ashley Novack--San Diego St. (polo)  
 Stephanie Peckham--Cal (polo)  
 Jessica Stevenson--Marist (polo)  
 Rickey Wilson--SMU (swim)

**Class of 2008**

Kacey Anderson--Cal (polo)  
 Meagan Brown--UC Santa Barbara (swim)  
 Lorenzo Cadiz--Saddleback (swim)  
 Breanna Gordon--Denison (swim)  
 Stephen Hansen--Saddleback (swim)  
 Sara Joseph--Indiana (polo)  
 Mike Lockett--Custa (polo)  
 Ryan Morasse--Saddleback (swim)  
 Tyler Simmons--Concordia (polo)



Kimmy Woolfenden & Caitlin Caruso '19

**Class of 2009**

Tommy Jankovich--SMU (swim)  
 Joseph Kalb--Puget Sound (swim)  
 Aaron Babbitt--Coe College (swim)  
 Ross Kirkbaumer--George Washington (polo)  
 Mark Reese--SMU (swim)  
 Michael Tran--Denison (swim)



### Class of 2010

- Alex Delaney--Columbia (swim)
- Samantha Goff--Villanova (polo)
- Dani Lombardi--Chapman (swim)
- Kahley Rowell--Cal (dive)
- Kassandra Smith--LMU (polo)
- Sarah Tennis--Villanova (polo)
- Rutger Choquehuanca--LMU (polo)
- Conor Murphy--Indiana (dive)
- Garrison Nauman--Arizona (swim)



Allison Plamondon '17

### Class of 2011

- Mackenzie Beck--LMU (polo)
- Carina Carballo--San Diego St. (polo)
- Shannon Mack--Pacific (swim)
- Tyler Jankovich--OCC (swim)
- Chad Naughton--Concordia (swim)
- Tony Vuona--UCI (polo)

### Class of 2012

- Izzy Choquehuanca--San Diego St. (dive)
- Kellie Fecarotta--Duquense (swim)
- Megan Gehrich--Fordham (swim)
- Olivia Romo--Goldenwest (swim)
- Pablo Carballo--UCI (polo)
- Collin Latham--Florida Southern (swim)
- Kyle Olson--Saddleback (swim)
- Alex Simmons--Cal Lutheran (swim)

### Class of 2013

- Tessa deRecat--Sonoma St. (polo)
- Emily Loughlin--Cal (polo)
- Morgan Martinez--UCI (polo)
- Jackie Villarreal--San Diego St. (polo)
- Stephen Riggins--UCLA (polo)
- Riley Smith--LMU (polo)



Emily Boggess '16

### Class of 2014

- Kacey Avalos--Cal (polo)
- Kelli Baumgardner--UCI (polo)
- Diana Carballo--Marist (polo)
- Lizzie Devitt--Duke (swim)
- Payton Gabris--San Diego St. (dive)
- Emily Gibson--Cincinnati (swim)
- Roxy Markus--Saddleback (swim)
- Raquel Remick--Arizona St. (swim)
- Megan Roby--UC Santa Cruz (swim)
- Jax Shoults--UCLA (swim)
- Haley Wan--Princeton (polo)
- Annie Whelan--USC (dive)
- James Betz--Stevens Instit. (swim)
- Max Cervera--Goldenwest (swim)
- Chandler Kaltenbach--Long Beach St. (polo)
- Troy Kaltenbach--Long Beach St. (polo)
- Sage Pfeiffer--LMU (polo)
- Axel Reed--Chapman (swim)
- Chris Taber--Utah (swim)
- Logan Wright--Redlands (swim)



Andrea Laliena '15

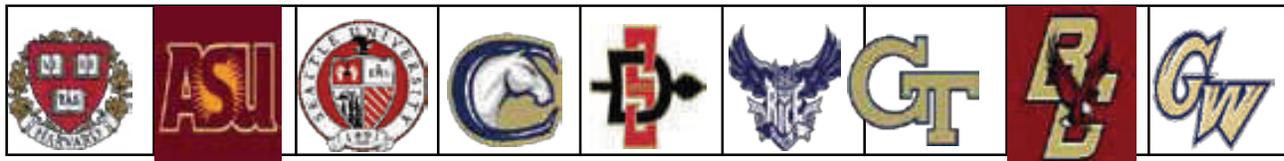
### Class of 2015

- Sydney Franzen--Rice (swim)
- Audrey Johnstone--Emmanuel (swim)
- Andrea Laliena--Cal Baptist (swim)
- Katie McLaughlin--Cal (swim)
- Abigael McShane--Providence (swim)
- Spencer Lupin--Peperdine (polo)
- Aaron Magazine--Towson (swim)
- Jerod Magazine--Providence (swim)
- Sam Slobodien--USC (polo)

### Class of 2016

- Emily Boggess--UCSB (swim)
- Taylor Calaiacovo--Chapman (swim)
- Kristi Fecarotta--Boston College (swim)
- Maureen McShane--Lafayette (swim)
- Patricia Noble--Concordia (swim)
- Austin Clark--LMU (polo)
- Marc Morizono--Cornell (swim)
- Alex Piecuch--Navy (polo)
- Grant Shoults--Stanford (swim)



**Class of 2017**

Jack Baumgardner--UCI (polo)  
 Daniel Fang--Willamette (swim)  
 Zach Lebovic--Lewis & Clark (swim)  
 Kyle Monteleone--Lewis & Clark (swim)  
 Alexander Qu--Chicago (swim)  
 Kaikea Wilinski--Holy Cross (swim)  
 Lucia Carballo--San Diego St. (polo)  
 Julia Ferrara--Babson (swim)  
 Jeni Griffin--Tulane (swim)  
 Paige Gohr--Georgia Tech (dive)  
 Vicki Ochoa--Cal Baptist (polo)  
 Allison Plamondon--Seattle (swim)



Isa Odgers '18

**Class of 2018**

Aiden Asuncion-Duong--Babson (swim)  
 Jackson Odgers--USC (swim)  
 AJ Rossman--Stanford (polo)  
 Jacob Wright--UC Davis (polo)  
 Londen Christensen--UC Davis (dive)  
 Marriott Hoffmann--UCSB (swim)  
 Caroline Needell--Amherst (swim)  
 Isa Odgers--USC (swim)  
 Bela Patino--George Washington (swim)  
 Samantha Shelton--Harvard (swim)  
 Joelle Weltner--Cal Poly SLO (dive)  
 Jordan Werkmeister--San Diego St. (polo)



Ella Ristic '20

**Class of 2019**

Caitlin Caruso--Seattle (swim)  
 Kimmy Woolfenden--Air Force (swim)  
 Mackenzie Degn--Cal Baptist (swim)  
 Miranda Renner--UC San Diego (swim)  
 Alexander Ness--Biola (swim)  
 Jack Forsythe--Redlands (swim)  
 Kevin Tu--Penn (swim)  
 Nicholas Leavell--Michigan (dive)  
 Noah Brune--Harvard (swim)  
 Yurian Quinones--Princeton (polo)  
 Jacob Marquez--UC San Diego (polo)

**Class of 2020**

Ella Ristic--Indiana (swim)  
 Mia Ristic--Indiana (swim)  
 Anicka Delgado--USC (swim)  
 Natalie Oien--UCSD (swim)  
 Josette Odgers--UCSD (swim)  
 Katie Nugent--UCSB (swim)  
 Kayla Haigh--Cal (dive)  
 Alexandra Barnes--Wisconsin (dive)  
 Bailey Woinarowicz--LMU (swim)  
 Junie Carlos--Cal Poly SLO (swim)  
 Mike Maurer--Biola (swim)  
 Harry Needell--Trinity (swim)



Anicka Delgado '20



Grant Shoultis '16



Freshman **Ramon Jiang** has All-American potential.



Soph. **Humberto Najera** eyes the school IM record.



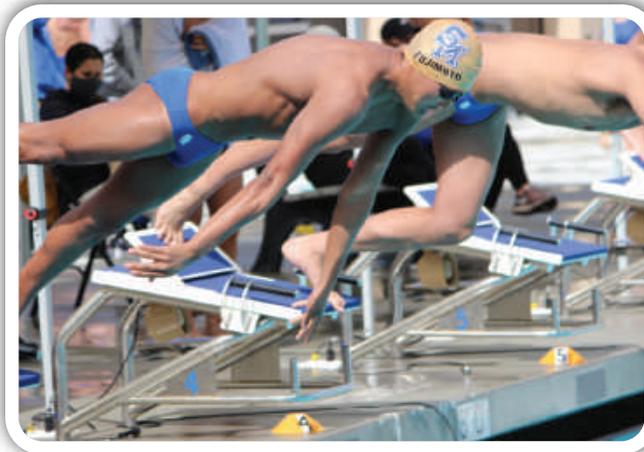
Super-Soph **Allen Cai** is talented enough to make All-American in 4-5 events.



Sophomore **Jack Nugent** is a backstroke ace.



**Nicholas Burke** is rising up the fly and distance charts.



Captain **Miles Fujimoto** owns a powerful start.



**Andrew Douglas** is seeing fast breaststroke times.



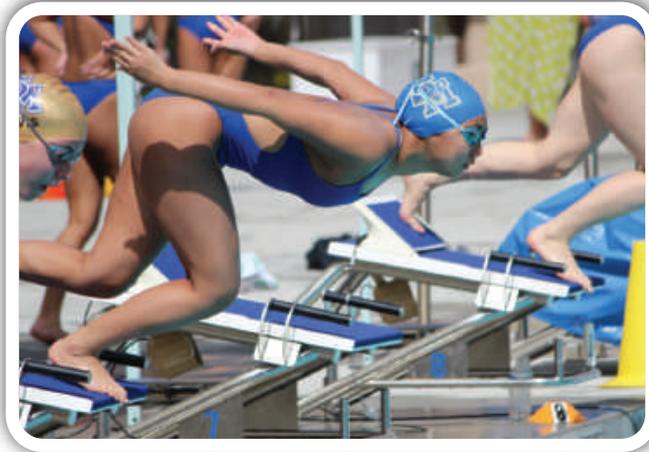
Freshman **Jerry Yan** is already less than 2 seconds away from the 100 fly school record.



**Tony Ju** brings the heat in the fly and sprints.



Touted frosh **Daniel Verdolaga** eyes the breast record.



Freshman **Ariel Lin** can make CIF finals in the 50.



Junior **Mirabella LeVine** sports a 1:05 breaststroke.



Sophomore sensation **Abby O'Sullivan** already has a time in the 500 good for All-American.



Newcomer **Linda Yu** is a dominant sprint force.



Captain **Mary Kate Tracy** wants CIF in the 100 breast.



**Leila Kezelman** displays classic backstroke technique.



Senior **Andrea Smith** was elected a tri-captain.



Freshman star **Teia Salvino** is the fastest sprinter in the Class of 2024 in the state.



Junior **Abby Isaly** is making noise in the 200 free.



**Lindsay Ervin** was selected captain as a junior.



# 2020 CIF Standards

swim&div

# 2021

Boys Event	Division I		Division II		Division III		Division IV	
	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.
200 Medley Relay	1:34.85	1:43.34	1:39.00	1:44.20	1:41.86	1:48.24	1:52.31	2:06.32
200 Freestyle	1:41.66	1:45.89	1:43.91	1:48.98	1:46.93	1:55.22	1:56.55	2:19.39
200 Individual Medley	1:53.53	1:59.82	1:55.28	2:03.65	2:01.09	2:14.54	2:11.65	2:39.44
50 Freestyle	:21.22	:22.31	:21.71	:22.54	:22.18	:23.30	:23.18	:25.67
100 Butterfly	:50.28	:53.83	:51.75	:55.15	:52.17	:57.70	:58.20	1:07.92
100 Freestyle	:46.82	:48.57	:47.63	:49.73	:49.22	:51.43	:51.72	:57.86
500 Freestyle	4:35.98	4:54.26	4:43.58	5:00.62	4:52.70	5:24.59	5:22.13	6:36.66
200 Freestyle Relay	1:26.63	1:31.72	1:28.96	1:33.07	1:31.38	1:36.95	1:38.54	1:48.73
100 Backstroke	:51.59	:55.24	:52.82	:57.34	:54.79	1:01.90	1:03.86	1:16.22
100 Breaststroke	:57.92	1:01.24	:58.53	1:02.70	1:01.10	1:05.82	1:06.66	1:16.72
400 Freestyle Relay	3:09.19	3:19.13	3:15.36	3:22.75	3:21.86	3:36.55	3:44.62	4:10.82
Diving (11 Dives)	300.00	225.00	300.00	225.00	300.00	225.00	300.00	225.00

Girls Event	Division I		Division II		Division III		Division IV	
	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.	Auto.	Consid.
200 Medley Relay	1:48.16	1:57.79	1:51.40	1:57.46	1:55.21	2:04.81	2:07.00	2:19.16
200 Freestyle	1:51.91	1:58.92	1:54.01	2:02.28	1:59.06	2:13.02	2:18.42	2:35.18
200 Individual Medley	2:05.21	2:14.48	2:11.16	2:20.62	2:14.60	2:31.40	2:26.27	2:51.89
50 Freestyle	:24.22	:25.24	:24.54	:25.78	:25.37	:26.85	:27.08	:29.26
100 Butterfly	:55.84	1:00.60	:58.66	1:02.50	:59.74	1:07.00	1:09.00	1:21.70
100 Freestyle	:52.17	:54.45	:53.19	:56.01	:54.58	:59.43	1:00.89	1:06.16
500 Freestyle	5:02.00	5:20.91	5:06.43	5:34.03	5:28.51	5:59.86	5:47.13	7:01.74
200 Freestyle Relay	1:38.35	1:45.02	1:40.82	1:47.26	1:44.80	1:51.38	1:53.39	2:02.50
100 Backstroke	:56.60	1:01.59	:58.48	1:03.42	1:01.38	1:08.14	1:07.31	1:18.57
100 Breaststroke	1:05.21	1:10.31	1:06.98	1:12.18	1:08.90	1:17.42	1:16.52	1:27.92
400 Freestyle Relay	3:33.89	3:50.37	3:41.55	3:53.64	3:52.57	4:07.48	4:20.28	4:46.87
Diving (11 Dives)	340.00	250.00	340.00	250.00	300.00	250.00	300.00	250.00



Junior **Devon Johnson** is ready for a break out season after getting his first sectionals cut.

## Boys

## Girls

Auto.	Consid.	Event	Auto.	Consid.
1:33.21	1:34.74	200 Medley Relay	1:44.21	1:46.21
1:38.40	1:40.13	200 Freestyle	1:48.74	1:50.57
1:49.57	1:51.57	200 Individual Medley	2:01.51	2:03.64
:20.54	:20.91	50 Freestyle	:23.20	:23.54
:48.92	:49.95	100 Butterfly	:54.42	:55.49
:44.95	:45.73	100 Freestyle	:50.19	:51.05
4:28.38	4:33.10	500 Freestyle	4:52.18	4:56.85
1:24.80	1:25.86	200 Freestyle Relay	1:35.36	1:36.94
:49.38	:50.37	100 Backstroke	:54.80	:55.92
:55.84	:56.98	100 Breaststroke	1:02.58	1:03.80
3:06.28	3:09.26	400 Freestyle Relay	3:27.65	3:31.02
375.0 Points	D.D. 13.3	Diving	375.0 Points	D.D. 13.0

The 2021 NISCA All-American list will recognize the top 100 athletes nationally in each event as All-Americans.



U.S. National Team member **Justina Kozan** joins the Eagles and has 8 Olympic Trials times.





### Girls 200 Medley Relay

1	1:42.38	2015	A. Laliena	:27.10	A. Qin	:29.41	K. McLaughlin	:23.44	S. Shelton	:22.43
2	1:42.62	2018	E. Ristic	:26.11	I. Odgers	:28.56	M. Ristic	:24.69	M. Hoffmann	:23.26
3	1:43.20	2019	I. Abrajan	:26.14	K. Nugent	:29.31	M. Ristic	:24.50	J. Odgers	:23.25
4	1:43.86	2017	E. Ristic	:26.07	I. Odgers	:29.47	M. Ristic	:25.50	M. Hoffmann	:22.92
5	1:45.50	2013	J. Shoults	:27.23	E. Gibson	:29.25	R. Remick	:25.36	A. Johnstone	:23.66
6	1:45.60	2014	A. Laliena	:27.11	E. Gibson	:29.30	R. Remick	:25.06	C. Barry	:24.13
7	1:46.05	2020	M. McGuire	:27.27	K. Nugent	:30.69	M. Ristic	:24.84	L. Ervin	:23.25
8	1:47.45	2016	A. Plamondon	:28.03	I. Odgers	:29.79	I. Patino	:26.20	M. Hoffmann	:23.43
9	1:48.08	2012	J. Shoults	:27.30	E. Gibson	:30.00	R. Remick	:25.92	K. Fecarotta	:24.85
10	1:48.14	2011	J. Shoults	:27.45	M. Gehrich	:29.97	R. Remick	:25.58	M. Roby	:25.14

### Girls 200 Freestyle Relay

1	1:31.47	2018	A. Delgado	:22.83	M. Hoffmann	:23.44	M. Degn	:22.68	S. Shelton	:22.52
2	1:31.88	2019	A. Delgado	:22.82	L. Ervin	:23.24	E. Ristic	:22.79	M. Degn	:23.03
3	1:32.33	2017	A. Delgado	:23.12	M. Hoffmann	:23.79	M. Degn	:23.35	S. Shelton	:22.07
4	1:34.02	2016	M. Degn	:23.36	K. Hoffmann	:23.59	J. Griffin	:24.31	S. Shelton	:22.76
5	1:34.61	2014	C. Barry	:24.34	R. Remick	:24.13	L. Devitt	:24.06	K. McLaughlin	:22.11
6	1:36.87	2015	J. Griffin	:24.78	A. Plamondon	:24.57	M. Hoffmann	:23.91	C. Barry	:23.61
7	1:37.33	2020	M. Hodges	:24.08	J. Carlos	:25.34	L. Ervin	:24.04	J. Odgers	:23.87
8	1:37.78	2012	R. Remick	:24.84	J. Shoults	:24.54	S. Franzen	:24.70	L. Devitt	:23.70
9	1:38.19	2013	A. Johnstone	:24.61	M. Roby	:25.04	S. Franzen	:24.53	L. Devitt	:24.01
10	1:38.33	2003	S. Hamilton	:25.54	D. Anderson	:25.46	S. Scott	:23.95	E. Figge	:23.38

### Girls 400 Freestyle Relay

1	3:18.26	2017	E. Ristic	:49.83	M. Degn	:50.08	A. Delgado	:49.64	S. Shelton	:48.71
2	3:18.63	2018	A. Delgado	:49.79	M. Degn	:49.90	E. Ristic	:49.51	S. Shelton	:49.43
3	3:20.32	2019	A. Delgado	:49.64	L. Ervin	:51.03	E. Ristic	:49.08	M. Degn	:50.57
4	3:21.04	2015	S. Shelton	:49.85	S. Franzen	:52.08	C. Barry	:51.00	K. McLaughlin	:48.11
5	3:24.32	2014	L. Devitt	:52.22	S. Franzen	:51.86	E. Boggess	:51.78	K. McLaughlin	:48.46
6	3:24.38	2016	M. Degn	:50.79	E. Boggess	:51.77	I. Patino	:52.90	S. Shelton	:48.92
7	3:28.51	2020	M. Turrini	:54.18	M. Hodges	:51.18	L. Ervin	:51.70	E. Ristic	:51.45
8	3:29.76	2013	R. Remick	:52.51	S. Franzen	:51.80	H. Wan	:53.89	L. Devitt	:51.56
9	3:31.83	2012	K. Fecarotta	:52.83	H. Wan	:54.11	S. Franzen	:53.32	L. Devitt	:51.57
10	3:34.94	2011	R. Remick	:53.43	H. Wan	:54.48	M. Gehrich	:53.54	L. Devitt	:53.49

### Boys 200 Medley Relay

1	1:32.96	2017	K. Tu	:23.78	A. Qu	:25.85	K. Monteleone	:22.88	A. Rossman	:20.45
2	1:34.52	2016	K. Tu	:24.00	A. Qu	:26.00	K. Monteleone	:23.14	G. Yacoubian	:21.38
3	1:34.87	2015	G. Shoults	:23.51	A. Qu	:26.68	M. Morizono	:23.21	S. Lupin	:21.47
4	1:35.15	2018	A. Rossman	:23.47	J. Odgers	:26.83	K. Tu	:23.11	J. Wright	:21.74
5	1:35.62	2019	K. Tu	:23.81	R. Huang	:27.52	N. Brune	:22.99	J. Forsythe	:21.30
6	1:37.06	2013	M. Walsh	:25.36	A. Cerda	:26.94	G. Shoults	:22.90	S. Riggins	:21.87
7	1:37.35	2014	A. Qu	:25.30	A. Cerda	:26.73	C. Taber	:23.38	L. Wright	:21.94
8	1:37.87	2009	G. Nauman	:26.07	M. Reese	:26.82	M. Tran	:24.21	T. Jankovich	:20.77
9	1:38.58	2020	A. Ispas	:24.79	K. Morgan	:27.91	M. Maurer	:24.43	A. Cai	:21.45
10	1:38.59	1997	P. Demers	:23.82	F. Uxa	:27.14	B. Jacoby	:25.25	A. Jensen	:22.30

### Boys 200 Freestyle Relay

1	1:25.10	2019	J. Forsythe	:21.64	L. Ostergaard	:21.32	N. Brune	:21.41	Y. Quinones	:20.73
2	1:25.54	2018	Y. Quinones	:21.91	J. Odgers	:21.56	J. Wright	:21.69	A. Rossman	:20.38
3	1:25.68	1996	P. Demers	:20.81	F. Uxa	:21.45	D. Jensen	:22.38	J. Peterson	:21.04
4	1:25.94	2016	G. Shoults	:20.84	G. Yacoubian	:21.55	A. Qu	:22.07	M. Morizono	:21.48
5	1:26.17	2015	M. Morizono	:21.69	S. Lupin	:21.87	S. Slobodien	:21.70	G. Shoults	:20.91
6	1:26.36	2014	M. Morizono	:21.67	J. Betz	:21.41	L. Wright	:22.43	G. Shoults	:20.85
7	1:26.39	1997	P. Demers	:20.54	A. Jensen	:22.04	T. Wilson	:22.64	F. Uxa	:21.17
8	1:27.01	1994	J. Peterson	:22.04	B. Herlihy	:21.80	C. Rochon	:22.10	P. Demers	:21.07
9	1:27.17	1998	J. Russell	:22.39	A. Jensen	:21.83	T. Wilson	:22.49	F. Uxa	:20.46
10	1:27.43	2009	A. Lavayen	:22.33	E. Martin	:21.76	M. Tran	:22.19	T. Jankovich	:21.15

### Boys 400 Freestyle Relay

1	3:03.87	2016	M. Morizono	:46.43	K. Tu	:45.99	K. Monteleone	:47.49	G. Shoults	:43.96
2	3:04.71	2019	A. Ness	:46.66	L. Ostergaard	:45.92	Y. Quinones	:45.83	K. Tu	:46.30
3	3:06.52	2014	M. Morizono	:46.69	A. Cerda	:47.41	J. Betz	:47.48	G. Shoults	:44.94
3	3:07.88	2017	K. Monteleone	:48.10	N. Brune	:47.23	K. Tu	:46.46	A. Rossman	:46.09
5	3:07.88	2015	S. Lupin	:48.43	S. Reese	:48.86	M. Morizono	:45.40	G. Shoults	:45.28
6	3:08.41	2018	A. Rossman	:46.37	A. Ness	:48.02	J. Odgers	:47.20	K. Tu	:46.82
7	3:08.72	1997	P. Demers	:44.86	M. Martin	:48.80	M. Shipstead	:48.64	F. Uxa	:46.42
8	3:10.70	2020	A. Cai	:47.42	A. Ispas	:47.94	K. McShane	:49.24	L. Ostergaard	:46.10
9	3:11.24	1996	P. Demers	:45.31	J. Peterson	:47.43	S. Ferguson	:49.52	F. Uxa	:47.98
10	3:11.27	2001	D. Ciolli	:47.85	H. Radie	:48.25	E. Herlihy	:48.83	J. Russell	:46.33

# Santa Margarita CIF

Championship Hall of Fame: 2000 ~ 2014

# Championships

~ 2015 ~ 2016 ~ 2017 ~ 2018 ~ 2019



2019



2015



2016



2018



2000



2014



2017

# Back-2-Back CIF State Champions





## Boys

## Girls

Auto.	Consid.	Event	Auto.	Consid.
1:35.07	1:37.65	200 Medley Relay	1:47.34	1:51.34
1:39.95	1:42.28	200 Freestyle	1:51.86	1:54.46
1:52.31	1:55.10	200 Individual Medley	2:04.75	2:07.84
:21.09	:21.51	50 Freestyle	:23.71	:24.27
:49.77	:50.65	100 Butterfly	:55.60	:57.16
:46.20	:46.89	100 Freestyle	:51.43	:52.88
4:31.93	4:38.85	500 Freestyle	4:59.05	5:07.44
1:25.73	1:28.16	200 Freestyle Relay	1:37.22	1:40.30
:50.39	:52.55	100 Backstroke	:56.44	:57.91
:57.04	:58.38	100 Breaststroke	1:04.00	1:05.25
3:08.27	3:12.45	400 Freestyle Relay	3:32.09	3:36.97

Times to qualify for the CIF State Championships must be obtained at CIF Section championship meet finals.



Senior **Lucas Morales-Ostergaard** can't wait for another chance at the CIF State Championships.



**Savannah Mellott** is ready for a banner year.



Freshman **Makenna Wilson** is a star on the rise.



**Zoe Le** is aiming for CIF in the backstroke.



Senior **Cailin Holt** leads by example and hard work.



Frosh **Mila Drakeford's** goal is CIF in the 50.



Freshman **Kaitlyn Krebs** will outwork anyone.



Sophomore star **Tyler Ringhofer** pounces at the finish.



Soph. **Alex Han** can race distance freestyle.



**Rory McCarthy** is working to hit CIF times in the 500.



**Eugenio Navarro** is an all-around swim talent.



**Connor Cohen** can take down the SM record in the 50.



**Cole Matsuoka's** work ethic = huge future.



**Anna Krishnan** can win multiple league titles.



**Camryn Hoppe** is improving by leaps and bounds.



**Kassidy Goddard** is destined for stardom in the sprints and backstroke.



Soph. **Avery Plum** brings fire from water polo.



Freshman **Kelly Lu** brings club experience to the team.



Newcomer **Tyler Davis** has blazing sprint speed.



**Ben Merrill** has big upside in the breaststroke



Sophomore **Trent Coulston** is a relentless worker striving to improve each day.



**Miller Redfern** brings Dolphin Aquatics experience to the team.



**Luca Simic** excels in all four strokes.



# Eagles Swimming Heritage

swim&dive

# 2021

## All-CIF

1989	Brooke Gammel	500, Br	1998	Kristin Buhagiar	Br	2003	Erika Figge	50, 100
1989	Kevin Henricks	IM, Ba	1998	Priscilla Tomescu	Br	2003	Sarah Hamilton	Fly, Br
1990	Chantal Dreis	200, Fly	1998	Frank Uxa	IM, Ba	2003	Devonie Miguez	Ba, Br
1990	Jenny Maskrey	200, 500	1998	Harris Radie	IM, Ba	2003	Darby Anderson	200
1990	Kevin Henricks	IM, Ba	1998	Andrew Jensen	50, 100	2003	Brittany Hosner	Fly, 500
1991	Carrie Gammel	IM, Ba	1998	Alex Tomescu	Fly	2003	Jaime Hosner	500
1991	Jenny Maskrey	500	1998	Edmund Herlihy	500	2003	Kathryn Leahy	500
1991	Kevin Henricks	IM, Ba	1998	Jonathan Russell	50, 100	2003	Doug Ciolli	50, 100
1992	Gwen Ho Sing Loy	200, 500	1999	Michele Gonzalez	200, 500	2003	Cutberto Hernandez	50, 100
1992	Jen Connellan	IM, 500	1999	Shannon Packard	IM, Ba	2003	Bryce Cullinane	200, 500
1992	Brooke Martin	100, Ba	1999	Jamie Kroeze	50	2003	Scott Collins	200, Br
1992	Lisa Henningsen	Ba	1999	Dominique Rash	Fly, Ba	2003	Bryan Kelley	50, 100
1992	Brendan Herlihy	500	1999	Kristin Buhagiar	Br	2004	Devonie Miguez	Ba, Br
1993	Brooke Martin	IM, Ba	1999	Edmund Herlihy	200, 500	2004	Darby Anderson	200
1993	Jen Connellan	200, 500	1999	Harris Radie	IM, Ba	2004	Mary Cousineau	Fly
1993	Lisa Henningsen	Ba	1999	Jonathan Russell	50, 100	2004	Bryce Cullinane	200, 500
1993	Brendan Herlihy	200, 500	2000	Erika Figge	50, Br	2004	Eric Babbitt	IM, Fly
1993	John Peterson	500	2000	Jaime Hosner	200, 500	2004	Brett Chamberlain	500
1994	Brooke Martin	50, Fly	2000	Stephanie Scott	Ba	2004	Ryan Archdeacon	Br
1994	Jen Connellan	200, 500	2000	Michele Gonzalez	100, 200	2004	Alex Rogers	Fly
1994	Lisa Henningsen	50, Ba	2000	Shannon Packard	IM, Ba	2005	Meagan Brown	200, 500
1994	Katie Cramm	200, 500	2000	Alicia Sayles	200	2005	Breanna Gordon	100, 200
1994	Andrea Uxa	50, 100	2000	Kristin Buhagiar	Fly	2005	Amanda Nauman	500
1994	Brendan Herlihy	200, 500	2000	Jamie Kroeze	50, 100	2005	Darby Anderson	200
1994	John Peterson	50	2000	John Voith	IM, 500	2005	Brooke Figge	50
1994	Phillipe Demers	IM, Fly	2000	Doug Ciolli	50, 100	2005	Devonie Miguez	50, Ba
1995	Katie Cramm	200, 500	2000	Edmund Herlihy	200, 500	2005	Mary Cousineau	50, 100
1995	Siobhan Herlihy	200, 500	2000	Harris Radie	IM, Ba	2005	Rickey Wilson	IM, Ba
1995	Lisa Henningsen	50, Ba	2000	Jonathan Russell	100, 200	2005	Eric Babbitt	IM, Fly
1995	Brooke Martin	Fly, Ba	2001	Brittany Hosner	IM, 500	2005	Brett Chamberlain	200, 500
1995	Christine Connellan	Ba	2001	Jaime Hosner	200, 500	2005	David Husen	IM
1995	John Peterson	50, 100	2001	Erika Figge	50, Br	2005	Nick Shorr	Br
1995	Phillipe Demers	200, Fly	2001	Stephanie Scott	Ba	2006	Darby Anderson	100, 200
1995	Frank Uxa	Ba	2001	Michele Gonzalez	200, 500	2006	Meagan Brown	200, 500
1996	Caroline Staub	Br	2001	Shannon Packard	IM, Ba	2006	Trudy Chancellor	IM
1996	Siobhan Herlihy	200, 500	2001	Bryce Cullinane	500	2006	Danica Elbertse	Br
1996	Christine Connellan	Ba	2001	Bryan Kelley	Ba	2006	Breanna Gordon	100, 200
1996	John Peterson	50, 100	2001	Matt Sabatasso	Fly	2006	Devonie Miguez	50, Ba
1996	Matt Martin	500, Ba	2001	Doug Ciolli	50, 100	2006	Amanda Nauman	500
1996	Matt Shipstead	500	2001	Edmund Herlihy	200, 500	2006	Katie Whichard	50
1996	Phillipe Demers	200, Fly	2001	Harris Radie	IM, Ba	2006	Eric Babbitt	Fly, Ba
1996	Frank Uxa	IM, Ba	2001	Jonathan Russell	100, 200	2006	Brett Chamberlain	200, 500
1997	Siobhan Herlihy	200, 500	2002	Aimee Stachowski	500	2006	Mark Reese	Br
1997	Kristin Buhagiar	Fly, Ba	2002	Jaime Hosner	500	2006	Rickey Wilson	IM, Br
1997	Dominique Rash	IM, Ba	2002	Brittany Hosner	IM, 500	2007	Kacey Anderson	50
1997	Priscilla Tomescu	Br	2002	Stephanie Scott	IM, Ba	2007	Meagan Brown	200, 500
1997	Becca Peterson	50	2002	Sarah Hamilton	Fly, Ba	2007	Alex Delaney	100, 200
1997	Jamie Kroeze	50	2002	Erika Figge	50, 100	2007	Breanna Gordon	100, 200
1997	Matt Martin	200, 500	2002	Michele Gonzalez	200, 500	2007	Rachelle Nadeau	IM, Br
1997	Matt Shipstead	500	2002	Shannon Packard	Fly, Ba	2007	Amanda Nauman	500
1997	Andrew Jensen	50	2002	Bryce Cullinane	500	2007	Alex Worthen	200, Fly
1997	Frank Uxa	100, Ba	2002	Scott Collins	Br	2007	Mark Reese	Br
1997	Phillipe Demers	200, Fly	2002	Bryan Kelley	Ba	2007	Rickey Wilson	IM, Br
1997	Mark Zakrzewski	Br	2002	Mike Cavander	500, Br	2008	Alex Delaney	200, 500
1997	Alex Tomescu	Br	2002	Matt Sabatasso	Fly, Br	2008	Meagan Brown	200, 500
1998	Jamie Kroeze	50	2002	Cutberto Hernandez	50, Fly	2008	Breanna Gordon	100, 200
1998	Becca Peterson	50	2002	Doug Ciolli	50, 100	2008	Alex Worthen	Fly, 500
1998	Dominique Rash	100, Ba	2003	Stephanie Scott	IM, Ba	2008	Shannon Mack	IM, Br





2008	Katherine Delaney	IM, Br	2014	Kristi Fecarotta	IM, 500	2017	Haley Calaiacovo	500
2008	Bailey Wilson	Ba, Br	2014	Sydney Franzen	200, 500	2017	Caitlin Caruso	IM, Br
2008	Tommy Jankovich	50, 100	2014	Emily Gibson	Br	2017	Mackenzie Degn	50, 100
2008	Michael Tran	Br	2014	Audrey Johnstone	Fly, 500	2017	Marriott Hoffmann	50, 100
2008	Mark Reese	Br	2014	Andrea Laliena	Ba	2017	Abigail Nugent	500, Ba
2008	Garrison Nauman	Ba	2014	Katie McLaughlin	200, Fly	2017	Isabelle Odgers	IM, Br
2009	Alex Delaney	100, 200	2014	Allison Plamondon	100	2017	Bela Patino	IM, Br
2009	Kellie Fecarotta	200, 500	2014	Raquel Remick	50, Fly	2017	Amy Qin	Br
2009	Megan Gehrich	IM, Br	2014	Megan Roby	Fly	2017	Samantha Shelton	200, Ba
2009	Shannon Mack	IM	2014	Jax Shoults	Ba	2017	Jeni Griffin	50, 100
2009	Alex Worthen	Fly	2014	Haley Wan	IM, Br	2017	Allison Plamondon	100
2009	Tommy Jankovich	50, 100	2014	James Betz	200, 100	2017	Noah Brune	200, 500
2009	Alex Lavayen	100	2014	Arturo Cerda	IM, Br	2017	Kevin Tu	200, Ba
2009	Eric Martin	50	2014	Max Cervera	IM	2017	Jackson Odgers	IM, Br
2009	Garrison Nauman	Ba	2014	Aaron Magazine	500	2017	AJ Rossman	50, Ba
2009	Mark Reese	IM, Br	2014	Jerod Magazine	500	2017	Evan Czaja	500
2009	Michael Tran	Br	2014	Marc Morizono	200, 100	2017	Kyle Monteleone	Fl, Ba
2010	Kellie Fecarotta	200, Fly	2014	Alex Qu	IM, Ba	2017	Alexander Qu	Fl, Br
2010	Megan Gehrich	IM, 500	2014	Grant Shoults	200, 100	2017	Kaikea Wilinski	Fl, Ba
2010	Alex Delaney	100, 200	2014	Chris Taber	Fly	2018	Junie Carlos	500, Ba
2010	Shannon Mack	IM, Fly	2015	Katie McLaughlin	200, Fly	2018	Anicka Delgado	50, Fl
2010	Bailey Wilson	Br	2015	Sam Shelton	200, 100	2018	Karen Najera	Ba
2010	Jordan Owens	50	2015	Sydney Franzen	200, 500	2018	Katie Nugent	IM, Br
2010	Garrison Nauman	Ba	2015	Isa Odgers	IM, Br	2018	Jo Odgers	50, 100
2011	Lizzie Devitt	200, 500	2015	Bela Patino	IM, Fly	2018	Natalie Oien	200, 500
2011	Kellie Fecarotta	100	2015	Camryn Barry	100, Ba	2018	Ella Ristic	100, 200
2011	Megan Gehrich	IM, Br	2015	Kristi Fecarotta	IM, 500	2018	Mia Ristic	Fl, Ba
2011	Shannon Mack	IM	2015	Allison Plamondon	50, Fly	2018	Haley Calaiacovo	500
2011	Raquel Remick	Fly	2015	Amy Qin	IM, Br	2018	Caitlin Caruso	IM
2011	Jax Shoults	Ba	2015	Jeni Griffin	50	2018	Mackenzie Degn	200, 500
2011	Haley Wan	IM, Fly	2015	Elizabeth Morris	Br	2018	Miranda Renner	Fl, Br
2011	Patrick Early	IM, 500	2015	Andrea Laliena	Ba	2018	Kimmy Woolfenden	50, Br
2011	Tyler Jankovich	Fly	2015	Maureen McShane	500	2018	Marriott Hoffmann	50, 100
2011	Chad Naughton	200	2015	Grant Shoults	200, 500	2018	Abigail Nugent	Ba
2012	Sydney Franzen	200, 500	2015	Marc Morizono	200, 500	2018	Isabelle Odgers	IM, Br
2012	Audrey Johnstone	Fly, 500	2015	Alexander Qu	IM, Br	2018	Bela Patino	Fly, 100
2012	Lizzie Devitt	IM, 100	2015	Jerod Magazine	500	2018	Samantha Shelton	200, IM
2012	Emily Gibson	Br	2015	Spencer Lupin	50	2018	Lucas Morales-Ostergaard	IM, Ba
2012	Raquel Remick	50, Fly	2015	Chasen Baumgardner	Br	2018	Mike Maurer	Fl
2012	Megan Roby	Fly	2016	Samantha Shelton	200, Fly	2018	Noah Brune	200, 500
2012	Jax Shoults	50, Ba	2016	Emily Boggess	200, 500	2018	Kevin Tu	Fl, Ba
2012	Haley Wan	100, Br	2016	Isabelle Odgers	IM, Br	2018	Jackson Odgers	IM, Br
2012	Kellie Fecarotta	50, Fly	2016	Kristi Fecarotta	IM, 500	2018	AJ Rossman	50, Ba
2012	Megan Gehrich	IM, Br	2016	Marriott Hoffmann	50, 100	2019	Abigail Isaly	Ba
2012	Chris Taber	Fly, 500	2016	Bela Patino	Fly, Br	2019	Anicka Delgado	50, Fl
2012	Andrew Cusator	Br	2016	Amy Qin	Fly, Br	2019	Caitlin Caruso	Br
2012	Max Walsh	Ba	2016	Mackenzie Degn	50, 100	2019	Ella Ristic	200, 100
2012	Stephen Riggins	Ba	2016	Haley Calaiacovo	200, 500	2019	Haley Calaiacovo	200, 500
2013	Emily Boggess	IM	2016	Allison Plamondon	50, Ba	2019	Isabella Abraján	Fl, Ba
2013	Maureen McShane	500	2016	Caitlin Caruso	IM, Br	2019	Jo Odgers	50, 100
2013	Sydney Franzen	200, 500	2016	Jeni Griffin	50, 100	2019	Junie Carlos	IM, Ba
2013	Audrey Johnstone	Fly, 500	2016	Maureen McShane	200, 500	2019	Katie Nugent	IM, Br
2013	Lizzie Devitt	IM, 100	2016	Tyler Johnson	Ba	2019	Karen Najera	200, 500
2013	Emily Gibson	Br	2016	Abigail Nugent	Ba	2019	Kimmy Woolfenden	IM, Br
2013	Raquel Remick	Fly, Ba	2016	Alicia Stewart	100	2019	Lindsay Ervin	50, 100
2013	Megan Roby	Fly	2016	Grant Shoults	200, 500	2019	Mackenzie Degn	200, 500
2013	Jax Shoults	Ba	2016	Marc Morizono	200, 500	2019	Mia Ristic	Fl, Ba
2013	Haley Wan	IM, Br	2016	Kyle Monteleone	Fl, Ba	2019	Miranda Renner	Fl, Br
2013	Grant Shoults	Fly, 500	2016	Kevin Tu	IM, Ba	2019	Natalie Oien	IM, 500
2013	Arturo Cerda	IM, Br	2016	Alexander Qu	IM, Br	2019	Alexander Ness	200, 100
2013	Chris Taber	Fly	2016	Noah Brune	500	2019	Alexandru Ispas	200, 500
2013	Stephen Riggins	Ba	2017	Junie Carlos	Ba	2019	Jack Forsythe	50, 100
2013	Max Walsh	Ba	2017	Anicka Delgado	50, Fl	2019	Kevin Tu	Fl, Ba
2014	Sophia Baia	100	2017	Katie Nugent	IM, Br	2019	Killian McShane	500
2014	Camryn Barry	50, Ba	2017	Jo Odgers	Fl	2019	Lucas Morales-Ostergaard	IM, Ba
2014	Emily Boggess	200, Br	2017	Natalie Oien	200, 500	2019	Michael Maurer	Fl, 500
2014	Taylor Calaiacovo	100	2017	Ella Ristic	200, 500	2019	Noah Brune	200, 500
2014	Lizzie Devitt	200, 100	2017	Mia Ristic	Fl, Ba	2019	Yurian Quinones	50, 100



# Eagles Diving Heritage

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## All-Orange County

1991	Kevin Henricks	Br	2005	Devonie Miguez	Ba	2017	Anicka Delgado	50, 100, Fl
1995	Phillipe Demers	200, Fly	2006	Girls Relays	200 FR	2017	Isabelle Odgers	IM, Br
1996	Phillipe Demers	200, Fly	2008	Mark Reese	Br	2017	Ella Ristic	200
1996	Boys Relays	200, 400 FR	2014	Katie McLaughlin	200, 50, Fly	2017	Girls Relays	2FR, 4FR
1997	Phillipe Demers	200, Fly	2014	Girls Relays	200, 400 FR	2018	AJ Rossman	Ba
1997	Boys Relays	200, 400	2014	Grant Shoults	200, 100	2018	Girls Relays	MR, 2FR, 4FR
1998	Frank Uxa	IM, Ba	2015	Grant Shoults	200, Fly, 500	2018	Samantha Shelton	200, IM
2000	Girls Relays	200 FR	2015	Katie McLaughlin	200, Fly, 100	2018	Isabelle Odgers	IM, Br
2000	Jonathan Russell	100, 200	2015	Girls Relays	MR, 2FR, 4FR	2018	Anicka Delgado	50, Fl
2001	Jonathan Russell	100, 200	2016	Grant Shoults	50, 100, 200	2019	Mackenzie Degn	500
2001	Harris Radie	IM				2019	Anicka Delgado	50, 100, Fl
2001	Boys Relays	200, 400 FR	2016	Boys Relays	400 FR	2019	Miranda Renner	Br
2002	Erika Figge	50	2016	Samantha Shelton	200, Fly	2019	Ella Ristic	200, 100
2002	Girls Relays	200 MR	2016	Mackenzie Degn	50, 100	2019	Girls Relays	MR, 2FR, 4FR
2003	Erika Figge	50	2016	Isabelle Odgers	Br	2019	Noah Brune	500
2003	Girls Relays	200 FR	2017	Samantha Shelton	100, 200, Ba			

## CIF Champions

1990	Kevin Henricks	Br	2014	C. Barry, R. Remick,	200 FR	2017	Samantha Shelton	Ba
1991	Kevin Henricks	Br		L. Devitt, K. McLaughlin		2017	E. Ristic, M. Degn,	400 FR
1995	Phillipe Demers	Fly	2014	L. Devitt, S. Franzen,	400 FR		A. Delgado, S. Shelton	
1995	Phillipe Demers	200		E. Boggess, K. McLaughlin		2018	E. Ristic, I. Odgers,	200 MR
1996	Phillipe Demers	Fly	2015	Grant Shoults	200		M. Ristic, Hoffmann	
1996	Phillipe Demers	200	2015	Grant Shoults	500	2018	Samantha Shelton	200
1996	P. Demers, J. Peterson,	200 FR	2015	Katie McLaughlin	200	2018	Isabella Odgers	IM
	D. Jensen, F. Uxa		2015	Katie McLaughlin	Fly	2018	Anicka Delgado	50
1997	Phillipe Demers	Fly	2015	S. Shelton, S. Franzen	400 FR	2018	Anicka Delgado	Fly
1997	Phillipe Demers	200		C. Barry, K. McLaughlin		2018	Ella Ristic	100
1998	Frank Uxa	IM	2016	Grant Shoults	200	2018	Delgado, Hoffmann,	200 FR
1998	Frank Uxa	Ba	2016	Grant Shoults	500		Degn, Shelton	
2000	S. Packard, E. Figge,	200 MR	2016	Samantha Shelton	200	2018	Isabella Odgers	Breast
	K. Buhagiar, J. Kroeze		2016	Samantha Shelton	Fly	2018	Delgado, Degn,	400 FR
2000	S. Packard, B. Peterson,	200 FR	2016	M. Degn, M. Hoffmann	200 FR		E. Ristic, Shelton	
	J. Kroeze, E. Figge		2016	J. Griffin, S. Shelton		2019	Abrajan, Nugent,	200 MR
2000	Jonathan Russell	200	2016	M. Degn, E. Boggess	400 FR		Renner, M. Ristic	
2001	Jonathan Russell	100		I. Patino, S. Shelton		2019	Anicka Delgado	50
2001	Harris Radie	IM	2017	Samantha Shelton	200	2019	Anicka Delgado	Fly
2006	D. Anderson, B. Gordon,	200 FR	2017	Ella Ristic	200	2019	Delgado, Ervin,	200 FR
	K. Whichard, D. Miguez		2017	Anicka Delgado	Fly		E. Ristic, Degn	
2014	Katie McLaughlin	200	2017	Ella Ristic	500	2019	Delgado, Ervin,	400 FR
2014	Katie McLaughlin	Fly	2017	A. Delgado, M. Hoffmann	200 FR		E. Ristic, Degn	
2014	Grant Shoults	200						

## State Champions

2017	M. Degn, J. Odgers	200 FR	2018	Delgado, Degn,	400 FR	2019	Ella Ristic	200
	M. Hoffmann, A. Delgado			E. Ristic, Shelton		2019	Ella Ristic	100
2018	Delgado, Hoffmann,	200 FR	2019	Anicka Delgado	50	2019	E. Ristic, Ervin,	400 FR
	Degn, Shelton		2019	Delgado, Ervin,	200 FR		Renner, Delgado	
				M. Ristic, E. Ristic				





## All-CIF

1991	Megan Edmunds	Diving	2002	Shannon McKeon	Diving	2014	Paige Gohr	Diving
1992	Erin McGinty	Diving	2002	Erika Mannix	Diving	2014	Annie Whelan	Diving
1992	Wendy Chase	Diving	2005	Caitlin Atkinson	Diving	2014	Mason Fredenberg	Diving
1992	Caroline Kelley	Diving	2006	Caitlin Atkinson	Diving	2014	Peter Menke	Diving
1993	Erin McGinty	Diving	2007	Kahley Rowell	Diving	2015	Paige Gohr	Diving
1993	Wendy Chase	Diving	2008	Kelly Kenney	Diving	2015	Londen Christensen	Diving
1993	Caroline Kelley	Diving	2008	Kahley Rowell	Diving	2015	Joelle Weltner	Diving
1993	Megan Edmunds	Diving	2009	Kahley Rowell	Diving	2015	Mason Fredenberg	Diving
1994	Erin McGinty	Diving	2009	Izzy Choquehuanca	Diving	2016	Paige Gohr	Diving
1994	Caroline Kelley	Diving	2009	Kelly Kenney	Diving	2016	Londen Christensen	Diving
1994	Megan Edmunds	Diving	2009	Conor Murphy	Diving	2016	Joelle Weltner	Diving
1995	Erin McGinty	Diving	2009	Chandler Espinoza	Diving	2016	Peter Menke	Diving
1995	Wendy Chase	Diving	2010	Izzy Choquehuanca	Diving	2017	Paige Gohr	Diving
1995	Julie Egus	Diving	2010	Conor Murphy	Diving	2017	Londen Christensen	Diving
1995	Caroline Kelley	Diving	2010	Chandler Espinoza	Diving	2017	Joelle Weltner	Diving
1996	Kristen Marquis	Diving	2010	Aidan Daoussis	Diving	2017	Alexandra Barnes	Diving
1997	Kristen Marquis	Diving	2011	Izzy Choquehuanca	Diving	2017	Juan Cerda	Diving
1998	Kristen Marquis	Diving	2011	Payton Gabris	Diving	2017	Nicholas Leavell	Diving
1998	Rachelle Routsong	Diving	2011	Annie Whelan	Diving	2018	Alexandra Barnes	Diving
1998	Owen Lyle	Diving	2012	Izzy Choquehuanca	Diving	2018	Londen Christensen	Diving
1999	Rachelle Routsong	Diving	2012	Payton Gabris	Diving	2018	Joelle Weltner	Diving
1999	Erin McKeon	Diving	2012	Annie Whelan	Diving	2018	Nicholas Leavell	Diving
1999	Shannon McKeon	Diving	2013	Payton Gabris	Diving	2019	Alexandra Barnes	Diving
1999	Owen Lyle	Diving	2013	Annie Whelan	Diving	2019	Kayla Haigh	Diving
2000	Shannon McKeon	Diving	2013	Mason Fredenberg	Diving	2019	Nicholas Leavell	Diving
2000	Erin McKeon	Diving	2013	Peter Menke	Diving	2019	Rhys Davies	Diving
2000	Rachelle Routsong	Diving	2014	Payton Gabris	Diving	2019	Ian Asuncion-Duong	Diving
2001	Shannon McKeon	Diving						

## All-Orange County

1996	Kristen Marquis	Diving	2012	Izzy Choquehuanca	Diving	2019	Alexandra Barnes	Diving
1998	Kristen Marquis	Diving	2018	Nicholas Leavell	Diving	2019	Nicholas Leavell	Diving
2010	Conor Murphy	Diving						

## All-American

1997	Kristen Marquis	Diving	2009	Kahley Rowell	Diving	2013	Annie Whelan	Diving
1998	Kristen Marquis	Diving	2010	Izzy Choquehuanca	Diving	2014	Annie Whelan	Diving
1998	Rachelle Routsong	Diving	2010	Conor Murphy	Diving	2017	Alexandra Barnes	Diving
2005	Caitlin Atkinson	Diving	2011	Izzy Choquehuanca	Diving	2018	Alexandra Barnes	Diving
2006	Caitlin Atkinson	Diving	2012	Izzy Choquehuanca	Diving	2018	Nicholas Leavell	Diving
2008	Kahley Rowell	Diving	2012	Payton Gabris	Diving	2019	Kayla Haigh	Diving

## CIF Champions

1996	Kristen Marquis	Diving	1998	Kristen Marquis	Diving	2019	Nicholas Leavell	Diving
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# Swimming All-American

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## All-Americans

1990	Kevin Henricks	Br	2003	Erika Figge	50, 100	2016	Samantha Shelton	50, 100, 200, 500, Fly
1991	Carrie Gammel	IM, Br	2003	Stephanie Scott	IM, Ba	2016	Isabelle Odgers	IM, Br
1991	Kevin Henricks	Br	2003	Sarah Hamilton	Br	2016	Mackenzie Degn	50, 100
1993	Girls Relays	200 FR, 400 FR	2003	Devonie Migues	Ba	2016	Girls Relays	200 FR, 400 FR
1994	Katie Cramm	200, 500	2003	Girls Relays	MR, 200 FR	2016	Grant Shoults	50, 100, 200, 500, Fly
1994	Girls Relays	200 FR, 400 FR	2003	Doug Ciolli	50	2016	Marc Morizono	500
1994	Brendan Herlihy	500	2003	Boys Relays	200 FR, 400 FR	2016	Noah Brune	500
1994	Phillipe Demers	IM, Fly	2004	Devonie Migues	Ba	2016	Boys Relays	200 MR, 400 FR
1994	Boys Relays	200 FR, 400 FR	2005	Devonie Migues	50, Ba	2017	Samantha Shelton	200, 100, Ba
1995	Katie Cramm	200, 500	2006	Devonie Migues	Ba	2017	Anicka Delgado	50, Fly, 100
1995	Phillipe Demers	IM, Fly	2006	Brett Chamberlain	500	2017	Ella Ristic	200, 100, 500
1995	Boys Relays	200 FR	2006	Girls Relays	200 FR	2017	Isabelle Odgers	IM, Br
1996	John Peterson	100	2007	Meagan Brown	500	2017	Mackenzie Degn	50, 100
1996	Phillipe Demers	50, 100, 200, Fly	2007	Rickey Wilson	Br	2017	Marriott Hoffmann	50
1996	Boys Relays	200 FR, 400 FR	2008	Meagan Brown	500	2017	Girls Relays	MR, 200 FR, 400 FR
1997	Girls Relays	200 FR	2008	Mark Reese	Br	2017	AJ Rossman	50, Ba
1997	Frank Uxa	100, Ba	2009	Mark Reese	Br	2017	Alexander Qu	Br
1997	Matt Martin	500	2011	Megan Gehrich	IM	2017	Kevin Tu	Ba
1997	Phillipe Demers	50, 100, 200, Fly	2011	Girls Relays	200 MR	2017	Boys Relays	MR, 400 FR
1997	Boys Relays	200 FR, 400 FR	2012	Lizzie Devitt	IM	2018	Noah Brune	500
1998	Frank Uxa	IM, Ba	2012	Jax Shoults	Ba	2018	AJ Rossman	Ba
1998	Boys Relays	200 FR, 400 FR	2012	Girls Relays	400 FR	2018	Samantha Shelton	200, IM, 100
1999	Shannon Packard	Ba	2013	Girls Relays	MR, 400 FR	2018	Ella Ristic	200, 100
1999	Girls Relays	200 MR, 200 FR	2013	Sydney Franzen	200, 500	2018	Mackenzie Degn	200, 500
2000	Erika Figge	50, Br	2013	Lizzie Devitt	IM	2018	Isabelle Odgers	IM, Br
2000	Shannon Packard	IM, Ba	2013	Grant Shoults	500, Fly	2018	Anicka Delgado	50, Fly, 100
2000	Girls Relays	200 MR, 200 FR	2014	Katie McLaughlin	50, 100, 200, 500, Fly	2018	Kimmy Woolfenden	Br
2000	Edmund Herlihy	500	2014	Sydney Franzen	200, 500	2018	Katie Nugent	Br
2000	Harris Radie	Ba	2014	Lizzie Devitt	200	2018	Girls Relays	MR, 200 FR, 400 FR
2000	Jonathan Russell	100, 200	2014	Girls Relays	MR, 200 FR, 400 FR	2019	Noah Brune	500
2001	Erika Figge	50	2014	Grant Shoults	100, 200, Fly	2019	Alexandru Ispas	500
2001	Shannon Packard	Ba	2014	Boys Relays	400 FR	2019	Boys Relays	200 FR, 400 FR
2001	Jaime Hosner	500	2015	Katie McLaughlin	50, 100, 200, 500, Fly, Ba, IM	2019	Ella Ristic	200, 100, Ba
2001	Girls Relays	200 FR, 400 FR	2015	Samantha Shelton	100, 200	2019	Anicka Delgado	50, Fly, 100
2001	Edmund Herlihy	500	2015	Sydney Franzen	200, 500	2019	Mackenzie Degn	200, 100, 500
2001	Harris Radie	IM, Ba	2015	Girls Relays	200 MR, 400 FR	2019	Isabella Abrajan	Fly, Ba
2001	Jonathan Russell	100, 200, Ba	2015	Grant Shoults	100, 200, 500, Fly, IM	2019	Lindsay Ervin	50, 100
2001	Boys Relays	400 FR	2015	Marc Morizono	200, 500	2019	Mia Ristic	Fly
2002	Stephanie Scott	Ba	2015	Alexander Qu	Br	2019	Miranda Renner	Br
2002	Sarah Hamilton	Br	2015	Boys Relays	400 FR	2019	Katie Nugent	Br
2002	Erika Figge	50, 100				2019	Girls Relays	MR, 200 FR, 400 FR
2002	Girls Relays	MR, 200, 400 FR				2020	Girls Relays	400 FR
2002	Doug Ciolli	50, 100						
2002	Boys Relays	400 FR						

Swimmers are selected as All-Americans if they achieve an All-American time standard and are among the top 100 in the United States in their event.





### Academic All-Americans

1999	Natalie Hornak	2010	Brian Maurer	2017	Daniel Fang
2001	Lauren Edwards	2010	Shannon Mack	2017	Kyle Monteleone
2001	Katy Kunkel	2011	John Morin	2017	Alexander Qu
2002	Joaquin Pelaez	2012	Lauren Azarvand	2017	Kaikea Wilinski
2002	Jessica Ahlering	2012	Alex Cook	2018	Cody Henmi
2002	Kristina Kunkel	2012	Megan Gehrich	2018	Jackson Odgers
2002	Nicole Loftus	2012	Andrew Cusator	2018	AJ Rossman
2002	Darcy Mulhaupt	2012	Jacob Enriquez	2018	Hannah Ashbrook
2003	Doug Ciolli	2012	Kyle Olson	2018	Amber Henmi
2004	Ryan Archdeacon	2013	Jill Kennedy	2018	Marriott Hoffmann
2004	Satoshi Kido	2013	Alex Czaja	2018	Caroline Needell
2004	Brittany Hosner	2013	Riley Smith	2018	Isabelle Odgers
2005	Michael Connor	2013	Max Walsh	2018	Samantha Shelton
2005	Mary Cousineau	2014	Kacey Avalos	2018	Joelle Weltner
2005	Kristin Palase	2014	Kelli Baumgardner	2019	Haley Calaiacovo
2005	Cristina Pelaez	2014	Lizzie Devitt	2019	Caitlin Caruso
2006	Trudy Chancellor	2014	Haley Wan	2019	Miranda Renner
2006	Kathryn Leahy	2014	Annie Whelan	2019	Kimmy Woolfenden
2006	Katie Whichard	2014	James Betz	2019	Noah Brune
2007	Mark Connor	2014	Axel Reed	2019	Carson Ferrara
2007	Stephanie Lavayen	2015	Peggy Goonan	2019	Jack Forsythe
2007	Amanda Nauman	2015	Bruno Giacobbe	2019	Nicholas Leavell
2008	Kacey Anderson	2015	Scott Reese	2019	David Pearson
2008	Mackenzie Maurer	2016	Emily Boggess	2019	Kevin Tu
2008	Amy Miller	2016	Kristi Fecarotta	2020	Junie Carlos
2009	Alex Worthen	2016	Maureen McShane	2020	Anicka Delgado
2009	Paul Connor	2016	Elizabeth Morris	2020	Kayla Haigh
2009	Mark Reese	2016	Sarah Niemi	2020	Karen Najera
2009	Robert Tungate	2016	Austin Clark	2020	Josette Odgers
2010	Alex Delaney	2016	Marc Morizono	2020	Natalie Oien
2010	Samantha Goff	2016	Grant Shoult	2020	Ella Ristic
2010	Dante Luke	2016	Gregor Yacoubian	2020	Mia Ristic
2010	Kassandra Smith	2017	Grace Dawson	2020	Sophia Tiu
2010	Sarah Tennis	2017	Jeni Griffin	2020	Allen Lu
2010	Mollie Touve	2017	Paige Gohr	2020	Michael Maurer
2010	Bailey Wilson	2017	Allison Plamondon	2020	Killian McShane
2010	Rutger Choquehuanca	2017	Evan Czaja		

Athletes are selected as Academic All-Americans if they achieve a 3.75 cumulative GPA, are a senior, and have a varsity letter. Selection by the NISCA.





## Girls Junior Varsity

200 Medley Relay	Andrea Smith, Mary Kate Tracy, Alicia Stewart, Kori Bento	1:53.00	2018
200 Freestyle	Kelli Baumgardner	1:57.71	2013
100 Individual Medley	Jessica Ahlering	1:08.93	2000
200 Individual Medley	Caitlin Caruso	2:10.40	2018
50 Freestyle	Maya Pinedo	:24.69	2018
50 Butterfly	Sarah Niemi	:27.31	2014
100 Butterfly	Alicia Stewart	:59.24	2018
100 Freestyle	Maya Pinedo	:53.67	2018
500 Freestyle	Caroline Needell	5:14.17	2015
200 Freestyle Relay	Katie Martin, Amber Henmi, Jordan Werkmeister, Kori Bento	1:43.61	2018
50 Backstroke	Abigail Nugent/Tyler Johnson	:29.04	2016/2017
100 Backstroke	Abigail Nugent	1:01.16	2016
50 Breaststroke	Caitlin Caruso	:31.39	2018
100 Breaststroke	Caitlin Caruso	1:06.30	2018
400 Freestyle Relay	Caitlin Caruso., Jordan Werkmeister, Katie Martin, Maya Pinedo	3:43.50	2018

## Boys Junior Varsity

200 Medley Relay	David Bao, Dylan Radovic, Spencer Lupin, Sam Slobodien	1:42.16	2014
200 Freestyle	Kyle Monteleone	1:47.85	2014
100 Individual Medley	Mark Zakrzewski	1:02.26	1996
200 Individual Medley	Spencer Lupin	2:03.08	2014
50 Freestyle	Sam Slobodien	:21.94	2014
50 Butterfly	David Bao	:25.80	2014
100 Butterfly	Tyler Jankovich	:55.35	2009
100 Freestyle	Angel Sanchez	:48.85	2018
500 Freestyle	Harry Needell	4:48.58	2019
200 Freestyle Relay	Spencer Lupin, Bruno Giacobbe, Jack Garcia, Sam Slobodien	1:30.65	2014
50 Backstroke	Harry Needell	:26.43	2019
100 Backstroke	Harry Needell	:56.76	2019
50 Breaststroke	Derek Elbertse	:29.63	2007
100 Breaststroke	Spencer Lupin	1:03.52	2014
400 Freestyle Relay	Harry Needell, Dylan Farrell, Zach Hundley, Riley Ballantyne	3:21.31	2019



### Girls Open

200 Medley Relay	May Li, Elizabeth Morris, Hannah Johnston, Fiona Goh	2:00.88	2013
200 Freestyle	Natalie Tuerk	2:00.46	2016
100 Individual Medley	Kristine Liao	1:04.90	2014
50 Freestyle	Delaney Mazelin	:25.78	2015
50 Butterfly	Kristine Liao	:29.03	2014
100 Freestyle	Natalie Tuerk	:55.81	2016
200 Freestyle Relay	Alexa Hines, Nisha Goddard, Kristine Liao, Riley Cunningham	1:46.98	2014
50 Backstroke	May Li	:29.90	2013
50 Breaststroke	Elizabeth Morris	:33.95	2013
400 Freestyle Relay	Renee Gentry, Alexa Hines, Delaney Mazelin, Riley Cunningham	3:50.52	2014

### Boys Open

200 Medley Relay	Alessandro Ostergaard, Jake Glassman, Joe Romo, Patrick McGowan	1:50.20	2018
200 Freestyle	Adam Engelke	1:53.75	2016
100 Individual Medley	David Pearson	1:01.08	2017
50 Freestyle	Brian Hastings	:23.83	2010
50 Butterfly	Jacob Wright	:25.37	2015
100 Freestyle	Jacob Wright	:51.92	2015
200 Freestyle Relay	Sam Slobodien, Bruno Giacobbe, Andrew Pahl, Jack Garcia	1:36.35	2013
50 Backstroke	Austin Clark	:28.73	2013
50 Breaststroke	Shane Baird	:30.97	2019
400 Freestyle Relay	Sam Slobodien, Bruno Giacobbe, Austin Clark, Jack Garcia	3:36.70	2013



# Eagles Boys Junior Varsity

swim&dive

# 2021



## NAME

## CLASS

## HEIGHT

## EVENTS

Shane Baird	Senior	5'10"	Breaststroke, IM
Lucky Chavez	Senior	5'9"	Freestyle, Breaststroke
Connor Cohen	Senior	6'1"	Freestyle, Backstroke
William Oertel	Senior	5'10"	Backstroke, Freestyle
Andrew Travis	Senior	5'9"	Freestyle, Butterfly
Benjamin Drago	Junior	5'10"	Breaststroke, IM
Naveen Gulati	Junior	5'6"	Freestyle, Butterfly
Alexandre Han	Junior	5'4"	Distance, IM
Daniel Palfi	Junior	5'6"	Freestyle, Breaststroke
Quint Steffey	Junior	6'0"	Sprints, Butterfly
Diego Dilao	Sophomore	5'6"	Breaststroke, IM
Eugenio Navarro	Sophomore	5'7"	Butterfly, Distance
Tyler Ringhofer	Sophomore	5'8"	Distance, Breaststroke
Dean Fujimoto	Freshman	6'0"	Backstroke, Freestyle
Ryan Hattar	Freshman	5'8"	Butterfly, Distance
Cole Matsuoka	Freshman	5'5"	Breaststroke, IM
Rory McCarthy	Freshman	6'3"	Sprints, Distance



The coaching staff has been looking forward to the 2021 Boys JV and Frosh/Soph swim seasons since....well, since March 13, 2020. With a new and renewed season upon us, the 2021 Boys JV and Frosh/Soph teams are shaping up into a talented group.

The senior class begins with breaststroke school-record holder **Shane Baird**. Shane broke the frosh/soph record in a :30.97 and won the Trinity league title. **Lucky Chavez** has been swimming with the Gators Swim Club to prep for his final two season with the Eagles. **Connor Cohen** will bring speed to the sprint group once the water polo season is over. **William Oertel** has found his niche in the backstroke and IM events after placing in league finals in both races in 2019. **Andrew Travis** returns to SM swimming and is a welcomed addition to the swim family.

Junior **Benjamin Drago** will pick up where he left off in 2020 with quick breaststroke swims and improving IM times. **Naveen Gulati** found his skills in freestyle spring and breaststroke in 2019 and is ready for the challenge in 2021. **Alexandre Han** crushes it in distance freestyle and aims for a high league finish in the 200 and 500 frees. **Nicholas Mananghaya** transfers in from JSerra and has the frame to be a speedy backstroke swimmer. **Daniel Palfi** is a strong fly/IM combo swimmer who returns back to the SM swimming fold. **Dylan Perez-Quevedo** quietly takes on the tough events for the team, including the 500 free. Newcomer **Christian Slattery** already shows a penchant for the sprint freestyles and breaststroke. **Quint Steffey** is one of the top sprinters in the Trinity League and is ready to show how it's done.

The sophomore class starts out with **Trent Coulston**. Trent was on his way to a fine season last year and wants to vault right back where he left off. **Sander Dawson** is one of our newest transfer students who is also a stout water polo player. **Diego Dilao** was on fire last year and had all but written his name into the school record books with his swift breaststroke time (1:04.41). **Darius Mahjoob** has the makings of a top flight backstroke swimmer and middle distance freestyler. **Ryan McClintick** was the surprise of 2020 but won't be a secret this year with his rapid freestyle swims. **Eugenio Navarro** was setting the standard last year in his training and now wants the pay off in his best events—24.40 and

52.33 in the 50 and 100 frees. **Tyler Ringhofer** was another workout titan who swam in the “animal lane” designated for the toughest swimmers—look for massive time drops in the breaststroke (1:07.73) and 100 free (:52.24). **Andrew Smet** has come a long way from freshman swim camp to ultra-consistent swimmer and teammate. **Daniel van Lille** was another swim camper hitting his stride when the 2020 season ended—he can now fulfill his swimming destiny this year. **Richard Yu** keeps growing and keeps seeing his times drop—he has an unlimited horizon.

An exciting group of freshmen make their debut. **Tyler Davis** arrives from San Juan Hills HS for his first high school swim season and has the ability and potential to develop into a superlative sprinter. **Liam Dowd** shows promise in the freestyle and breaststroke and will add much needed depth to the team. **Dean Fujimoto** is ready to pounce on the swimming scene and has been on fire as of late with P.R.'s in the back (:57.04), 500 (5:02.79), and IM (2:06.04). **Ryan Hattar** is a star in the making with CIF potential in the 500 free (5:05.15) and the fly (:55.45). **Cole Matsuoka** swims for SET and already is way ahead of his best times in the breaststroke and IM and will be one of the top swimmers in the Trinity League by season's end. **Rory McCarthy** brings his 6'3" frame and off-the-chart potential to the 100, 200, and 500 frees (:54.06, 1:57.12, and 5:12.28). **Ben Merrill** is a natural-born swimmer who will surprise people with his swim speed by the end of the year. **Miller Redfern** arrives with experience from Dolphin Aquatics and will finish this season much faster than his best times in the 50 and 100 freestyles (:26.63, :59.88). **Luca Simic**, also from SET Aquatics, is already showcasing his swimming ability and will be markedly faster immediately in the freestyle sprints (:26.11 and 1:00.16).





# Eagles Boys Open

swim&dive

# 2021



## NAME

## CLASS

## HEIGHT

## EVENTS

Nicholas Mananghaya	Junior	6'0"	Freestyle, Backstroke
Dylan Perez-Quevedo	Junior	5'8"	Freestyle, Backstroke
Christian Slattery	Junior	5'9"	Backstroke, Freestyle
Trent Coulston	Sophomore	5'10"	Freestyle, Backstroke
Sander Dawson	Sophomore	5'5"	Freestyle, Backstroke
Darius Mahjoo	Sophomore	6'0"	Backstroke, Freestyle
Ryan McClintick	Sophomore	5'7"	Sprints, Butterfly
Andrew Smet	Sophomore	5'7"	Freestyle, Backstroke
Daniel van Lille	Sophomore	5'11"	Backstroke, Freestyle
Richard Yu	Sophomore	6'0"	Sprints, Breaststroke
Tyler Davis	Freshman	5'11"	Sprints, Butterfly
Liam Dowd	Freshman	5'8"	Freestyle, Backstroke
Ben Merrill	Freshman	5'5"	Freestyle, Backstroke
Miller Redfern	Freshman	6'1"	Sprints, Breaststroke
Luca Simic	Freshman	5'7"	Breaststroke, IM

**NAME****CLASS****HEIGHT****EVENTS**

Lizzie Dilao	Senior	5'2"	Freestyle, IM, Butterfly
Larissa Farhadi	Senior	5'5"	Breaststroke, Freestyle
Katie Gasper	Senior	5'6"	Sprints, Butterfly
Cailin Holt	Senior	5'10"	Butterfly, Sprints
Michelle Mitov	Senior	5'3"	Breaststroke, IM, Sprints
Liz Mizejewski	Senior	5'9"	Sprints, Breaststroke
Makena Tozzer	Senior	5'7"	Backstroke, Freestyle
Morgan Davies	Junior	5'0"	Butterfly, Sprints
Mikayla Gargantiel	Junior	5'2"	Breaststroke, IM, Sprints
Ruby Hodge	Junior	5'8"	Sprints, Breaststroke, IM
Hannah James	Junior	5'4"	Butterfly, Freestyle
Emily McCarthy	Junior	5'8"	Freestyle, IM, Butterfly
Miranda Riley	Junior	5'5"	Butterfly, Freestyle, IM
Leah Healy	Sophomore	5'4"	Butterfly, Backstroke, IM
Savannah Mellott	Sophomore	5'3"	Distance, IM, Butterfly
Mila Drakeford	Freshman	5'8"	Sprints, Breaststroke, Fly
Brooke Etter	Freshman	5'4"	Sprints, Breaststroke
Kaitlyn Kreb	Freshman	5'8"	Sprints, Distance
Zoe Le	Freshman	5'5"	Backstroke, Freestyle
Makenna Wilson	Freshman	5'5"	Distance, Butterfly, IM



If 2020 was the year of “hold the presses,” then 2021 will be the year for banner headlines. The 2021 Girls Junior Varsity and Frosh/Soph look to regain their Trinity League dominance as the swim season restarts.

The senior class is led by **Lizzie Dilao**. Lizzie is a top 5 league finalist in 2019 in the fly (1:05.06) and back (1:06.33). **Larissa Farhadi** brings her breaststroke speed (:39.93) to the team in her fourth year with the Eagles. **Katie Gasper** has great freestyle speed and can be a league finalist in the 50 and 100 frees. **Cailin Holt** owns a 1:04.00 100 fly and can challenge for a league title. **Michelle Mitov** is a versatile swimmer who has finaled at league in the fly, back, breast, and IM in her career. **Liz Mizejewski** is the definition of “team-player” who pushes herself to improve and support her teammates. **Makena Tozzer** returns to the team and is eyeing a league title in the backstroke.

The talented junior class starts with **Morgan Davies**. Morgan owns blistering butterfly speed (league champ in the 50 fly) that translates into fast IM times as well. **Mika Gargantiel** won the '19 league title in the 100 breast (1:10.47) and a CIF consideration time. **Ruby Hodge** is a star water polo player and a league finalist candidate in the freestyle sprints. **Hannah James** was a league finalist in the breaststroke in 2019 and ready to try the 100 yard events. **Emily McCarthy** claimed the 2019 league title in the 100 free (1:00.44) and possess freestyle speed that stretches tot the 200. **Miranda Riley** is a fly specialist with CIF speed (1:02.99 in 2019) and brings extensive club experience to the team.

The sophomores are ready to take on the Trinity League after missing their first opportunity last year. **Gabby Alvarez** brings experience from the Socal swim team to SM. **Sara Block** incorporates her competitiveness from water polo to the swim team. **Ava Chmkehaleh** has great range on her freestyle with her best times (:29.39, 1:02.74, 2:15.20) in the free sprints. **Isabella DeSanto** is a club swimmer from Gators and Dolphin who will add tremendous depth to the team. **Chloe Feters** was off to a blistering start in 2020 and will be a force in the fly and sprints. Speaking of quick starts, **Kassidy Goddard** was on pace to break the Frosh/Soph school record in the backstroke last year and now will aim for a CIF consideration time. **Leah Healy** brings a hard-working mentality to every practice and was in line with breaking the JV school record in the

fly last year. **Camryn Hoppe** was a revelation in the sprints and breaststroke last year and is ready for the next step in 2021. **Natasha Kieckhafer** joined the team last year to swim in one meet before the season closed down and showed the swimming world her potential. **Savannah Mel-lott** was relentless with her training and took on every set thrown at her—watch for league titles in the fly, IM, or distance. **Avery Plum** has the competitive fire from polo and the natural swimming ability to build a top-flight sprinter.

Multiple freshmen will make their mark on the program with many possessing future varsity speed. **Mila Drakeford's** sprinting prowess (:25.94, :56.92) and power in the fly (1:02.42) makes her a triple threat for league titles. **Brooke Etter's** sprint speed (:27.00 and breaststroke P.R. (1:13.32) adds a powerful dimension to the Eagles swim team. **Pauline Jong** is giving swimming a go and is ready to challenger herself to become the best swimmer she can. **Lauren Kirby** is a welcomed addition to the team with a bright future ahead of her in the freestyle and breaststroke. **Kaitlyn Kreb** adds another aspect to the sprint corps of the team with impressive times in the 50 (:26.06) and the 100 freestyles (:56.92). **Anna Krishnan** demonstrates classic freestyle technique to the tune of a :27.70 and 1:02.60 best times in the 50 and 100 freestyles. **Zoe Le** has been improving by leaps and bounds and is zeroing in on CIF times in the 100 back (1:01.98) and the 200 IM (2:16.52). **Kelly Lu** has already indicated her potential with her hard work and will greatly improve on her 1:02.34 and 2:20.37 100 and 200 freestyles. **Katie Mulvihill** continues the family tradition with Eagle swimming and the coaches cannot wait to work with her this season. **Katie Pfeiffer** strives to improve each day and has already show her coaches her “can-do” attitude and great butterfly speed (1:12.70). **Makenna Wilson** is a star on the rise with her mid-range to distance freestyle times (:56.97, 2:03.37, 5:33.05).





NAME	CLASS	HEIGHT	EVENTS
Gabby Alvarez	Sophomore	5'2"	Backstroke, Freestyle
Sara Block	Sophomore	5'6"	Freestyle, Backstroke
Ava Chamkhaleh	Sophomore	5'6"	Breaststroke, IM
Isabella DeSanto	Sophomore	5'4"	Freestyle, Backstroke
Chloe Fetters	Sophomore	5'6"	Freestyle, Butterfly
Kassiby Goddard	Sophomore	5'4"	Sprints, Backstroke
Camryn Hoppe	Sophomore	5'6"	Freestyle, Breaststroke
Natasha Kieckhafer	Sophomore	5'9"	Sprints, IM
Avery Plum	Sophomore	5'6"	Sprints, Breaststroke
Pauline Jong	Freshman	5'3"	Freestyle, Backstroke
Lauren Kirby	Freshman	5'7"	Freestyle, Backstroke
Anna Krishnan	Freshman	5'5"	Butterfly, Freestyle
Kelly Lu	Freshman	5'3"	IM, Butterfly
Katherine Mulvihill	Freshman	5'5"	Backstroke, Freestyle
Katie Pfeiffer	Freshman	5'6"	Butterfly, IM



# All-Time Records

swim&div

# 2021

## Girls Varsity

## Boys Varsity

Year	Record	Coach	League	CIF (div.)
1993	(1-8)	Geoff Marcoux	5th	7th (II)
1994	(9-1-1)	Rick Rowland	2nd	3rd (II)
1995	(8-2)	Rick Rowland	3rd	19th (I)
1996	(5-6)	Rick Rowland	4th	23rd (I)
1997	(7-5)	Rick Rowland	2nd	11th (I)
1998	(7-5)	Rich Blanc	2nd	9th (I)
1999	(10-3)	Rich and Ron Blanc	2nd	7th (I)
2000	(11-0)	Rich and Ron Blanc	Champs	Champs (II)
2001	(8-1)	Rich and Ron Blanc	Champs	5th (I)
2002	(9-0)	Rich and Ron Blanc	Champs	2nd (I)
2003	(7-2)	Rich and Ron Blanc	Champs	3rd (I)
2004	(9-1-1)	Rich and Ron Blanc	Champs	15th (I)
2005	(9-2)	Rich and Ron Blanc	Champs	6th (I)
2006	(7-1)	Rich and Ron Blanc	Champs	2nd (I)
2007	(8-1)	Rich and Ron Blanc	Champs	16th (I)
2008	(7-3)	Rich and Ron Blanc	Champs	9th (I)
2009	(6-2)	Rich and Ron Blanc	Champs	15th (I)
2010	(6-2)	Rich and Ron Blanc	Champs	14th (I)
2011	(7-1)	Rich and Ron Blanc	Champs	5th (I)
2012	(8-0)	Rich and Ron Blanc	Champs	3rd (I)
2013	(8-0)	Rich and Ron Blanc	Champs	3rd (I)
2014	(7-0)	Rich and Ron Blanc	Champs	Champs (I)
2015	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2016	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2017	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2018	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2019	(6-0)	Rich and Ron Blanc	Champs	Champs (I)
2020	(1-0)	Rich and Ron Blanc	NA	NA

Year	Record	Coach	League	CIF (div.)
1993	(1-8)	Geoff Marcoux	5th	30th (II)
1994	(5-6)	Rick Rowland	4th	6th (I)
1995	(4-6)	Rick Rowland	5th	11th (I)
1996	(10-1)	Rick Rowland	2nd	2nd (I)
1997	(9-3)	Rick Rowland	2nd	2nd (I)
1998	(9-3)	Rick Rowland	2nd	3rd (I)
1999	(5-7-1)	Rich and Ron Blanc	5th	11th (I)
2000	(8-3)	Rich and Ron Blanc	Champs	3rd (I)
2001	(8-1)	Rich and Ron Blanc	Champs	2nd (I)
2002	(7-2)	Rich and Ron Blanc	2nd	8th (I)
2003	(6-3)	Rich and Ron Blanc	2nd	9th (I)
2004	(6-4-1)	Rich and Ron Blanc	2nd	42nd (I)
2005	(9-2)	Rich and Ron Blanc	Champs	31st (I)
2006	(5-3)	Rich and Ron Blanc	Champs	14th (I)
2007	(5-4)	Rich and Ron Blanc	Champs	18th (I)
2008	(7-3)	Rich and Ron Blanc	Champs	20th (I)
2009	(6-2)	Rich and Ron Blanc	Champs	17th (I)
2010	(5-3)	Rich and Ron Blanc	2nd	33rd (I)
2011	(8-0)	Rich and Ron Blanc	Champs	46th (I)
2012	(6-2)	Rich and Ron Blanc	2nd	39th (I)
2013	(8-0)	Rich and Ron Blanc	Champs	21st (I)
2014	(7-0)	Rich and Ron Blanc	Champs	16th (I)
2015	(6-1)	Rich and Ron Blanc	2nd	6th (I)
2016	(6-0-1)	Rich and Ron Blanc	2nd	3rd (I)
2017	(6-1)	Rich and Ron Blanc	2nd	5th (I)
2018	(5-2)	Rich and Ron Blanc	Champs	8th (I)
2019	(6-1)	Rich and Ron Blanc	Champs	2nd (I)
2020	(0-1)	Rich and Ron Blanc	NA	NA

## Girls Junior Varsity

## Boys Junior Varsity

Year	Record	Coach	League
1993	(0-5)	Geoff Marcoux	4th
1994	(6-2)	Tom Krueli	2nd
1995	(9-1)	Dan Flynn	2nd
1996	(8-3)	Rich and Ron Blanc	2nd
1997	(8-3-1)	Rich and Ron Blanc	3rd
1998	(7-5)	Ron Blanc	3rd
1999	(12-1)	Renee Blanc	2nd
2000	(10-1)	Renee Blanc	Champs
2001	(9-0)	Renee Blanc	Champs
2002	(9-0)	Renee Blanc	Champs
2003	(9-0)	Renee Blanc	Champs
2004	(10-1)	Renee Blanc	Champs
2005	(8-2)	Renee Blanc	Champs
2006	(5-3)	Renee Blanc	Champs
2007	(7-2)	Renee Blanc	Champs
2008	(9-1)	Renee Blanc	Champs
2009	(8-1)	Renee Blanc	Champs
2010	(7-1)	Renee Blanc	Champs
2011	(8-0)	Renee Blanc	Champs
2012	(8-0)	Renee Blanc	Champs
2013	(8-0)	Renee Blanc	Champs
2014	(7-0)	Renee Blanc	Champs
2015	(6-0)	Renee Blanc	Champs
2016	(6-0)	Renee Blanc	Champs
2017	(5-1)	Renee Blanc-Supernaw	Champs
2018	(6-0)	Renee Blanc-Supernaw	Champs
2019	(6-0)	Renee Blanc-Supernaw	Champs
2020	(1-0)	Renee Blanc-Supernaw	NA

Year	Record	Coach	League
1993	(0-2)	Geoff Marcoux	2nd
1994	(2-5)	Tom Krueli	5th
1995	(5-5)	Dan Flynn	3rd
1996	(7-4)	Rich and Ron Blanc	4th
1997	(8-4)	Rich and Ron Blanc	4th
1998	(4-8)	Tyson Thomas	5th
1999	(6-7)	Mike Woods	4th
2000	(9-2)	Mike Woods	Champs
2001	(8-1)	Jeff Heeren	Champs
2002	(6-3)	Jeff Heeren	Champs
2003	(8-1)	Kevin Ricks	Champs
2004	(8-3)	Justin Willner	Champs
2005	(9-1)	Kevin Ricks	Champs
2006	(5-3)	Shaun Souza	Champs
2007	(7-2)	Shaun Souza	Champs
2008	(7-3)	Shaun Souza	2nd
2009	(8-1)	Shaun Souza	Champs
2010	(6-2)	Shaun Souza	Champs
2011	(8-0)	Shaun Souza	Champs
2012	(8-0)	Tim Renden	Champs
2013	(7-1)	Brian Weathersby	Champs
2014	(7-0)	Brian Weathersby	Champs
2015	(6-1)	Brian Weathersby	2nd
2016	(6-1)	Brian Weathersby	2nd
2017	(5-2)	Brian Weathersby	2nd
2018	(6-1)	Kristen Zepeda	Champs
2019	(6-1)	Kristen Zepeda	2nd
2020	(0-1)	Kristen Zepeda	NA



## Girls Open

Year	Record	Coach	League
1993	(1-7)	Geoff Marcoux	5th
1994	(6-4)	Tom Krucli	4th
1995	(4-1)	Mike Stachowski	3rd
1996	(4-2)	Rich and Ron Blanc	2nd
1997	(9-2-1)	Tyson Thomas	2nd
1998	(6-2)	Renee Blanc	3rd
1999	(9-1)	Christine Barker	2nd
2000	(6-2)	Christine Barker	Champs
2001	(5-0)	Laurie Egus	Champs
2002	(5-1)	Laurie Egus	2nd
2003	(6-2)	Laurie Egus	Champs
2004	(8-0)	Jen Gonzalez	Champs
2005	(8-0)	Alicia Sayles	Champs
2006	(6-2)	Alicia Sayles	Champs
2007	(9-0)	Alicia Sayles	Champs
2008	(10-0)	Alicia Sayles	Champs
2009	(8-1)	Alicia Sayles	Champs
2010	(8-0)	Alicia Sayles	Champs
2011	(8-0)	Alicia Sayles	2nd
2012	(8-0)	Dana Reyes	2nd
2013	(8-0)	Kellie Fecarotta	Champs
2014	(7-0)	Kellie Fecarotta	Champs
2015	(6-0)	Taylor Blanc	Champs
2016	(6-0)	Taylor Blanc	Champs
2017	(6-0)	Taylor Blanc	Champs
2018	(6-0)	Taylor Blanc	Champs
2019	(6-0)	Jennifer Abalos	Champs
2020	(1-0)	Jennifer Abalos	NA

## Boys Open

Year	Record	Coach	League
1993	(0-3)	Geoff Marcoux	2nd
1994	(3-8)	Tom Krucli	7th
1995	(1-4)	Mike Stachowski	5th
1996	(5-2)	Rich and Ron Blanc	3rd
1997	(4-1)	Tyson Thomas	3rd
1998	(3-2)	Tyson Thomas	3rd
1999	(2-3)	Scott Taylor	4th
2000	NA	NA	NA
2001	NA	NA	NA
2002	(0-1)	Jeff Heeren	2nd
2003	(1-0)	Justin Willner	2nd
2004	(0-1)	Nicole Loftus	Champs
2005	(3-1)	Shaun Souza	Champs
2006	(5-1)	Clare Peyrebrune	Champs
2007	(6-1)	Clare Peyrebrune	Champs
2008	(7-2)	Clare Peyrebrune	2nd
2009	(6-2)	Clare Peyrebrune	1st
2010	(7-1)	Tim Renden	Champs
2011	(8-0)	Tim Renden	Champs
2012	(7-1)	Alicia Sayles	Champs
2013	(8-0)	Alicia Sayles	Champs
2014	(6-1)	Brendan Barrow	2nd
2015	(5-2)	Olivia Romo	2nd
2016	(5-2)	Olivia Romo	2nd
2017	(5-2)	Dinara Shalhoup	2nd
2018	(5-2)	Olivia Romo	Champs
2019	(6-1)	Joel Yamasaki	Champs
2020	(0-1)	Joel Yamasaki	NA



Junior All-American **Isabella Abrajan** has committed to Duke University.



# Trinity League Records

swim&div

# 2021

## Varsity Girls

## Varsity Boys

Ristic, Odgers, Degn, Hoffmann	SMCHS	1:44.87	2018	200 Medley Relay	1:35.60	2017	Tu, Qu, Monteleone, Rossman	SMCHS
Ella Ristic	SMCHS	1:46.93	2017	200 Freestyle	1:40.23	2016	Marc Morizono	SMCHS
Sonia Wang	JSHS	2:00.16	2015	200 Individual Medley	1:48.98	2015	Grant Shoults	SMCHS
Kaitlyn Albertoli	JSHS	:22.71	2014	50 Freestyle	:20.53	2019	Christian Martinez	SHS
Katie McLaughlin	JSHS	:53.27	2013	100 Butterfly	:49.26	2014	Grant Shoults	SMCHS
Katie McLaughlin	SMCHS	:49.98	2015	100 Freestyle	:44.80	2016	Grant Shoults	SMCHS
Stephanie Su	MDHS	4:49.53	2018	500 Freestyle	4:27.62	2014	Jerad Kaskawal	SHS
Shelton, Hoffmann, Degn, Delgado	SMCHS	1:34.11	2018	200 Freestyle Relay	1:25.01	2018	Canlas, Bruce, Kuehl, Martinez	SHS
Sonia Wang	JSHS	:54.80	2015	100 Backstroke	:50.36	2018	Kevin Tu	SMCHS
Isabelle Odgers	SMCHS	1:01.82	2018	100 Breaststroke	:56.69	2013	Dylan Payne	MDHS
Delgado, Ervin, Degn, E. Ristic	SMCHS	3:24.88	2019	400 Freestyle Relay	3:07.06	2014	Betz, Cerda, Morizono, Shoults	SMCHS
Izzy Choquehuanca	SMCHS	549.40	2011	Diving	588.30	2000	Michael Hilde	SHS

## Junior Varsity Girls

## Junior Varsity Boys

Smith, Tracy, Stewart, Bento	SMCHS	1:53.00	2018	200 Medley Relay	1:42.16	2014	Bao, Radovic, Lupin, Slobodien	SMCHS
Kelli Baumgardner	SMCHS	1:57.71	2013	200 Freestyle	1:47.85	2014	Kyle Monteleone	SMCHS
Jessica Ahlering	SMCHS	1:08.93	2000	100 Individual Medley	1:02.91	2000	Adam Szeremeta	SMCHS
Caitlin Caruso	SMCHS	2:10.40	2018	200 Individual Medley	1:59.97	2018	Erik Franck	MDHS
Maya Pinedo	SMCHS	:24.69	2018	50 Freestyle	:21.94	2014	Sam Slobodien	SMCHS
Sarah Niemi	SMCHS	:27.31	2014	50 Butterfly	:25.25	2016	Corey Smith	MDHS
Alicia Stewart	SMCHS	:59.24	2018	100 Butterfly	:53.61	2016	Corey Smith	MDHS
Maya Pinedo	SMCHS	:53.67	2018	100 Freestyle	:48.85	2018	Angel Sanchez	SMCHS
Caroline Needell	SMCHS	5:14.17	2015	500 Freestyle	4:48.58	2019	Harry Needell	SMCHS
Martin, Henmi, Werkmeister, Bento	SMCHS	1:43.61	2018	200 Freestyle Relay	1:30.65	2014	Lupin, Giacobbe, Garcia, Slobodien	SMCHS
Abigail Nugent/Tyler Johnson	SMCHS	:29.04	'16/'17	50 Backstroke	:26.15	2019	Ryan Hatcher	MDHS
Abigail Nugent	SMCHS	1:01.16	2016	100 Backstroke	:56.76	2019	Harry Needell	SMCHS
Caitlin Caruso	SMCHS	:31.39	2018	50 Breaststroke	:29.63	2007	Derek Elbertse	SMCHS
Caitlin Caruso	SMCHS	1:06.30	2018	100 Breaststroke	1:02.83	2018	Erik Franck	MDHS
Caruso, Werkmeister, Martin, Pinedo	SMCHS	3:43.50	2018	400 Freestyle Relay	3:21.31	2019	Needell, Farrell, Hundley, Ballantyne	SMCHS

## Open Girls

## Open Boys

Li, Morris, Johnston, Goh	SMCHS	2:00.88	2013	200 Medley Relay	1:48.16	2017	Sanders, Classen, Finby, Teitscheid	MDHS
Natalie Tuerk	SMCHS	2:00.46	2016	200 Freestyle	1:53.46	2016	Jack Reid	MDHS
Kristine Liao	SMCHS	1:04.90	2014	100 Individual Medley	:58.93	2018	William O'Sullivan	MDHS
Delaney Mazelin	SMCHS	:25.78	2015	50 Freestyle	:23.00	2018	William Ludovico	MDHS
Stephanie Morris	SMCHS	:29.17	2015	50 Butterfly	:25.37	2015	Jacob Wright	SMCHS
Natalie Tuerk	SMCHS	:55.81	2016	100 Freestyle	:50.91	2014	Christian Hockenbury	MDHS
Hines, Goddard, Liao, Cunningham	SMCHS	1:46.98	2014	200 Freestyle Relay	1:36.10	2017	Nguyen, Sanders, Classen, Teitsheid	MDHS
May Li	SMCHS	:30.01	2012	50 Backstroke	:27.72	2017	Preston Sanders	MDHS
Elizabeth Morris	SMCHS	:33.95	2013	50 Breaststroke	:30.05	2017	Ryan Lee	SHS
Gentry, Hines, Mazelin, Cunningham	SMCHS	3:50.52	2014	400 Freestyle Relay	3:30.65	2014	Hockenbury, VanHorn, Duncan, Payne	MDHS

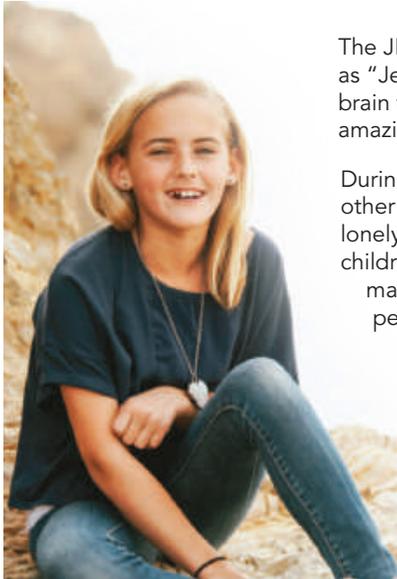




# JESSIE REES FOUNDATION



HELP KIDS FIGHTING CANCER RECEIVE JOY



The JESSIE REES FOUNDATION was inspired by 12 year old Jessica Joy Rees. Better known as "Jessie." Jessie was a beautiful, athletic, smart and compassionate girl who fought two brain tumors (DIPG) from March 3, 2011 to January 5, 2012. On that painful day, Jessie left an amazing legacy of love that her family and foundation now continue.

During her 10 month courageous fight, Jessie focused on spreading hope, joy and love to other kids in the midst of their own fight with cancer. She knew having cancer made kids feel lonely and limited, and as a result, Jessie felt empowered to help ease these feelings for those children fighting. Jessie shared her message to **NEGU (Never Ever Give Up)** with as many kids as she could. In addition, she stuffed and sent her JoyJars™ to over 3,000 kids personally...64oz plastic jars stuffed full of love with fun, age appropriate toys.

## JESSIE'S WISH...

*"Please help every kid fighting cancer to Never Ever Give Up."*

*Jessie*

Jessica Joy Rees  
4/8/99 - 1/5/12



**150,000+**

JoyJars® have been stuffed full of toys

**275+**

Children's hospitals recieved JoyJars®

**175**

Ronald McDonald Houses reached across the US

**10,000+**

Individual households received JoyJars®

**600,000+**

Social Media Followers

**9,000+**

JoyJars® sent to Oncology camps

let's be friends

facebook.com/jessiereesfoundation

@jessiereesfoundation

# NEGU

@teamNEGU

DONATE TODAY!  
**JESSIE.ORG/DONATE**



# Trinity League Champions-Girls Varsity

swim&dive

# 2021

## 200 Medley Relay

2000 Rosary	1:56.40
2001 Rosary	1:55.37
<b>2002 Santa Margarita</b>	<b>1:52.15</b>
<b>2003 Santa Margarita</b>	<b>1:52.08</b>
<b>2004 Santa Margarita</b>	<b>1:57.33</b>
<b>2005 Santa Margarita</b>	<b>1:56.85</b>
2006 Mater Dei	1:56.61
2007 Mater Dei	1:52.80
2008 Mater Dei	1:50.55
<b>2009 Santa Margarita</b>	<b>1:52.83</b>
2010 Mater Dei	1:50.79
<b>2011 Santa Margarita</b>	<b>1:50.51</b>
<b>2012 Santa Margarita</b>	<b>1:48.08</b>
2013 JSerra	1:45.00
2014 JSerra	1:45.79
<b>2015 Santa Margarita</b>	<b>1:44.89</b>
2016 Mater Dei	1:46.13
<b>2017 Santa Margarita</b>	<b>1:46.38</b>
<b>2018 Santa Margarita</b>	<b>1:44.87</b>
<b>2019 Santa Margarita</b>	<b>1:45.49</b>

## 50 Freestyle

<b>2000 Jamie Kroeze, SM</b>	<b>:24.48</b>
<b>2001 Erika Figge, SM</b>	<b>:24.61</b>
<b>2002 Erika Figge, SM</b>	<b>:24.43</b>
<b>2003 Erika Figge, SM</b>	<b>:24.01</b>
2004 Amanda Loera, MD	:24.65
<b>2005 Brooke Figge, SM</b>	<b>:25.21</b>
<b>2006 Katie Whichard, SM</b>	<b>:25.64</b>
2007 Jennifer Lai, MD	:25.39
2008 Hannah Croghan, ROS	:25.39
2009 Hannah Croghan, ROS	:25.35
<b>2010 Kellie Fecarotta, SM</b>	<b>:24.64</b>
2011 Hailey Golden, OLU	:24.63
2012 Kaitlyn Albertoli, JS	:23.51
2013 Kaitlyn Albertoli, JS	:22.91
2014 Kaitlyn Albertoli, JS	:22.71
2015 Carly Vaccher, OLU	:24.26
<b>2016 Mackenzie Degn, SM</b>	<b>:23.81</b>
<b>2017 Anicka Delgado, SM</b>	<b>:23.22</b>
<b>2018 Anicka Delgado, SM</b>	<b>:23.09</b>
<b>2019 Anicka Delgado, SM</b>	<b>:23.03</b>

## 500 Freestyle

<b>2000 Shannon Packard, SM</b>	<b>5:07.14</b>
2001 Jessica Cruzat, ROS	5:04.00
2002 Jessica Cruzat, ROS	5:01.79
2003 Marissa Joseph, MD	5:03.65
2004 Kaylen Hewko, ROS	5:01.52
<b>2005 Meagan Brown, SM</b>	<b>5:11.19</b>
<b>2006 Meagan Brown, SM</b>	<b>5:07.08</b>
<b>2007 Meagan Brown, SM</b>	<b>4:59.90</b>
2008 Melanie Klaren, MD	5:03.87
<b>2009 Alex Delaney, SM</b>	<b>5:07.20</b>
2010 Jessica DelMonaco, MD	5:14.54
<b>2011 Lizzie Devitt, SM</b>	<b>5:04.66</b>
2012 Brittany Kahn, JS	4:55.07
2013 Brittany Kampf, MD	4:51.83
2014 Brittany Kampf, MD	4:51.75
2015 Brittany Kampf, MD	4:50.35
2016 Stephanie Su, MD	4:54.26
2017 Stephanie Su, MD	4:50.47
2018 Stephanie Su, MD	4:49.53
2019 Stephanie Su, MD	4:53.53

## 200 Freestyle

<b>2000 Michele Gonzalez, SM</b>	<b>1:59.79</b>
2001 Jessica Cruzat, ROS	1:55.08
2002 Jessica Cruzat, ROS	1:53.92
2003 Marissa Joseph, MD	1:55.49
2004 Kaylen Hewko, ROS	1:53.47
2005 Kaylen Hewko, ROS	1:54.29
2006 Kaylen Hewko, ROS	1:56.24
<b>2007 Alex Delaney, SM</b>	<b>1:55.01</b>
<b>2008 Alex Delaney, SM</b>	<b>1:53.78</b>
<b>2009 Alex Delaney, SM</b>	<b>1:53.42</b>
<b>2010 Alex Delaney, SM</b>	<b>1:54.20</b>
<b>2011 Lizzie Devitt, SM</b>	<b>1:53.47</b>
2012 Katie McLaughlin, JS	1:48.89
2013 Katie McLaughlin, JS	1:48.27
2014 Kaitlyn Albertoli, JS	1:47.76
<b>2015 Samantha Shelton, SM</b>	<b>1:47.78</b>
<b>2016 Samantha Shelton, SM</b>	<b>1:48.24</b>
<b>2017 Ella Ristic, SM</b>	<b>1:46.93</b>
<b>2018 Ella Ristic, SM</b>	<b>1:46.98</b>
<b>2019 Ella Ristic, SM</b>	<b>1:47.44</b>

## 100 Butterfly

2000 Jenna Cruzat, ROS	1:00.21
2001 Jenna Cruzat, ROS	1:00.34
<b>2002 Sarah Hamilton, SM</b>	<b>1:00.20</b>
<b>2003 Sarah Hamilton, SM</b>	<b>1:00.67</b>
2004 Erin Schaad, STJ	1:01.20
<b>2005 Mary Cousineau, SM</b>	<b>1:04.50</b>
<b>2006 Amanda Nauman, SM</b>	<b>1:02.41</b>
<b>2007 Alex Worthen, SM</b>	<b>1:01.38</b>
<b>2008 Alex Worthen, SM</b>	<b>:59.84</b>
<b>2009 Alex Worthen, SM</b>	<b>1:00.42</b>
2010 Casey Mims, JS	:57.10
2011 Casey Mims, JS	:57.05
2012 Katie McLaughlin, JS	:54.45
2013 Katie McLaughlin, JS	:53.27
<b>2014 Katie McLaughlin, SM</b>	<b>:53.29</b>
<b>2015 Katie McLaughlin, SM</b>	<b>:54.35</b>
<b>2016 Samantha Shelton, SM</b>	<b>:54.50</b>
<b>2017 Anicka Delgado, SM</b>	<b>:55.36</b>
<b>2018 Anicka Delgado, SM</b>	<b>:54.17</b>
<b>2019 Anicka Delgado, SM</b>	<b>:54.15</b>

## 200 Freestyle Relay

<b>2000 Santa Margarita</b>	<b>1:42.09</b>
<b>2001 Santa Margarita</b>	<b>1:41.01</b>
<b>2002 Santa Margarita</b>	<b>1:43.01</b>
<b>2003 Santa Margarita</b>	<b>1:41.66</b>
2004 Rosary	1:43.48
<b>2005 Santa Margarita</b>	<b>1:41.68</b>
<b>2006 Santa Margarita</b>	<b>1:40.90</b>
2007 Mater Dei	1:40.60
<b>2008 Santa Margarita</b>	<b>1:43.30</b>
2009 Mater Dei	1:40.51
2010 Mater Dei	1:39.28
<b>2011 Santa Margarita</b>	<b>1:39.82</b>
2012 JSerra	1:35.67
<b>2013 Santa Margarita</b>	<b>1:40.31</b>
2014 JSerra	1:35.95
<b>2015 Santa Margarita</b>	<b>1:38.61</b>
<b>2016 Santa Margarita</b>	<b>1:34.81</b>
<b>2017 Santa Margarita</b>	<b>1:36.39</b>
<b>2018 Santa Margarita</b>	<b>1:34.11</b>
<b>2019 Santa Margarita</b>	<b>1:34.56</b>

## 200 Individual Medley

2000 Alex Stauber, ROS	2:13.78
2001 Alex Stauber, ROS	2:12.96
<b>2002 Shannon Packard, SM</b>	<b>2:14.03</b>
<b>2003 Stephanie Scott, SM</b>	<b>2:10.29</b>
<b>2004 Brittany Hosner, SM</b>	<b>2:17.64</b>
<b>2005 Devonie Miguez, SM</b>	<b>2:09.27</b>
<b>2006 Devonie Miguez, SM</b>	<b>2:09.07</b>
2007 Melissa Bates, MD	2:08.86
2008 Melissa Bates, MD	2:04.87
2009 Melissa Bates, MD	2:06.21
2010 Jiana Vargem, MD	2:06.36
2011 Jiana Vargem, MD	2:06.77
<b>2012 Lizzie Devitt, SM</b>	<b>2:02.02</b>
<b>2013 Lizzie Devitt, SM</b>	<b>2:02.69</b>
2014 Katie Glavinovich, JS	2:03.84
2015 Sonia Wang, JS	2:00.16
<b>2016 Isa Odgers, SM</b>	<b>2:03.70</b>
2017 Katie Glavinovich, JS	2:00.88
<b>2018 Samantha Shelton, SM</b>	<b>2:00.63</b>
<b>2019 Mackenzie Degn, SM</b>	<b>2:03.32</b>

## 100 Freestyle

<b>2000 Jamie Kroeze, SM</b>	<b>:54.42</b>
<b>2001 Marla Pavik, SM</b>	<b>:57.31</b>
<b>2002 Erika Figge, SM</b>	<b>:54.18</b>
<b>2003 Erika Figge, SM</b>	<b>:53.57</b>
2004 Amanda Loera, MD	:55.64
2005 Mary Flynn, MD	:55.02
<b>2006 Darby Anderson, SM</b>	<b>:54.12</b>
<b>2007 Breanna Gordon, SM</b>	<b>:55.00</b>
<b>2008 Breanna Gordon, SM</b>	<b>:54.31</b>
<b>2009 Kellie Fecarotta</b>	<b>:54.20</b>
2010 Melissa Bates, MD	:51.57
2011 Hailey Golden, OLU	:53.60
2012 Kaitlyn Albertoli, JS	:51.09
2013 Kaitlyn Albertoli, JS	:50.32
2014 Aislinn Light, MD	:51.62
<b>2015 Samantha Shelton, SM</b>	<b>:50.20</b>
<b>2016 Mackenzie Degn, SM</b>	<b>:50.60</b>
<b>2017 Ella Ristic, SM</b>	<b>:50.47</b>
<b>2018 Ella Ristic, SM</b>	<b>:50.05</b>
<b>2019 Mackenzie Degn, SM</b>	<b>:50.00</b>

## 100 Backstroke

<b>2000 Stephanie Scott, SM</b>	<b>1:02.56</b>
2001 Frances Tran, MD	1:00.17
<b>2002 Stephanie Scott, SM</b>	<b>1:00.24</b>
<b>2003 Stephanie Scott, SM</b>	<b>1:00.38</b>
<b>2004 Devonie Miguez, SM</b>	<b>:58.86</b>
<b>2005 Devonie Miguez, SM</b>	<b>:58.25</b>
<b>2006 Devonie Miguez, SM</b>	<b>:58.14</b>
2007 Rachel Nguyen, ROS	1:01.99
2008 Melanie Klaren, MD	:59.47
2009 Kathryn Haugen, MD	1:01.14
2010 Patricia Yam, ROS	:59.97
<b>2011 Jax Shoults, SM</b>	<b>:57.96</b>
<b>2012 Jax Shoults, SM</b>	<b>:56.20</b>
2013 Aislinn Light, MD	:57.18
2014 Aislinn Light, MD	:56.14
2015 Sonia Wang, JS	:54.80
2016 Aislinn Light, MD	:54.99
<b>2017 Samantha Shelton, SM</b>	<b>:54.91</b>
<b>2018 Samantha Shelton, SM</b>	<b>:55.97</b>
<b>2019 Ella Ristic, SM</b>	<b>:55.37</b>



### 100 Breaststroke

2000 Erika Figge, SM	1:07.67
2001 Erika Figge, SM	1:08.31
2002 Sarah Hamilton, SM	1:07.36
2003 Sarah Hamilton, SM	1:08.57
2004 Devonie Miguez, SM	1:08.33
2005 Mary Flynn, MD	1:11.76
2006 Danica Elbertse, SM	1:13.01
2007 Melissa Bates, MD	1:06.08
2008 Melissa Bates, MD	1:02.06
2009 Melissa Bates, MD	1:04.82
2010 Casey Mims, JS	1:02.30
2011 Casey Mims, JS	1:03.05
2012 Jiana Vargem, MD	1:04.70
2013 Jiana Vargem, MD	1:03.44
2014 Emily Gibson, SM	1:04.86
2015 Catherine Lowengrub, JS	1:04.41
2016 Isa Odgers, SM	1:04.11
2017 Isa Odgers, SM	1:03.00
2018 Isa Odgers, SM	1:01.82
2019 Katie Nugent, SM	1:03.16

### 400 Freestyle Relay

2000 Santa Margarita	3:42.44
2001 Santa Margarita	3:41.74
2002 Rosary	3:43.48
2003 Santa Margarita	3:50.38
2004 Santa Margarita	3:45.01
2005 Santa Margarita	3:44.59
2006 Santa Margarita	3:41.31
2007 Santa Margarita	3:45.50
2008 Mater Dei	3:37.58
2009 Mater Dei	3:36.34
2010 Mater Dei	3:34.08
2011 Santa Margarita	3:37.08
2012 Jserra	3:29.43
2013 Jserra	3:27.02
2014 Santa Margarita	3:32.75
2015 Santa Margarita	3:24.90
2016 Santa Margarita	3:30.07
2017 Santa Margarita	3:26.24
2018 Santa Margarita	3:26.83
2019 Santa Margarita	3:24.88

### Diving

2000 Rachele Routsong, SM	388.40
2001 Erika Mannix, SM	364.20
2002 Shannon McKeon, SM	391.10
2003 NA	
2004 NA	
2005 Caitlin Atkinson, SM	513.60
2006 Caitlin Atkinson, SM	492.15
2007 Kahley Rowell, SM	425.70
2008 Kahley Rowell, SM	475.25
2009 Kahley Rowell, SM	516.85
2010 Izzy Choquehuanca, SM	501.05
2011 Izzy Choquehuanca, SM	549.40
2012 Izzy Choquehuanca, SM	492.15
2013 Annie Whelan, SM	451.75
2014 Annie Whelan, SM	413.15
2015 Londen Christensen, SM	423.75
2016 Londen Christensen, SM	374.20
2017 Alexandra Barnes, SM	480.45
2018 Alexandra Barnes, SM	489.00
2019 Alexandra Barnes, SM	474.60

### Team Champions

2000 Santa Margarita	550.50
2001 Santa Margarita	624.00
2002 Santa Margarita	633.00
2003 Santa Margarita	627.00
2004 Santa Margarita	611.00
2005 Santa Margarita	677.00
2006 Santa Margarita	672.00
2007 Santa Margarita	590.00
2008 Santa Margarita	592.00
2009 Santa Margarita	575.50
2010 Santa Margarita	548.00
2011 Santa Margarita	601.00
2012 Santa Margarita	613.00
2013 Santa Margarita	590.00
2014 Santa Margarita	637.00
2015 Santa Margarita	610.00
2016 Santa Margarita	668.00
2017 Santa Margarita	689.00
2018 Santa Margarita	691.00
2019 Santa Margarita	679.50

### Swimmer of the Year

2000 Jamie Kroeze, SM
2001 Erika Figge, SM
2002 Erika Figge, SM
Sarah Hamilton, SM
2003 Erika Figge, SM
Sarah Hamilton, SM
Stephanie Scott, SM
2004 Devonie Miguez, SM
2005 Devonie Miguez, SM
2006 Devonie Miguez, SM
2007 Melissa Bates, MD
2008 Melissa Bates, MD
Melanie Klaren, MD
2009 Melissa Bates, MD
2010 Melissa Bates, MD
2011 Lizzie Devitt, SM
2012 Kaitlyn Albertoli, JS
Katie McLaughlin, JS
2013 Katie McLaughlin, JS
2014 Katie McLaughlin, SM
2015 Samantha Shelton, SM
2016 Samantha Shelton, SM
2017 Anicka Delgado, SM
Ella Ristic, SM
2018 Anicka Delgado, SM
Ella Ristic, SM
Samantha Shelton, SM
2019 Mackenzie Degn, SM
Anicka Delgado, SM
Ella Ristic, SM



Teia Salvino (L) and Lindsay Ervin (R) are nationally top 20 freestyle sprinters.



# Trinity League Champions-Boys Varsity

swim&dive

# 2021

## 200 Medley Relay

2000 Santa Margarita	1:43.89
2001 Santa Margarita	1:42.27
2002 Servite	1:40.94
2003 Servite	1:42.37
2004 Servite	1:37.53
2005 Santa Margarita	1:43.73
2006 Santa Margarita	1:40.98
2007 Servite	1:41.08
2008 Servite	1:39.91
2009 Santa Margarita	1:37.87
2010 Mater Dei	1:37.45
2011 Santa Margarita	1:40.25
2012 Mater Dei	1:36.76
2013 Mater Dei	1:36.43
2014 Santa Margarita	1:37.35
2015 Santa Margarita	1:38.16
2016 Santa Margarita	1:36.39
2017 Santa Margarita	1:35.60
2018 Santa Margarita	1:36.08
2019 Santa Margarita	1:36.03

## 50 Freestyle

2000 Andy Prochnow, SJB	:22.49
2001 Doug Ciolli, SM	:22.23
2002 Doug Ciolli, SM	:21.82
2003 Doug Ciolli, SM	:21.76
2004 Brent Hurley, SER	:21.05
2005 Robert Hansen, MD	:21.60
2006 Patrick White, MD	:21.24
2007 Patrick White, MD	:21.30
2008 Andrew LaForge, SER	:21.34
2009 Tommy Jankovich, SM	:21.52
2010 David Guibord, MD	:21.44
2011 Luke Hewko, SER	:21.17
2012 Dylan Payne, MD	:21.32
2013 James Walters, MD	:21.33
2014 Matthew Payne, MD	:20.99
2015 Colin See, OLU	:21.49
2016 Christian Hockenbury, MD	:20.69
2017 Christian Hockenbury, MD	:20.97
2018 Christian Martinez, SER	:20.66
2019 Christian Martinez, SER	:20.53

## 500 Freestyle

2000 Edmund Herlihy, SM	4:45.46
2001 Adam Hewko, SER	4:32.99
2002 Adam Hewko, SER	4:38.65
2003 Bryce Cullinane, SM	4:52.80
2004 Bryce Cullinane, SM	4:42.57
2005 Brett Chamberlain, SM	4:46.55
2006 Brett Chamberlain, SM	4:46.20
2007 Patrick White, MD	4:34.87
2008 Patrick White, MD	4:32.40
2009 Daniel Early, JS	4:42.80
2010 Daniel Early, JS	4:35.90
2011 Patrick Early, SM	4:44.60
2012 Chris Taber, SM	4:39.94
2013 Grant Shoults, SM	4:31.41
2014 Jerad Kaskawal, SER	4:27.62
2015 Stephen Marcin, SER	4:30.48
2016 Marc Morizono, SM	4:32.73
2017 Noah Brune, SM	4:34.20
2018 Kenneth Woodsum, JS	4:42.90
2019 Noah Brune, SM	4:29.30

## 200 Freestyle

2000 Jonathan Russell, SM	1:44.27
2001 Jonathan Russell, SM	1:43.00
2002 Doug Ciolli, SM	1:45.06
2003 Scott Schauer, SER	1:45.05
2004 Andrew Simo, MD	1:44.55
2005 Andrew Simo, MD	1:45.35
2006 Brett Chamberlain, SM	1:43.22
2007 Lucas Norman, JS	1:48.24
2008 JD Marcin, SER	1:44.99
2009 Daniel Eearly, JS	1:45.77
2010 Daniel Eearly, JS	1:44.53
2011 Chad Naughton, SM	1:45.64
2012 James Betz, SM	1:46.39
2013 Grant Shoults, SM	1:40.99
2014 Marc Morizono, SM	1:40.96
2015 Marc Morizono, SM	1:40.55
2016 Marc Morizono, SM	1:40.23
2017 Payton Thomas, MD	1:41.85
2018 Kevin Tu, SM	1:42.24
2019 Noah Brune, SM	1:41.75

## 100 Butterfly

2000 Jonathan Russell, SM	:53.73
2001 Jonathan Russell, SM	:53.46
2002 Matt Sabatasso, SM	:53.26
2003 Robert Hansen, MD	:54.22
2004 Alex Rogers, SM	:53.59
2005 Patrick White, MD	:53.63
2006 Eric Babbitt, SM	:52.94
2007 Tim Simo, MD	:53.24
2008 Chris Meinhold, JS	:53.73
2009 Chris Meinhold, JS	:52.94
2010 Matt Rose, MD	:51.86
2011 James Walters, MD	:52.27
2012 James Walters, MD	:51.48
2013 James Walters, MD	:50.70
2014 Grant Shoults, SM	:49.26
2015 Alexander Qu, SM	:50.93
2016 Alexander Qu, SM	:51.49
2017 Kevin Tu, SM	:50.16
2018 Michael Maurer, SM	:52.35
2019 Kevin Tu, SM	:50.39

## 200 Freestyle Relay

2000 Santa Margarita	1:30.85
2001 Santa Margarita	1:31.81
2002 Servite	1:29.14
2003 Servite	1:27.94
2004 Servite	1:29.50
2005 Santa Margarita	1:31.67
2006 Santa Margarita	1:31.66
2007 Santa Margarita	1:31.20
2008 Servite	1:28.96
2009 Santa Margarita	1:27.56
2010 Mater Dei	1:28.08
2011 Servite	1:29.95
2012 Mater Dei	1:27.54
2013 Mater Dei	1:27.04
2014 Mater Dei	1:26.28
2015 Mater Dei	1:26.63
2016 Mater Dei	1:25.61
2017 Mater Dei	1:25.14
2018 Servite	1:25.01
2019 Santa Margarita	1:26.55

## 200 Individual Medley

2000 Harris Radie, SM	2:00.08
2001 Harris Radie, SM	1:55.88
2002 Adam Hewko, SER	1:58.12
2003 Adam Hewko, SER	1:53.63
2004 Adam Hewko, SER	1:57.28
2005 Eric Babbitt, SM	2:01.17
2006 Rickey Wilson, SM	1:59.38
2007 Rickey Wilson, SM	2:01.49
2008 Patrick White, MD	1:58.94
2009 JD Marcin, SER	1:58.22
2010 Troy Cisneros, MD	1:58.64
2011 Patrick Early, SM	1:55.31
2012 Zachary Graves, SER	1:56.22
2013 Dylan Payne, MD	1:53.85
2014 Arturo Cerda, SM	1:54.89
2015 Grant Shoults, SM	1:48.98
2016 Daniel Yos, OLU	1:53.37
2017 Alexander Qu, SM	1:55.77
2018 Jackson Odgers, SM	1:52.47
2019 L. Morales-Ostergaard, SM	1:53.81

## 100 Freestyle

2000 Andy Prochnow, SJB	:48.97
2001 Doug Ciolli, SM	:48.58
2002 Cubie Hernandez, SM	:48.63
2003 Scott Schauer, SER	:47.91
2004 Robert Hansen, MD	:47.25
2005 Robert Hansen, MD	:47.58
2006 Andrew LaForge, SER	:48.82
2007 Andrew LaForge, SER	:48.42
2008 Andrew LaForge, SER	:48.15
2009 Tommy Jankovich, SM	:47.44
2010 Luke Hewko, SER	:47.73
2011 Eric Cristobal, SJB	:47.59
2012 Matthew Payne, MD	:48.79
2013 Matthew Payne, MD	:47.55
2014 Marc Morizono, SM	:46.32
2015 Spencer Carroll, MD	:47.43
2016 Grant Shoults, SM	:44.80
2017 Christian Hockenbury, MD	:46.08
2018 Connor McManigal, MD	:46.72
2019 Christian Martinez, SER	:46.60

## 100 Backstroke

2000 Harris Radie, SM	:53.06
2001 Vince Bevins, SER	:55.95
2002 Vince Bevins, SER	:55.01
2003 Andrew Simo, MD	:55.00
2004 Andrew Simo, MD	:53.57
2005 Andrew Simo, MD	:53.59
2006 Patrick White, MD	:54.62
2007 Joshua Luebke, SER	:56.31
2008 Garrison Nauman, SM	:56.87
2009 Garrison Nauman, SM	:55.82
2010 Garrison Nauman, SM	:53.62
2011 Luke Hewko, SER	:52.97
2012 Zachary Graves, SER	:53.68
2013 Max Walsh, SM	:53.14
2014 Daniel Yos, OLU	:52.45
2015 Grant Shoults, SM	:51.04
2016 Kevin Tu, SM	:51.63
2017 Kevin Tu, SM	:50.60
2018 Kevin Tu, SM	:50.36
2019 Kevin Tu, SM	:51.00



### 100 Breaststroke

2000 Matt Sabatasso, SM	1:06.51
2001 Harris Radie, SM	1:02.07
2002 Mike Cavander, SM	1:02.39
2003 Adam Hewko, SER	:59.84
2004 Adam Hewko, SER	:58.97
2005 Rickey Wilson, SM	1:02.58
2006 Rickey Wilson, SM	1:00.89
2007 Mark Reese, SM	1:00.04
2008 Mark Reese, SM	:59.45
2009 Mark Reese, SM	:58.76
2010 Guibord/Hammond MD	1:00.27
2011 Josh Anatalio, SJB	1:01.32
2012 Dylan Payne, MD	:57.55
2013 Dylan Payne, MD	:56.71
2014 Arturo Cerda, SM	:59.48
2015 Alexander Qu, SM	:58.75
2016 Alexander Qu, SM	:57.77
2017 Alexander Qu, SM	:57.38
2018 Jackson Odgers, SM	:58.99
2019 Nathaniel Kirk, JS	:59.59

### 400 Freestyle Relay

2000 Santa Margarita	3:23.24
2001 Santa Margarita	3:17.08
2002 Servite	3:16.93
2003 Servite	3:15.34
2004 Servite	3:18.15
2005 Mater Dei	3:18.41
2006 Santa Margarita	3:17.65
2007 Santa Margarita	3:21.29
2008 Santa Margarita	3:19.86
2009 Jserra	3:17.18
2010 Mater Dei	3:12.49
2011 Servite	3:15.70
2012 Mater Dei	3:14.99
2013 Santa Margarita	3:13.35
2014 Santa Margarita	3:07.06
2015 Santa Margarita	3:07.88
2016 Santa Margarita	3:07.08
2017 Mater Dei	3:07.39
2018 Mater Dei	3:09.23
2019 Santa Margarita	3:07.41

### Diving

2000 Michael Hilde, SER	588.30
2001 Nick Helvey, SM	262.95
2002 NA	
2003 NA	
2004 NA	
2005 NA	
2006 NA	
2007 NA	
2008 NA	
2009 Conor Murphy, SM	375.90
2010 Conor Murphy, SM	454.40
2011 NA	
2012 Leopoldo Wiviott, MD	267.15
2013 Peter Menke, SM	338.20
2014 Peter Menke, SM	321.95
2015 Peter Menke, SM	388.30
2016 Peter Menke, SM	339.05
2017 Juan Cerda, SM	475.50
2018 Nicholas Leavell, SM	492.35
2019 Nicholas Leavell, SM	434.50

### Team Champions

2000 Santa Margarita	569.50
2001 Santa Margarita	664.50
2002 Servite	664.00
2003 Servite	646.50
2004 Servite	612.00
2005 Santa Margarita	616.00
2006 Santa Margarita	656.00
2007 Santa Margarita	542.00
2008 Santa Margarita	567.50
2009 Santa Margarita	503.50
2010 Servite	369.00
2011 Santa Margarita	519.00
2012 Mater Dei	532.00
2013 Santa Margarita	554.00
2014 Santa Margarita	609.50
2015 Mater Dei	580.00
2016 Mater Dei	594.50
2017 Mater Dei	579.50
2018 Santa Margarita	523.50
2019 Santa Margarita	594.00

### Swimmer of the Year

2000 Jonathan Russell, SM
Harris Radie, SM
2001 Jonathan Russell, SM
Harris Radie, SM
Doug Ciolli, SM
2002 Adam Hewko, SER
2003 Adam Hewko, SER
Scott Schauer, SER
2004 Adam Hewko, SER
2005 Eric Babbitt, SM
Brett Chamberlain, SM
2006 Brett Chamberlain, SM
2007 Rickey Wilson, SM
2008 Andrew LaForge, SER
2009 Tommy Jankovich, SM
2010 David Guibord, MD
2011 Luke Hewko, SER
2012 Dylan Payne, MD
2013 Dylan Payne, MD
2014 Grant Shoults, SM
2015 Grant Shoults, SM
Alexander Qu, SM
2016 Marc Morizono, SM
2017 Christian Hockenbury, MD
2018 Jackson Odgers, SM
2019 Kevin Tu, SM



Senior Jack McHenry can't wait to see his hard work pay off with swift sprint times.



\* Short Distance in 2000

### 200 Medley Relay

2000	Santa Margarita	2:05.08
2001	Mater Dei	2:08.78
2002	Santa Margarita	2:05.65
2003	Santa Margarita	2:08.35
2004	Santa Margarita	2:07.10
2005	Santa Margarita	2:03.00
2006	Santa Margarita	2:08.31
2007	Rosary	2:10.22
2008	Santa Margarita	2:06.29
2009	Santa Margarita	2:07.16
2010	Santa Margarita	2:00.22
2011	Santa Margarita	2:01.85
2012	Santa Margarita	2:01.70
2013	Santa Margarita	2:02.79
2014	Santa Margarita	1:54.39
2015	Santa Margarita	1:56.76
2016	Santa Margarita	1:55.66
2017	Santa Margarita	1:55.47
2018	Santa Margarita	1:53.00
2019	Santa Margarita	1:55.38

### 50 Freestyle

2000	Kelsey Caulum, MD	:26.84
2001	Haley Henningson, SM	:27.87
2002	Carly Conners, MD	:27.81
2003	Kristen Haugen, MD	:27.37
2004	Lindsay Peckham, SM	:26.72
2005	Kristin Palase, SM	:27.05
2006	Alexa Fuller, SM	:28.06
2007	Katie Rigler, ROS	:26.96
2008	Megan Armstrong, JS	:26.75
2009	Kacie Hogan, SM	:28.34
2010	Carina Carballo, SM	:27.19
2011	Emily Hamann, SM	:25.87
2012	Sharon Li, SM	:27.46
2013	Sophia Baia, SM	:25.49
2014	Sophia Baia, SM	:25.01
2015	Sarah Niemi, SM	:26.34
2016	Brooke Sloman, MD	:25.75
2017	Tina Doherty, SM	:25.39
2018	Maya Pinedo, SM	:24.69
2019	Maya Pinedo, SM	:25.13

### 500 Freestyle

2000	Darcy Mulhaupt, SM	6:01.55
2001	Lauren Welch, SM	5:59.49
2002	Erica Laughlin, SM	6:07.14
2003	Vanessa Gonzalez, SM	6:01.07
2004	Stephanie Lavayen, SM	5:52.00
2005	Ashley Novack, SM	5:49.40
2006	Ashley Novack, SM	5:58.13
2007	Julia Brown, SM	5:53.40
2008	Mary Martin, SM	5:43.53
2009	Dante Luke, SM	5:58.79
2010	Morgan Martinez, SM	5:42.69
2011	Morgan Martinez, SM	5:30.60
2012	Kelli Baumgardner, SM	5:23.77
2013	Kelli Baumgardner, SM	5:14.38
2014	Kelli Baumgardner, SM	5:22.14
2015	Caroline Needell, SM	5:15.26
2016	Caroline Needell, SM	5:18.22
2017	Jessica Leckich, SM	5:25.67
2018	Fernanda Navarro, SM	5:26.27
2019	Mary Kate Tracy, SM	5:31.03

### 200 Freestyle

2000	Darcy Mulhaupt, SM	2:11.22
2001	Joann Groff, SM	2:11.96
2002	Alex McLain, SM	2:15.15
2003	Vanessa Gonzalez, SM	2:10.92
2004	Alex McLain, SM	2:10.88
2005	Kacey Anderson, SM	2:08.19
2006	Mackenzie Maurer, SM	2:12.55
2007	Julia Brown, SM	2:10.54
2008	Mary Martin, SM	2:08.16
2009	Dante Luke, SM	2:11.03
2010	Morgan Martinez, SM	2:11.78
2011	Morgan Martinez, SM	2:05.40
2012	Kelli Baumgardner, SM	2:02.15
2013	Kelli Baumgardner, SM	1:57.71
2014	Kelli Baumgardner, SM	2:03.38
2015	Hannah Ashbrook, SM	1:59.71
2016	Abigail Nugent, SM	1:58.95
2017	Vanessa Kane, SM	2:03.00
2018	Bailey Woinarowicz, SM	2:03.76
2019	Sophia Green, MD	2:01.20

### 100 Butterfly

2000	Rachel Gergen, MD	:30.03 *
2001	Brianne Murphy, MD	1:11.12
2002	Vanessa Hall, SM	1:10.84
2003	Veronica Romero, BM	1:12.69
2004	Brianna Delfin, MD	1:08.65
2005	Kacey Anderson, SM	1:05.74
2006	Lyndsay Hilde, SM	1:11.07
2007	Nicole Cook, MD	1:11.28
2008	Kacie Hogan, SM	1:09.38
2009	Shannon Scola, SM	1:09.21
2010	Tessa deRecat, SM	1:08.52
2011	Tessa deRecat, SM	1:04.17
2012	Jordan Lee, SM	1:02.68
2013	Sarah Niemi, SM	1:01.73
2014	Sarah Niemi, SM	1:00.16
2015	Sarah Niemi, SM	1:01.89
2016	Stephanie Morris, SM	1:04.22
2017	Alicia Stewart, SM	1:02.07
2018	Alicia Stewart, SM	:59.24
2019	Alicia Stewart, SM	1:01.57

### 200 Freestyle Relay

2000	Mater Dei	1:49.67
2001	Santa Margarita	1:51.99
2002	Mater Dei	1:53.14
2003	Santa Margarita	1:52.38
2004	Santa Margarita	1:50.97
2005	Santa Margarita	1:51.34
2006	Santa Margarita	1:54.24
2007	Rosary	1:52.03
2008	Santa Margarita	1:52.99
2009	Santa Margarita	1:54.07
2010	Santa Margarita	1:56.69
2011	Santa Margarita	1:49.97
2012	Santa Margarita	1:50.75
2013	Santa Margarita	1:44.41
2014	Santa Margarita	1:45.86
2015	Santa Margarita	1:47.51
2016	Santa Margarita	1:47.10
2017	Mater Dei	1:45.67
2018	Santa Margarita	1:43.61
2019	Santa Margarita	1:44.08

### 200 Individual Medley

2000	Jessica Ahlering, SM	1:08.93 *
2001	Alexis Beamer, MD	2:31.06
2002	Chloe Martin, MD	2:25.46
2003	Taylor Smith, SM	2:34.19
2004	Taylor Lockett, SM	2:33.43
2005	Vanessa Gonzalez, SM	2:33.63
2006	Allison Beck, SM	2:33.98
2007	Allison Beck, SM	2:34.05
2008	Mackenzie Beck, SM	2:32.44
2009	Shannon Scola, SM	2:35.61
2010	Kelly Ryan, SM	2:35.96
2011	Ali Kraft, SM	2:26.22
2012	Jordan Lee, SM	2:19.64
2013	Riley Beeler, SM	2:16.04
2014	Jordan Lee, SM	2:18.82
2015	Teresa Cerda, SM	2:14.09
2016	Amber Henmi, SM	2:16.32
2017	Amber Henmi, SM	2:14.46
2018	Caitlin Caruso, SM	2:10.57
2019	Leila Kezelman, SM	2:14.88

### 100 Freestyle

2000	Mandy Dutton, MD	:59.70
2001	Lindsay Vaughn, SM	1:00.25
2002	Kacy Kunkel, SM	:58.57
2003	Kristen Haugen, MD	:59.31
2004	Nicole Kaiser, MD	:59.31
2005	Kristin Palase, SM	1:00.22
2006	Alexa Fuller, SM	1:01.40
2007	Katie Rigler, ROS	:58.67
2008	Lauren Sanvido, SM	:59.84
2009	Crista Beach, SM	1:01.98
2010	Carina Carballo, SM	:59.82
2011	Emily Hamann, SM	:57.88
2012	Morgan Martinez, SM	:57.36
2013	Sophia Baia, SM	:55.99
2014	Sophia Baia, SM	:54.32
2015	Teresa Cerda, SM	:55.34
2016	Amber Henmi, SM	:56.93
2017	Alicia Stewart, SM	:55.51
2018	Maya Pinedo, SM	:53.69
2019	Maya Pinedo, SM	:55.65

### 100 Backstroke

2000	Kristen Carfioli, SM	:31.79 *
2001	Anne Markel, SM	1:10.40
2002	Chloe Martin, MD	1:08.41
2003	Stephanie Franz, SM	1:07.36
2004	Karen Heisler, SM	1:11.83
2005	Lyndsay Hilde, SM	1:12.02
2006	Allison Beck, SM	1:12.51
2007	Theresa Flanagan, ROS	1:11.33
2008	Allison Pulley, SM	1:10.26
2009	Kacie Hogan, SM	1:09.70
2010	Olivia Romo, SM	1:07.64
2011	Ali Kraft, SM	1:08.03
2012	Morgan Martinez, SM	1:04.19
2013	Sarah Niemi, SM	1:04.24
2014	Grace Dawson, SM	1:03.19
2015	Abigail Nugent, SM	1:04.31
2016	Abigail Nugent, SM	1:01.16
2017	Tyler Johnson, SM	1:03.39
2018	Andrea Smith, SM	1:01.68
2019	Andrea Smith, SM	1:01.44



### 100 Breaststroke

2000	Katie Jarmul, MD	:33.92 *
2001	Alexis Beamer, MD	1:16.68
2002	Annie Babikian, MD	1:16.87
2003	Brianna Baker, MD	1:20.52
2004	Danica Elbertse, SM	1:17.01
2005	Sarah Mancino, MD	1:17.25
2006	Elizabeth Heisler, SM	1:20.27
2007	Antoinette Saavedra, MD	1:18.44
2008	Elizabeth Heisler, SM	1:19.36
2009	Catherine Morin, SM	1:17.15
2010	Catherine Morin, SM	1:18.00
2011	Brooke Maushund, SM	1:18.64
2012	Lauren Czaja, SM	1:11.49
2013	Mikayla Kosmala, SM	1:13.40
2014	Elizabeth Morris, SM	1:11.33
2015	Elizabeth Morris, SM	1:09.42
2016	Sophia Perwas, SM	1:08.62
2017	Katie Martin, SM	1:12.67
2018	Caitlin Caruso, SM	1:06.30
2019	Mika Gargantiel, SM	1:10.47



Freshman **Brooke Etter** zeroes in on CIF cuts and the JV school record in the breaststroke.

### 400 Freestyle Relay

2000	Mater Dei	4:05.20
2001	Santa Margarita	4:07.35
2002	Santa Margarita	4:08.62
2003	Santa Margarita	4:10.65
2004	Santa Margarita	4:05.84
2005	Santa Margarita	4:00.74
2006	Santa Margarita	4:10.24
2007	Santa Margarita	4:10.78
2008	Santa Margarita	4:06.64
2009	Santa Margarita	4:10.50
2010	Santa Margarita	4:03.43
2011	Santa Margarita	3:59.31
2012	Santa Margarita	3:54.98
2013	Santa Margarita	3:50.03
2014	Santa Margarita	3:48.30
2015	Santa Margarita	3:47.42
2016	Santa Margarita	3:48.38
2017	Santa Margarita	3:46.99
2018	Santa Margarita	3:43.50
2019	Santa Margarita	3:47.63



Ready for an explosive start, senior **Liz Mizejewski** prepares for a quick race in the free.

### Team Champions

2000	Santa Margarita	564.00
2001	Santa Margarita	632.00
2002	Santa Margarita	662.00
2003	Santa Margarita	689.50
2004	Santa Margarita	667.00
2005	Santa Margarita	729.00
2006	Santa Margarita	678.00
2007	Santa Margarita	576.00
2008	Santa Margarita	688.00
2009	Santa Margarita	703.00
2010	Santa Margarita	716.00
2011	Santa Margarita	706.00
2012	Santa Margarita	716.00
2013	Santa Margarita	663.00
2014	Santa Margarita	686.00
2015	Santa Margarita	705.00
2016	Santa Margarita	679.00
2017	Santa Margarita	689.00
2018	Santa Margarita	705.50
2019	Santa Margarita	675.00





# Trinity League Champions-Boys Junior Varsity

swim&dive

# 2021

\* Short Distance in 2000

## 200 Medley Relay

2000	Santa Margarita	1:52.89
2001	Santa Margarita	1:53.46
2002	Santa Margarita	1:54.98
2003	Santa Margarita	1:54.63
2004	Santa Margarita	1:51.67
2005	Santa Margarita	1:49.96
2006	Santa Margarita	1:48.63
2007	Santa Margarita	1:49.43
2008	Mater Dei	1:49.71
2009	Santa Margarita	1:46.57
2010	Santa Margarita	1:48.09
2011	Santa Margarita	1:49.44
2012	Santa Margarita	1:48.67
2013	Mater Dei	1:46.75
2014	Santa Margarita	1:42.16
2015	Mater Dei	1:46.42
2016	Mater Dei	1:43.23
2017	Mater Dei	1:43.61
2018	Mater Dei	1:42.79
2019	Santa Margarita	1:44.13

## 50 Freestyle

2000	Robert Raney, SM	:23.77
2001	Pat Buckner, SER	:23.11
2002	Brian Renden, SM	:23.99
2003	James Sublette, SM	:23.72
2004	Cort DiStanislaio, MD	:24.45
2005	Ryan Tharaldson, SM	:23.46
2006	Stephen Paff, MD	:24.11
2007	Stephen Paff, MD	:22.67
2008	Max Gallindo, MD	:23.40
2009	George Moll, SM	:23.13
2010	Sean Antonacci, MD	:23.40
2011	Jesse Myers, SM	:23.69
2012	Spencer Carroll, MD	:22.97
2013	Logan Wright, SM	:23.08
2014	Sam Slobodien, SM	:22.26
2015	Kirby Slater, MD	:22.85
2016	Nick Classen, MD	:22.51
2017	Nick Classen, MD	:22.60
2018	Jakob Romo, SM	:22.37
2019	William O'Sullivan, MD	:22.31

## 500 Freestyle

2000	Sean Indra, SM	5:52.16
2001	Scott Collins, SM	5:27.21
2002	Toshi Kido, SM	5:44.86
2003	Peter Schloemer, MD	5:36.23
2004	John Nuccio, SM	5:37.57
2005	Sean Adl, SM	5:20.67
2006	Matt Wintheiser, MD	5:07.47
2007	Matt Wintheiser, MD	5:26.14
2008	Sam Digiovanni, MD	5:13.49
2009	Joseph Simmons, SER	5:27.46
2010	Jacob Conway, MD	5:24.39
2011	Connor Anderson, SM	5:11.27
2012	Nicholas Silvers, MD	5:01.54
2013	Clint Hurdle, MD	5:05.40
2014	Kyle Monteleone, SM	4:51.92
2015	Nick Lavayen, MD	5:03.91
2016	Joe Inoue, MD	4:57.71
2017	Harry Needell, SM	4:56.69
2018	Harry Needell, SM	4:55.59
2019	Harry Needell, SM	4:48.58

## 200 Freestyle

2000	Brett Myer, SM	1:59.44
2001	Brett Myer, SM	2:00.48
2002	Toshi Kido, SM	2:00.54
2003	John Garcia, SM	2:04.28
2004	Matt Hansen, SM	1:58.40
2005	Blake Melgren, SM	2:00.00
2006	Luke Connor, SM	1:55.30
2007	Zach Wherry, MD	1:55.20
2008	Paul Connor, SM	1:55.85
2009	Chad Naughton, SM	1:56.26
2010	Corey Lachance, SM	1:56.86
2011	Connor Anderson, SM	1:53.97
2012	Connor Anderson, SM	1:51.87
2013	Austin Engelbrecht, SM	1:54.28
2014	Kyle Monteleone, SM	1:47.85
2015	Myles Stapelberg, MD	1:48.62
2016	Jason Dompke, MD	1:52.33
2017	Jack Reid, MD	1:49.75
2018	Grant Loth, MD	1:49.07
2019	Zachary Hundley, SM	1:48.85

## 100 Butterfly

2000	Chase Gilomen, SM	:26.84 *
2001	Charles Theriot, SJB	1:02.63
2002	Alex Rogers, SM	:58.65
2003	Tony Martin, MD	1:04.54
2004	Mark Connor, SM	1:00.05
2005	Eric Stoker, SM	1:00.10
2006	Rodolfo Nieto, SER	:59.15
2007	Eric Mear, SER	:59.62
2008	Jeffrey Jarvis, MD	1:00.04
2009	Tyler Jankovich, SM	:55.35
2010	Phillip Tran, MD	:58.55
2011	Nick Carignan, SM	:59.53
2012	Nick Carignan, SM	:57.55
2013	David Bao, SM	:57.07
2014	David Bao, SM	:55.68
2015	Myles Stapelberg, MD	:55.26
2016	Corey Smith, MD	:53.61
2017	Jack Reid, MD	:54.74
2018	Paul Finby, MD	:55.13
2019	Jacob Stephen, MD	:56.61

## 200 Freestyle Relay

2000	Santa Margarita	1:38.00
2001	Santa Margarita	1:43.08
2002	Mater Dei	1:41.03
2003	Santa Margarita	1:39.24
2004	Santa Margarita	1:38.56
2005	Santa Margarita	1:35.87
2006	Mater Dei	1:37.75
2007	Mater Dei	1:34.89
2008	Mater Dei	1:38.81
2009	Santa Margarita	1:35.44
2010	Mater Dei	1:35.90
2011	Santa Margarita	1:36.40
2012	Santa Margarita	1:35.11
2013	Mater Dei	1:32.73
2014	Santa Margarita	1:30.65
2015	Mater Dei	1:33.60
2016	Mater Dei	1:31.25
2017	Mater Dei	1:30.98
2018	Santa Margarita	1:31.79
2019	Mater Dei	1:31.35

## 200 Individual Medley

2000	Adam Szeremeta, SM	1:02.91 *
2001	Lou Radie, SM	2:17.24
2002	Bryce Baker, MD	2:20.80
2003	Peter Schloemer, MD	2:23.12
2004	Mark Connor, SM	2:20.56
2005	Eric Macey, SM	2:07.04
2006	Michael Tran, SM	2:12.67
2007	Shawn Gilmore, SM	2:15.84
2008	Jeffrey Jarvis, MD	2:13.46
2009	Jason Varela, SER	2:18.12
2010	Stephen Riggins, SM	2:15.74
2011	Pablo Carballo, SM	2:12.36
2012	Justin Wang, MD	2:06.17
2013	Spencer Lupin, SM	2:08.01
2014	Spencer Lupin, SM	2:03.08
2015	Corey Smith, MD	2:06.42
2016	Corey Smith, MD	2:03.36
2017	Aiden Asuncion-Duong, SV	2:04.53
2018	Erik Franck, MD	1:59.97
2019	Cole Constantino, MD	2:06.65

## 100 Freestyle

2000	Cubie Hernandez, SM	:53.98
2001	Pat Buckner, SER	:50.63
2002	Scott Low, MD	:54.54
2003	James Sublette, SM	:52.29
2004	Kris Prygrocki, SM	:55.17
2005	Eric Macey, SM	:51.57
2006	Luke Connor, SM	:52.69
2007	Patrick Stange, MD	:49.43
2008	Max Galindo, MD	:50.59
2009	George Moll, SM	:50.82
2010	Corey Lachance, SM	:52.95
2011	Luke Morand, SM	:52.39
2012	Spencer Carroll, MD	:51.49
2013	Logan Wright, SM	:50.46
2014	Jack Garcia, SM	:50.00
2015	Kirby Slater, MD	:50.42
2016	Jack Klingler, MD	:50.23
2017	Warren Loth, MD	:49.61
2018	Angel Sanchez, SM	:48.85
2019	William O'Sullivan, MD	:49.63

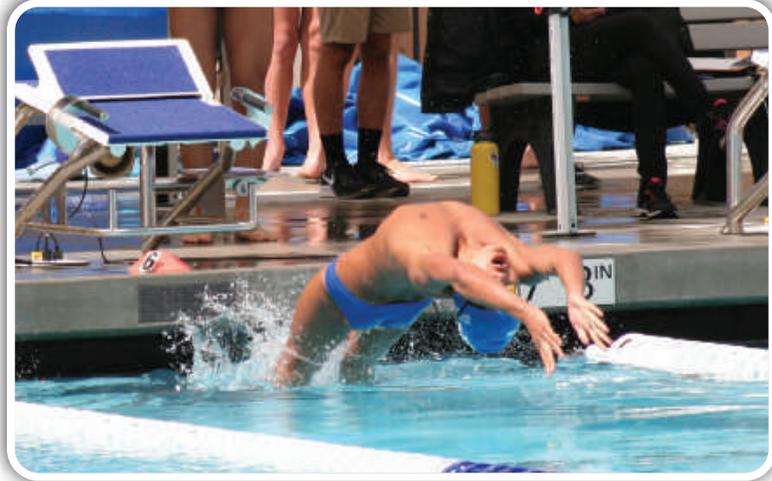
## 100 Backstroke

2000	Brett Myer, SM	:29.12 *
2001	Brett Myer, SM	1:02.35
2002	Alex Rogers, SM	1:01.83
2003	Tim Renden, SM	1:03.51
2004	Greg Welch, SM	1:03.04
2005	Greg Welch, SM	1:00.83
2006	Matt Wintheiser, MD	1:00.09
2007	Thomas Husen, SM	1:03.32
2008	Sean Donahue, MD	1:02.27
2009	Tyler Jankovich, SM	1:01.15
2010	Sean Antonacci, MD	:59.33
2011	Donald Callender, MD	1:01.56
2012	Jerod Magazine, SM	1:00.55
2013	David Bao, SM	:59.75
2014	David Bao, SM	:58.02
2015	Justin Ko, MD	:57.57
2016	Alex Ness, SM	:57.61
2017	Jack Gannaway, MD	:56.92
2018	Grant Thomas, MD	:59.44
2019	Harry Needell, SM	:56.76



### 100 Breaststroke

2000	Lou Radie, SM	:33.55 *
2001	Scott Collins, SM	1:04.98
2002	Bryce Baker, MD	1:08.60
2003	Nick Shorr, SM	1:08.60
2004	Pat Schaeffer, SM	1:10.21
2005	Sean Adl, SM	1:09.39
2006	Michael Tran, SM	1:05.85
2007	Derek Elbertse, SM	1:07.55
2008	Jeffrey Latham, MD	1:07.85
2009	Alex Simmons, SM	1:09.70
2010	John Morin, SM	1:08.70
2011	Sean Freeman, SM	1:07.48
2012	Justin Wang, MD	1:03.67
2013	Spencer Lupin, SM	1:05.76
2014	Spencer Lupin, SM	1:03.52
2015	Keegan Coleman, MD	1:06.92
2016	Nick Classen, MD	1:04.35
2017	Nick Classen, MD	1:04.86
2018	Erik Franck, MD	1:02.83
2019	Wyatt Clark, SM	1:05.06



Freshman **Dean Fujimoto** owns the skills to take the JV record in the 100 back.

### 400 Freestyle Relay

2000	Santa Margarita	3:44.39
2001	Santa Margarita	3:47.30
2002	Mater Dei	3:44.07
2003	Santa Margarita	3:41.33
2004	Santa Margarita	3:48.09
2005	Santa Margarita	3:34.94
2006	Mater Dei	3:35.92
2007	Mater Dei	3:26.30
2008	Santa Margarita	3:30.50
2009	Santa Margarita	3:29.82
2010	Mater Dei	3:33.81
2011	Santa Margarita	3:35.39
2012	Santa Margarita	3:32.66
2013	Santa Margarita	3:30.51
2014	Santa Margarita	3:23.11
2015	Mater Dei	3:23.77
2016	Mater Dei	3:23.50
2017	Mater Dei	3:21.72
2018	Santa Margarita	3:21.38
2019	Santa Margarita	3:21.31



Junior **Ben Drago** makes the move to the JV level after dominating on the Open.

### Team Champions

2000	Santa Margarita	623.00
2001	Santa Margarita	631.00
2002	Santa Margarita	518.00
2003	Santa Margarita	643.00
2004	Santa Margarita	689.00
2005	Santa Margarita	707.00
2006	Santa Margarita	634.00
2007	Santa Margarita	626.00
2008	Mater Dei	617.00
2009	Santa Margarita	564.00
2010	Santa Margarita	650.50
2011	Santa Margarita	703.00
2012	Santa Margarita	645.00
2013	Santa Margarita	605.00
2014	Santa Margarita	652.00
2015	Mater Dei	625.00
2016	Mater Dei	667.00
2017	Mater Dei	625.50
2018	Santa Margarita	581.50
2019	Mater Dei	613.00





# Trinity League Champions-Girls Open

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## 200 Medley Relay

2000	Santa Margarita	2:13.22
2001	Santa Margarita	2:19.49
2002	Mater Dei	2:16.22
2003	Rosary	2:15.47
2004	Santa Margarita	2:11.94
2005	Santa Margarita	2:16.13
2006	Santa Margarita	2:14.58
2007	Santa Margarita	2:13.46
2008	Santa Margarita	2:14.50
2009	Santa Margarita	2:09.37
2010	Santa Margarita	2:13.11
2011	Mater Dei	2:04.08
2012	Mater Dei	2:03.61
2013	Santa Margarita	2:00.88
2014	Santa Margarita	2:01.45
2015	Santa Margarita	2:06.60
2016	Santa Margarita	2:05.38
2017	Santa Margarita	2:02.96
2018	Santa Margarita	2:08.19
2019	Santa Margarita	2:04.31

## 50 Freestyle

2000	Dallas Goshall, SM	:29.54
2001	Chris Portillo, STJ	:28.91
2002	Beth King, MD	:28.89
2003	Rebecca McCall, ROS	:28.20
2004	Eileen Mahoney, SM	:28.84
2005	Mackenzie Maurer, SM	:28.50
2006	Danielle Carlson, SM	:28.80
2007	Bridget Terrebbonne, MD	:29.06
2008	Clare Lenard, SM	:27.55
2009	Darian Podmajersky, OL	:27.62
2010	Erin Kenney, SM	:28.82
2011	Courtney Garcia, JS	:27.54
2012	Portia Alexander, OLU	:27.15
2013	Nisha Goddard, SM	:27.49
2014	Delaney Mazelin, SM	:25.89
2015	Delaney Mazelin, SM	:25.78
2016	Mia Chanove, SM	:27.09
2017	Kori Bento, SM	:26.08
2018	Ashley Nguyen, MD	:27.10
2019	Bianca Bays, MD	:26.37

## 200 Freestyle Relay

2000	Mater Dei	1:56.91
2001	St. Joseph	2:00.67
2002	Santa Margarita	2:04.31
2003	Rosary	1:58.42
2004	Santa Margarita	1:58.33
2005	Santa Margarita	2:01.09
2006	Santa Margarita	1:54.70
2007	Santa Margarita	1:56.75
2008	Santa Margarita	2:00.93
2009	Santa Margarita	2:01.32
2010	Santa Margarita	1:56.77
2011	Mater Dei	1:55.49
2012	Mater Dei	1:53.27
2013	Santa Margarita	1:49.23
2014	Santa Margarita	1:46.98
2015	Santa Margarita	1:55.13
2016	Santa Margarita	1:50.79
2017	Santa Margarita	1:52.23
2018	Jserra	1:53.68
2019	Santa Margarita	1:54.18

## 200 Freestyle

2000	Leslie Christiansen, MD	2:31.67
2001	Frances Miles, STJ	2:24.07
2002	Marina Hernandez, SM	2:28.03
2003	Corey Best, MD	2:20.13
2004	Emily Harper, SM	2:18.41
2005	Mackenzie Maurer, SM	2:14.77
2006	Brittany Hastings, SM	2:25.99
2007	Dante Luke, SM	2:16.77
2008	Clare Lenard, SM	2:17.74
2009	Olivia Romo, SM	2:22.99
2010	Angela Hunter, ROS	2:16.51
2011	Nicole LaBruna, SM	2:16.08
2012	Stefanie Goldbach, MD	2:11.26
2013	Fiona Goh, SM	2:06.73
2014	Riley Cunningham, SM	2:01.23
2015	Claudia Gonzalez, SM	2:15.07
2016	Natalie Tuerk, SM	2:00.46
2017	Jane Hutchinson, SM	2:09.04
2018	Mara Loughlin, SM	2:09.51
2019	Nicole Tyner, MD	2:11.30

## 50 Butterfly

2000	Kim Bahnsen, SM	:33.82
2001	Renae Logston, MD	:33.50
2002	Laura Billeci, MD	:32.23
2003	Lisa DelaPena, ROS	:32.53
2004	Jessica Bunkis, SM	:29.97
2005	Alexandra Kuhle, MD	:33.46
2006	Jackie Biss, SM	:33.76
2007	Jackie Biss, SM	:31.99
2008	Kelsey Walker, SM	:33.20
2009	Emily Hamann, SM	:30.56
2010	Emma Tice, ROS	:31.50
2011	Jamie Patton, MD	:30.19
2012	Jamie Patton, MD	:30.16
2013	Hannah Johnston, SM	:30.59
2014	Hannah Johnston, SM	:29.80
2015	Stephanie Morris, SM	:29.17
2016	Katherine Todor, SM	:29.60
2017	Katherine Todor, SM	:29.92
2018	Allie Pincus, JS	:29.32
2019	Morgan Davies, SM	:30.29

## 50 Backstroke

2000	Heidi Kallen, SM	:33.38
2001	Erica Welch, SM	:35.85
2002	Kelly O'Brien, STJ	:35.95
2003	Jackie Dechaves, ROS	:33.15
2004	Tiffany Martin, SM	:33.46
2005	Lauren Weiss, SM	:34.29
2006	Allison Pulley, SM	:34.13
2007	Allison Pulley, SM	:34.11
2008	Gabby Carpello, ROS	:33.52
2009	Olivia Romo, SM	:34.17
2010	Tori Jankovich, SM	:34.17
2011	Sydney Blubaugh, MD	:31.89
2012	May Li, SM	:30.01
2013	May Li, SM	:30.39
2014	Nisha Goddard, SM	:30.70
2015	Stephanie Morris, SM	:30.84
2016	Katherine Tudor, SM	:31.63
2017	Ashley Park, SM	:31.58
2018	Savannah Burns, SM	:30.88
2019	Makena Tozzer, SM	:31.64

## 100 Individual Medley

2000	Jessica Jarmul, MD	1:12.60
2001	Renae Logston, MD	1:17.36
2002	Whitney Middleton, ROS	1:15.43
2003	Danielle Husen, SM	1:12.85
2004	Courtney Rosenquist, SM	1:12.80
2005	Jessica Stevenson, SM	1:13.55
2006	Jennifer Dixon, SM	1:14.64
2007	Allison Pulley, SM	1:12.50
2008	Samantha Goff, SM	1:16.81
2009	Emily Hamann, SM	1:12.16
2010	Tori Jankovich, SM	1:12.72
2011	Audrey Thellman, MD	1:09.83
2012	Audrey Thellman, MD	1:07.89
2013	May Li, SM	1:07.96
2014	Kristine Liao, SM	1:04.90
2015	Mary Hutchinson, SM	1:10.62
2016	Jane Hutchinson, SM	1:06.22
2017	Jane Hutchinson, SM	1:07.72
2018	Angelina Mejia, SM	1:09.04
2019	Katherine Watson, MD	1:10.56

## 100 Freestyle

2000	Kristina Plante, SM	1:04.37
2001	Frances Miles, STJ	1:04.21
2002	Beth King, MD	1:04.12
2003	Rebecca McCall, ROS	1:02.47
2004	Channing Miller, SM	1:03.94
2005	Julia Mekrut, SM	1:04.54
2006	Danielle Carlson, SM	1:02.75
2007	Dante Luke, SM	1:01.52
2008	Ana Augustson, SM	1:05.98
2009	Darian Podmajersky, OL	1:03.23
2010	Brittany Cooper, ROS	1:02.08
2011	Stefanie Goldbach, MD	1:00.64
2012	Stefanie Goldbach, MD	:59.59
2013	Fiona Goh, SM	:59.33
2014	Riley Cunningham, SM	:55.83
2015	Delaney Mazelin, SM	:56.52
2016	Natalie Tuerk, SM	:55.81
2017	Cameron Christensen, SM	1:00.58
2018	Savannah Burns, SM	:58.61
2019	Emily McCarthy, SM	1:00.44

## 50 Breaststroke

2000	Jessica Blakeney, SM	:37.50
2001	Veronica Rosenquist, SM	:39.61
2002	Brigid Burnham, MD	:36.67
2003	Courtney Rosenquist, SM	:38.85
2004	Eileen Mahoney, SM	:37.53
2005	Elizabeth Heisler, SM	:37.32
2006	Devon Luke, SM	:39.07
2007	Alisa Olson, SM	:37.73
2008	Samantha Goff, SM	:36.42
2009	MacKayla Class, OL	:37.55
2010	Carrie Dubeau, SM	:38.62
2011	Audrey Thellman, MD	:34.56
2012	Audrey Thellman, MD	:34.88
2013	Elizabeth Morris, SM	:34.40
2014	Delaney Mazelin, SM	:34.46
2015	Shawdy Hedayati, SM	:37.59
2016	Samantha Loughlin, SM	:38.47
2017	Maggie Moran, MD	:37.76
2018	Kelly Woolfenden, SM	:34.69
2019	Kelly Woolfenden, SM	:35.47



### 400 Freestyle Relay

2000	Santa Margarita	4:29.62
2001	St. Joseph	4:27.53
2002	Mater Dei	4:33.51
2003	Santa Margarita	4:28.13
2004	Santa Margarita	4:21.85
2005	Santa Margarita	4:21.15
2006	Santa Margarita	4:27.29
2007	Santa Margarita	4:18.96
2008	Santa Margarita	4:24.28
2009	Santa Margarita	4:25.38
2010	Santa Margarita	4:18.26
2011	Mater Dei	4:11.55
2012	Mater Dei	4:02.72
2013	Santa Margarita	4:04.52
2014	Santa Margarita	3:50.52
2015	Santa Margarita	4:04.64
2016	Santa Margarita	3:57.76
2017	Santa Margarita	4:12.10
2018	Santa Margarita	4:06.02
2019	Mater Dei	4:10.72



Sophomore **Chloe Fetters** is a fierce competitor willing to work hard to reach her goal times.

### Team Champions

2000	Santa Margarita	609.00
2001	Santa Margarita	513.00
2002	Mater Dei	514.00
2003	Santa Margarita	547.50
2004	Santa Margarita	661.00
2005	Santa Margarita	643.00
2006	Santa Margarita	649.00
2007	Santa Margarita	623.00
2008	Santa Margarita	615.00
2009	Santa Margarita	585.00
2010	Santa Margarita	612.00
2011	Mater Dei	505.00
2012	Mater Dei	567.00
2013	Santa Margarita	637.00
2014	Santa Margarita	633.50
2015	Santa Margarita	629.00
2016	Santa Margarita	621.00
2017	Santa Margarita	526.50
2018	Santa Margarita	582.00
2019	Santa Margarita	584.00



**Ava Chamkhaleh** will finish the season strong and place the 2020 season in the rear view mirror.





# Trinity League Champions-Boys Open

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## 200 Medley Relay

2000	Servite	2:03.25
2001	Servite	1:56.07
2002	Servite	2:05.28
2003	Servite	1:59.57
2004	Servite	2:00.60
<b>2005</b>	<b>Santa Margarita</b>	<b>1:55.95</b>
<b>2006</b>	<b>Santa Margarita</b>	<b>1:56.30</b>
<b>2007</b>	<b>Santa Margarita</b>	<b>1:53.95</b>
2008	Servite	1:53.93
2009	Mater Dei	1:56.81
<b>2010</b>	<b>Santa Margarita</b>	<b>1:59.10</b>
<b>2011</b>	<b>Santa Margarita</b>	<b>1:52.93</b>
<b>2012</b>	<b>Santa Margarita</b>	<b>1:55.97</b>
<b>2013</b>	<b>Santa Margarita</b>	<b>1:52.80</b>
2014	Mater Dei	1:52.70
2015	Mater Dei	1:53.07
2016	Servite	1:51.33
2017	Mater Dei	1:48.16
2018	Mater Dei	1:49.10
2019	Mater Dei	1:51.65

## 50 Freestyle

2000	Matt Garcia, SER	:25.22
2001	Tony Arriaga, SER	:27.84
2002	Tony Miles, SER	:26.96
<b>2003</b>	<b>Charlie LeVasseur, SM</b>	<b>:24.54</b>
<b>2004</b>	<b>Ryan Tharaldson, SM</b>	<b>:24.99</b>
2005	Kevin Griley, MD	:24.99
<b>2006</b>	<b>Eric Martin, SM</b>	<b>:24.58</b>
2007	Jeffrey Lathan, MD	:24.57
<b>2008</b>	<b>George Moll, SM</b>	<b>:24.42</b>
2009	Michael Matich, MD	:25.18
<b>2010</b>	<b>Brian Hastings, SM</b>	<b>:23.83</b>
<b>2011</b>	<b>Greg Hansen, SM</b>	<b>:24.35</b>
2012	Sam Slobodien, JS	:24.79
<b>2013</b>	<b>Jack Garcia, SM</b>	<b>:23.94</b>
2014	Christian Hockenbury, MD	:23.76
2015	Nick Van Horn, MD	:23.21
2016	Oliver Teitscheid, MD	:23.58
2017	Oliver Teitscheid, MD	:23.20
2018	William Ludovico, MD	:23.00
2019	Emmett Gallivan, MD	:24.09

## 200 Freestyle Relay

2000	Servite	1:48.34
2001	Servite	1:51.46
<b>2002</b>	<b>Santa Margarita</b>	<b>1:52.69</b>
2003	Servite	1:44.82
<b>2004</b>	<b>Santa Margarita</b>	<b>1:48.61</b>
<b>2005</b>	<b>Santa Margarita</b>	<b>1:43.58</b>
<b>2006</b>	<b>Santa Margarita</b>	<b>1:41.64</b>
<b>2007</b>	<b>Santa Margarita</b>	<b>1:41.26</b>
2008	Servite	1:40.01
2009	Mater Dei	1:46.12
<b>2010</b>	<b>Santa Margarita</b>	<b>1:42.22</b>
2011	Mater Dei	1:38.86
<b>2012</b>	<b>Santa Margarita</b>	<b>1:40.06</b>
2013	Servite	1:36.33
2014	Mater Dei	1:37.53
2015	Mater Dei	1:36.40
2016	Mater Dei	1:36.49
2017	Mater Dei	1:36.10
2018	Mater Dei	1:36.16
2019	Mater Dei	1:38.48

## 200 Freestyle

2000	Jeff Paquet, SER	2:12.17
2001	Brett Hurley, SER	2:00.36
2002	Cort Distanislaio, MD	2:14.17
2003	Phillip Simmons, SER	2:05.00
2004	Andrew Orr, SER	2:16.27
<b>2005</b>	<b>Mike Alosio, SM</b>	<b>2:03.10</b>
2006	Max Gallindo, MD	2:03.00
<b>2007</b>	<b>Paul Connor, SM</b>	<b>2:00.33</b>
<b>2008</b>	<b>Brian Maurer, SM</b>	<b>2:01.57</b>
<b>2009</b>	<b>Corey Lachance, SM</b>	<b>2:03.63</b>
2010	Patrick Harding, SER	1:57.03
2011	Neil LeVecke, MD	1:59.04
<b>2012</b>	<b>Langley Petrie, SM</b>	<b>2:00.53</b>
2013	Liam McClafferty, SER	1:53.75
<b>2014</b>	<b>Brandon, Aguirre, SM</b>	<b>1:57.04</b>
2015	Joey Secard, MD	1:55.74
2016	Jack Reid, MD	1:53.46
2017	Ben Teske, SER	1:54.74
2018	Clay Kaneko, MD	1:54.54
2019	Drew Mena, MD	1:59.10

## 50 Butterfly

2000	Jeff Paquet, SER	:30.57
2001	Chris Lingle, SER	:29.32
<b>2002</b>	<b>Tim Renden, SM</b>	<b>:33.61</b>
2003	Daniel Garcia, SER	:28.73
2004	Mike Cocchi, SER	:28.90
<b>2005</b>	<b>Alex Maher, SM</b>	<b>:29.39</b>
<b>2006</b>	<b>Tommy Jankovich, SM</b>	<b>:28.04</b>
<b>2007</b>	<b>Kevin Dowe, SM</b>	<b>:27.28</b>
2008	Matt Cocchi, SER	:26.20
2009	Michael Matich, MD	:26.81
<b>2010</b>	<b>Ryan Manoogian, SM</b>	<b>:27.47</b>
<b>2011</b>	<b>Ryan Finney, SM</b>	<b>:27.10</b>
2012	Garrett Kaltenbach, JS	:27.06
2013	Liam McClafferty, SER	:26.41
<b>2014</b>	<b>Jacob Good, SM</b>	<b>:25.86</b>
<b>2015</b>	<b>Jacob Wright, SM</b>	<b>:25.37</b>
2016	Jake Bays, MD	:26.00
2017	Ben Teske, SER	:26.14
2018	William O'Sullivan, MD	:26.31
2019	Cas Stevens, MD	:27.67

## 50 Backstroke

2000	Ramino Gallegos, MD	:32.90
2001	Adam McCall, SER	:29.09
2002	Tony Miles, SER	:29.74
2003	Tony Miles, SER	:30.14
<b>2004</b>	<b>Blake Mellgren, SM</b>	<b>:30.75</b>
<b>2005</b>	<b>Mike Lockett, SM</b>	<b>:30.31</b>
<b>2006</b>	<b>Thomas Husen, SM</b>	<b>:30.57</b>
<b>2007</b>	<b>Garrison Nauman, SM</b>	<b>:29.18</b>
2008	Connor McKhann, OL	:29.86
2009	Andrew Michalak, SER	:31.70
<b>2010</b>	<b>Ryan Manoogian, SM</b>	<b>:31.15</b>
2011	Joseph Busch, MD	:29.42
2012	Drew Thomas, MD	:29.06
<b>2013</b>	<b>Austin Clark, SM</b>	<b>:28.96</b>
2014	Sean Duncan, MD	:28.34
2015	Jack Klinger, MD	:28.55
2016	Warren Loth, MD	:28.56
2017	Preston Sanders, MD	:28.49
2018	Ethan Kaplan, MD	:28.08
2019	Jack Peterson, MD	:30.39

## 100 Individual Medley

2000	Joe O'Sullivan, MD	1:07.61
2001	Adam McCall, SER	1:02.96
2002	Nick Stauber, SER	1:04.40
2003	Joe Devoy, SER	1:08.52
2004	Nolan Cannon, SER	1:07.33
2005	Isiahs Ramirez, SJB	1:06.20
2006	Ivan Martinez, MD	1:05.80
<b>2007</b>	<b>Blake Bunte, SM</b>	<b>1:04.53</b>
2008	Nick Rodriguez, MD	1:04.70
<b>2009</b>	<b>Sean Freeman, SM</b>	<b>1:05.02</b>
2010	Adam Rutz, SJB	1:07.10
<b>2011</b>	<b>Ryan Finney, SM</b>	<b>1:03.70</b>
2012	Adam Campbell, JS	1:04.87
<b>2013</b>	<b>Sam Slobodien, SM</b>	<b>1:02.90</b>
2014	Kirby Slater, MD	1:02.17
2015	Dawson Gresch, OLU	1:04.10
<b>2016</b>	<b>Nicholas Maramica, SM</b>	<b>1:01.35</b>
2017	Ryan Lee, SER	1:00.22
2018	William O'Sullivan, MD	:58.93
2019	Julio Delgado, MD	1:02.83

## 100 Freestyle

2000	John Finnerty, SER	:56.06
2001	Brett Hurley, SER	:53.66
2002	Nick Stauber, SER	:54.71
2003	Phillip Simmons, SER	:55.47
<b>2004</b>	<b>James Markel, SM</b>	<b>:56.04</b>
<b>2005</b>	<b>Mike Alosio, SM</b>	<b>:56.45</b>
<b>2006</b>	<b>Eric Martin, SM</b>	<b>:56.69</b>
<b>2007</b>	<b>Paul Connor, SM</b>	<b>:54.09</b>
2008	Mike Carillo, SER	:53.37
<b>2009</b>	<b>Corey Lachance, SM</b>	<b>:54.87</b>
2010	Patrick Harding, SER	:52.49
<b>2011</b>	<b>Greg Hansen, SM</b>	<b>:53.81</b>
2012	Drew Thomas, MD	:53.20
<b>2013</b>	<b>Jack Garcia, SM</b>	<b>:52.38</b>
2014	Elias Payne, MD	:52.63
<b>2015</b>	<b>Jacob Wright, SM</b>	<b>:51.92</b>
2016	Oliver Teitscheid, MD	:52.57
2017	William Ludociva, MD	:51.38
2018	Clay Kaneko, MD	:51.17
2019	Emmett Gallivan, MD	:53.54

## 50 Breaststroke

2000	Matt Garcia, SER	:33.18
2001	Brian Finnerty, SER	:34.26
2002	Sean Bougler, SER	:34.90
2003	Justin Josen, SJB	:32.93
2004	Nolan Cannon, SER	:32.67
<b>2005</b>	<b>Derek Elbertse, SM</b>	<b>:32.60</b>
<b>2006</b>	<b>Tommy Jankovich, SM</b>	<b>:32.78</b>
<b>2007</b>	<b>Ross Kirkbaumer, SM</b>	<b>:32.83</b>
2008	Michael O'Toole, MD	:31.84
2009	Juan Pablo Jose Ramos, MD	:32.79
2010	Adam Rutz, SJB	:34.14
2011	Brian Luong, SER	:31.95
<b>2012</b>	<b>Ryan Melosini, SM</b>	<b>:30.98</b>
2013	Will Lapkin, SER	:30.75
<b>2014</b>	<b>Alex Picuch, SM</b>	<b>:32.13</b>
2015	Chris Martinez, MD	:33.68
2016	Jake Bays, MD	:30.98
2017	Ryan Lee, SER	:30.05
2018	Keith Openshaw, MD	:30.85
<b>2019</b>	<b>Shane Baird, SM</b>	<b>:30.97</b>

### 400 Freestyle Relay

2000	Servite	3:56.52
2001	NA	NA
2002	Servite	4:09.24
2003	Servite	3:56.98
2004	Santa Margarita	<b>3:55.64</b>
2005	Santa Margarita	<b>3:52.77</b>
2006	Santa Margarita	<b>3:45.85</b>
2007	Santa Margarita	<b>3:45.09</b>
2008	Servite	3:43.25
2009	Mater Dei	3:51.92
2010	Santa Margarita	<b>3:49.93</b>
2011	Mater Dei	3:40.29
2012	Santa Margarita	<b>3:43.55</b>
2013	Servite	3:32.46
2014	Mater Dei	3:30.65
2015	Mater Dei	3:31.59
2016	Mater Dei	3:37.58
2017	Mater Dei	3:33.18
2018	Mater Dei	3:34.28
2019	Mater Dei	3:45.37



Sophomore **Richard Yu** possesses a strong backstroke to go with his freestyle.



Freshman **Liam Dowd** is ready to take on the Trinity League in his SM swim debut.

### Team Champions

2000	Servite	348.00
2001	Servite	271.00
2002	Servite	325.00
2003	Servite	453.00
2004	Santa Margarita	<b>498.00</b>
2005	Santa Margarita	<b>578.00</b>
2006	Santa Margarita	<b>641.00</b>
2007	Santa Margarita	<b>515.00</b>
2008	Servite	523.00
2009	Santa Margarita	<b>506.00</b>
2010	Santa Margarita	<b>575.00</b>
2011	Santa Margarita	<b>558.00</b>
2012	Santa Margarita	<b>571.00</b>
2013	Santa Margarita	<b>545.00</b>
2014	Mater Dei	517.00
2015	Mater Dei	621.00
2016	Mater Dei	528.00
2017	Mater Dei	533.50
2018	Santa Margarita	<b>488.00</b>
2019	Santa Margarita	<b>501.00</b>



# Santa Margarita Swimming & Diving

2021





# Santa Margarita All-Time Top 10

swim&dive

# 2021

## Girls 50 Freestyle

1 Anicka Delgao	:22.54	19
2 Katie McLaughlin	:22.77	14
3 Mackenzie Degn	:22.95	16
4 Lindsay Ervin	:22.95	19
5 Samantha Shelton	:23.25	16
6 Marriott Hoffmann	:23.35	17
7 Jeni Griffin	:23.60	17
8 Ella Ristic	:23.66	19
9 Erika Figge	:23.69	03
10 Josette Odgers	:23.74	18

## Girls 100 Freestyle

1 Katie McLaughlin	:48.69	15
2 Ella Ristic	:49.24	19
3 Anicka Delgado	:49.43	17
4 Samantha Shelton	:49.58	17
5 Mackenzie Degn	:49.91	16
6 Lindsay Ervin	:50.42	19
7 Lizzie Devitt	:51.58	12
8 Sydney Franzen	:51.71	13
9 Marriott Hoffmann	:51.87	18
10 Bela Patino	:51.96	18

## Girls 200 Individual Medley

1 Katie McLaughlin	1:59.84	15
2 Isabelle Odgers	1:59.99	18
3 Samantha Shelton	2:00.00	18
4 Lizzie Devitt	2:01.83	12
5 Mackenzie Degn	2:03.32	19
6 Megan Gehrich	2:04.97	11
7 Ella Ristic	2:05.48	19
8 Katie Nugent	2:05.50	19
9 Natalie Oien	2:05.51	19
10 Kristi Fecarotta	2:06.43	16

## Girls 100 Butterfly

1 Katie McLaughlin	:51.53	15
2 Anicka Delgado	:53.25	18
3 Samantha Shelton	:53.72	16
4 Isabella Abrajan	:54.10	19
5 Mia Ristic	:55.01	19
6 Miranda Renner	:55.48	19
7 Raquel Remick	:56.01	14
8 Bela Patino	:56.49	18
9 Kellie Fecarotta	:57.38	10
10 Audrey Johnstone	:57.48	13

## Girls 200 Freestyle

1 Katie McLaughlin	1:43.01	15
2 Samantha Shelton	1:44.05	18
3 Ella Ristic	1:45.66	19
4 Mackenzie Degn	1:47.80	18
5 Sydney Franzen	1:49.84	14
6 Lizzie Devitt	1:50.04	14
7 Emily Boggess	1:51.54	14
8 Alex Delaney	1:51.95	09
9 Natalie Oien	1:52.31	18
10 Anicka Delgado	1:52.43	17

## Girls 500 Freestyle

1 Mackenzie Degn	4:46.62	19
2 Ella Ristic	4:48.26	17
3 Katie McLaughlin	4:51.86	15
4 Sydney Franzen	4:52.24	13
5 Samantha Shelton	4:54.48	16
6 Emily Boggess	4:56.91	15
7 Lizzie Devitt	4:58.10	11
8 Audrey Johnstone	4:58.65	13
9 Natalie Oien	4:58.86	19
10 Meagan Brown	4:59.24	07

## Girls 100 Backstroke

1 Samantha Shelton	:53.04	17
2 Katie McLaughlin	:55.28	15
3 Isabella Abrajan	:55.33	19
4 Ella Ristic	:55.37	19
5 Jax Shoults	:55.89	12
6 Mia Ristic	:56.34	19
7 Devonie Miguez	:56.53	05
8 Camryn Barry	:57.11	15
9 Shannon Packard	:57.53	99
10 Stephanie Scott	:57.62	03

## Girls 100 Breaststroke

1 Isabelle Odgers	1:01.82	18
2 Miranda Renner	1:02.41	19
3 Katie Nugent	1:02.73	19
4 Kimmy Woolfenden	1:03.18	18
5 Emily Gibson	1:04.34	14
6 Amy Qin	1:04.34	17
7 Emily Boggess	1:05.17	14
8 Sarah Hamilton	1:05.51	02
9 Bela Patino	1:05.63	16
10 Katie McLaughlin	1:06.02	15

**Boys 50 Freestyle**

1 Phillippe Demers	:20.54	97
2 Grant Shoults	:20.75	16
3 AJ Rossman	:20.78	17
4 Yurian Quinones	:21.05	19
5 Frank Uxa	:21.31	97
6 Doug Ciolli	:21.44	03
7 Tommy Jankovich	:21.52	09
8 Jack Forsythe	:21.59	19
9 Marc Morizono	:21.67	14
10 John Peterson	:21.67	96

**Boys 100 Freestyle**

1 Grant Shoults	:44.80	16
2 Phillippe Demers	:44.86	97
3 Marc Morizono	:46.32	14
4 AJ Rossman	:46.37	18
5 Jonathan Russell	:46.49	01
6 John Peterson	:46.56	96
7 Alexander Ness	:46.66	19
8 Yurian Quinones	:46.70	19
9 Frank Uxa	:46.76	97
10 Kevin Tu	:46.98	16

**Boys 200 Individual Medley**

1 Grant Shoults	1:48.33	15
2 Lucas Morales-Ostergaard	1:51.12	19
3 Frank Uxa	1:51.58	98
4 Phillippe Demers	1:52.15	97
5 Jackson Odgers	1:52.47	18
6 Harris Radie	1:53.23	01
7 Kevin Tu	1:53.69	16
8 Alexander Qu	1:53.92	17
9 Arturo Cerda	1:54.89	14
10 Patrick Early	1:55.31	11

**Boys 100 Butterfly**

1 Phillippe Demers	:48.25	97
2 Grant Shoults	:49.26	14
3 Kevin Tu	:49.72	19
4 Noah Brune	:50.86	19
5 Alexander Qu	:50.93	15
6 Chris Taber	:50.93	14
7 Jackson Odgers	:51.00	18
8 Kyle Monteleone	:51.45	17
9 Kaikea Wilinski	:51.61	17
10 Michael Maurer	:51.93	19

**Boys 200 Freestyle**

1 Grant Shoults	1:33.26	16
2 Phillippe Demers	1:37.54	97
3 Marc Morizono	1:38.96	15
4 Jonathan Russell	1:40.25	00
5 Noah Brune	1:40.59	19
6 Kevin Tu	1:41.50	17
7 Alexandru Ispas	1:41.65	19
8 James Betz	1:41.69	14
9 Alexander Ness	1:42.55	19
10 Brett Chamberlain	1:43.22	06

**Boys 500 Freestyle**

1 Grant Shoults	4:12.87	16
2 Noah Brune	4:26.24	19
3 Marc Morizono	4:28.10	15
4 Alexandru Ispas	4:30.52	19
5 Matt Martin	4:33.75	97
6 Edmund Herlihy	4:34.89	01
7 Brendan Herlihy	4:35.75	94
8 James Betz	4:36.46	14
9 Brett Chamberlain	4:37.85	06
10 Chris Taber	4:39.94	12

**Boys 100 Backstroke**

1 AJ Rossman	:49.49	18
2 Kevin Tu	:49.85	17
3 Lucas Morales-Ostergaard	:51.04	19
4 Grant Shoults	:51.04	15
5 Phillippe Demers	:51.10	97
6 Harris Radie	:51.68	01
7 Frank Uxa	:51.85	98
8 Alexander Qu	:51.88	15
9 Jonathan Russell	:52.75	01
10 Kyle Monteleone	:52.90	16

**Boys 100 Breaststroke**

1 Alexander Qu	:56.74	17
2 Kevin Henricks	:57.59	91
3 Mark Reese	:57.73	09
4 Jackson Odgers	:57.79	18
5 Arturo Cerda	:58.43	13
6 Grant Shoults	:58.54	16
7 Rickey Wilson	:59.00	07
8 Michael Tran	1:00.04	09
9 Phillippe Demers	1:00.23	97
10 Frank Uxa	1:00.48	97



**"Zoe, I bet you \$5 I can jump and touch the backstroke flags!"**



**"Let's teach the newbie Linda how to make the best bird calls."**



**"Where did everyone go????!!!"**



**"Me an' my best buddy!"**



**"If we do this just right, we can all fit inside of this super stretchy swim cap!"**



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